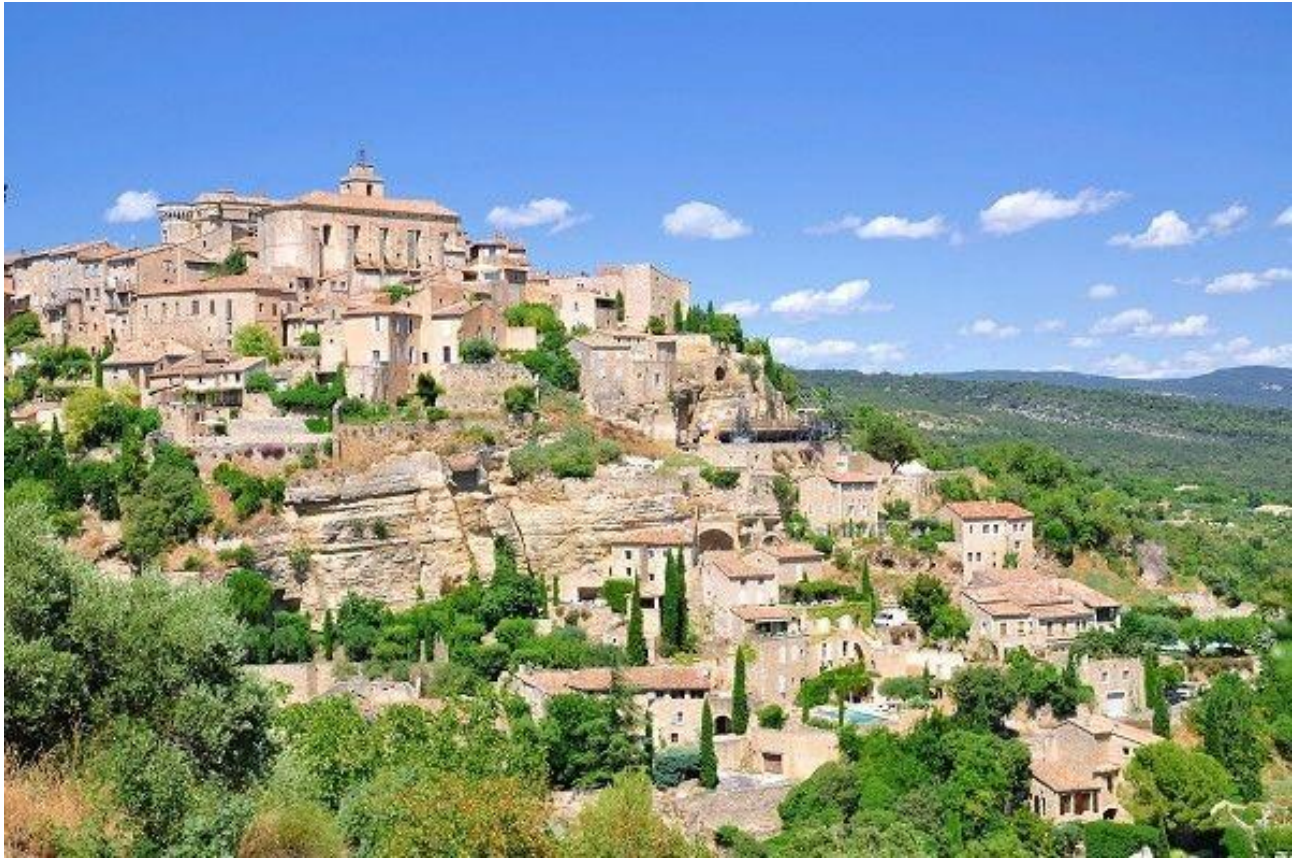




France – Luberon Bike Tour 2023
Individual Self- Guided
8 days / 7 nights



This bike tour leads you through the Lubéron Mountains in the heart of Provence. The Lubéron has been declared a national park due to its unique countryside and scenery. Nowhere else will you find such typical Provence villages, so well described by Peter Mayle in his bestseller: *A year in Provence*. Medieval and colorful towns and villages like Cavaillon, Manosque, Apt, Isle sur Sorgue, Cucuron, and many more await you. Lavender fields and also the famous ocher mines around Roussillon.



