



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Germany - The Baltic Sea - Lübeck – Flensburg Cycle Tour (2024)**  
**Individual Self-Guided**  
**8 days/ 7 nights**



From the old Hanseatic town of Lübeck to Flensburg, close to the Danish border, this cycle tour along the Baltic Coastal path takes you straight through Schleswig - Holstein. The countryside is very varied here with steep cliffs, white sandy beaches and the hilly, fertile green of the hinterland. Pretty North German towns, friendly people and excellent cooking will all contribute to the success of your holiday.



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### Itinerary Day to Day

#### **Day 1: Individual arrival in Lübeck**

This cycle tour along the Baltic Coast starts in an old and gracious Hanseatic town that was named a UNESCO World Heritage Site in 1987. People will know you are talking about Lübeck if you mention the Holsten Gate, marzipan and Thomas Mann. Bite into a yummy fish roll to start your holiday mood!

#### **Day 2: Lübeck - Neustadt in Holstein 45 km**

In Travemünde you can take a break to see Germany's oldest lighthouse. The seaside resorts of Timmendorfer Strand and Scharbeutz have lovely sandy beaches and invite you to go in for a refreshing dip in the sea. Today you'll have frequent views of the Lübeck and Neustadt Bays.



#### **Day 3: Neustadt – Heiligenhafen 60 km**

Today, you cycle along Mecklenburg Bay to the seaside resort of Grömitz, where you can walk along the 400m long pier. On the 8 km of sandy beach you should find a place to stop and spend some time and maybe go for a swim. Via Grossenbrode you cycle to Heiligenhafen with its pretty historic quarter and a remarkable salt warehouse.

#### **Day 4: Heiligenhafen - Schönberg 60 km**

Passing old stately homes and knicks - the characteristic hedgerows in Schleswig - Holstein, you pedal to Oldenburg first today. The route takes you through unspoiled nature and former salt meadows, via Brasilien (Brazil) and Kalifornien (California) to Schönberg and without having to fly long distance!



#### **Day 5: Schönberg – Eckernförde 55 km + boat trip**

The first stop is Laboe on Kiel Förde, where Kiel Canal flows into the Baltic. You cross the forth by boat and get off in Falckenstein or Friedrichsort, to then hop back on to your bike. Cycling along the forth, you go through the so-called "swan's neck" through fields and small woods to Eckernförde.

#### **Day 6: Eckernförde - Kappeln 45 km**

Via the Schwansen peninsula you head north to Kappeln. On the way you pass pretty little villages and the seaside resort of Damp. You'll discover lots of prehistoric and Stone Age grave sites. In Kappeln you should visit the state's biggest Dutch mill, the fish weird and the museum harbour.

**Day 7: Kappeln – Flensburg 60 km + boat trip (not running on Mondays in April, May and September and on Mondays, Thursdays and Fridays in October) or 75 km**

Next, you cycle through peaceful Angeln, the area between Schlei and Flensburg. Then you pedal on along Flensburg Förde to the renaissance castle in Glücksburg, one of the most beautiful moated castles in Germany. From here you take a boat to Flensburg.

**Day 8: Individual departure or extension of stay**

After breakfast, you start your individual return journey home or extend your stay.







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### Route



### Technical Characteristics:

**Route Profile:** Easy. Mainly on level ground, sometimes slightly hilly, mostly on quiet country roads, cycle paths, field and forest trails, occasionally on sandy tracks, paths with concrete slabs and on cobblestone. The route is not always along the coast but takes frequent swings into the varied countryside further inland.

**Distance:** 325-340 km

**Travel Season:** Departure daily 27.04. – 05.10

Season A 27.04. – 03.05. 22.09. – 05.10.

Season B 04.05. – 07.05. 21.05. – 31.05. 08.09. – 21.09.

Season C 08.05. – 15.05. 01.06. – 28.06. 21.08. – 07.09.

Season D 16.05. – 20.05. 29.06. – 20.08.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



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**Price per Person in Euros** *all prices subject to confirmation on booking*

	Category B	Category A
Double Occupancy Season A B&B	€ 799	€999
Double Occupancy Season B B&B	€ 949	€1149
Double Occupancy Season C B&B	€ 1049	€1249
Double Occupancy Season D B&B	€ 1099	€1299
Surcharge Single Room	€ 249	€299
Rental Bike (8 / 27 gear)	€ 109	€109
E-Bike	€ 259	€259

**Accommodation:**

Overnight stay in local hotels in 2\* / 3\* CAT B or 3\* / 4\* hotels CAT A

**Included:**

- 7 overnight stays with breakfast 2 and 3 star in Category B, 3 and 4 star in Category A
- Luggage transport from hotel to hotel to Flensburg, no limit on the number of pieces, maximum 20 kg per piece
- Boat trip Laboe – Falckenstein/Friedrichsort including bike
- Boat trip Glücksburg - Flensburg including bike (not operating on Mondays in April, May and September or in October)
- Cycle route description with maps (1x per room)
- 7 day service hotline

**Not Included:**

- Visitors' taxes, payable locally

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## Bikes

### **Unisex Bike**



- 8 speed hub gear with back pedal braking function for 27 speed derailleur with rim brake
- Unisex bicycle with a step through frame
- For those over 1.75 meters tall, men's bicycles also available
- Fitted with the most puncture proof tires on the market "Schwalbe Marathon Plus"
- Pannier with handlebar bag, speedometer, lock, pump, extra inner tire tube and puncture repair kit included

### **Men's Bike**



- 8 speed hub gear with back pedal braking function for 27 speed derailleur with rim brake
- Unisex bicycle with a step through frame
- For those over 1.75 meters tall, men's bicycles also available
- Fitted with the most puncture proof tires on the market "Schwalbe Marathon Plus"
- Pannier with handlebar bag, speedometer, lock, pump, extra inner tire tube and puncture repair kit included

### **E- Bike**



- For those who would like help form a motor at times along the trip we recommend our "Flyer" E-Bikes from the Swiss company Biketec. These bicycles have received very positive reviews from our customers over the past few years.
- The step through frame and upright seating position combine to ensure that riding these bikes is very enjoyable. The Marathon Plus tires made by Schwalbe ensure a safe ride even during downhill trips or at high speeds.

*Assisting people in realizina their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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