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Itinerary Day to Day

Day 1: Individual arrival to Avignon

Arrive individually in Avignon and settle down in your elegant 4**** hotel.



Day 2: Avignon - Cavaillon 45 km

At around 9:30 am it's your welcome meeting and you pick up your bikes. Then ride through the Little Crau countryside to Saint-Rémy-de-Provence, typical little town, and then along the Alpilles on to Cavaillon.

Day 3: Cavaillon – Lourmarin 45 km

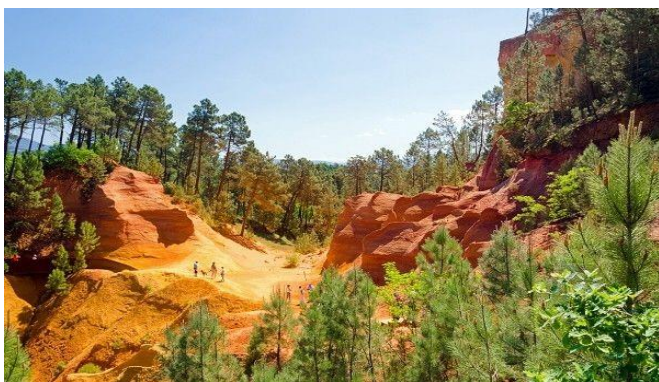
You continue on the south side of the Lubéron Mountains along the Durance valley and foothills and pass through typical villages like Mérindol, Lauris and Lourmarin and their vineyards.

Day 4: Lourmarin – Gargas 35 km

Beautiful landscapes accompany you on the way to Roussillon. Some of the villages you pass by are 'the most beautiful villages of France

Day 5: Gargas – Isle sur la Sorgue 30 km

The tour leads you from the famous ocher rocks near the pretty village of Roussillon and its colorful houses to Isle sur Sorgue called the "Venice of Provence".



Day 6 Around Luberon 15-40 km

. Today you have several options. You can either go to Gordes, or Fontaine la Vaucluse or ride to the famous abbey of Senanque surrounded by lavender fields

Day 7: Isle sur La Sorgue – Avignon 30 km

On little roads through the friendly Durance landscape and fruit plantations to Avignon. Take the time to discover down town Avignon with the famous 'Palais des Papes' or stay at the hotel and relax a bit at the swimming-pool.

Day 8: Departure

Departure or lengthen your stay in Provence or Paris.



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Route



Technical Characteristics:

Tour Profile: Average. This tour is sporty because it leads you around the Luberon Mountains. But we think that everyone can do it – you can rent an electric bike! In addition to our detailed road book and maps, you'll be guided by blue signs with white arrows that help you find the route all along the bike tour.

Distance: 260 km

Travel Season: *Self-guided tours:* Saturday departures from April 1 to September 30

Season 1: April 1-April 7 and September 23-Oct 30

Season 2: April 8-September 22

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



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Price per Person: *in Euros all prices subject to confirmation on booking* **less than 4 riders supplements apply.**

Double Occupancy	€930
Single Occupancy	€1390
Season 2 supplement	€180
Supplement Half Board	€260
Supplment Single traveler	€270
Supplement for 3 persons	€90
Supplement for 2 persons	€135
Bike Rental 7 gear pedal brake or 21 gear	€100
Electric Bike	€200

Included:

Self-Guided Tours:

- 7 nights' accommodation in carefully chosen 3* and 4* hotels, some with swimming pool
- 7x breakfast
- Tourist tax
- Welcome briefing
- Luggage transport (1 piece per person)
- Carefully chosen roads and paths
- Detailed documentation, brochures, plans, maps, etc.
- Tour signs along the route
- GPS tracks on request
- Security vest
- Service hotline

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Bikes

Hybrid Bikes



E-Bike



Hybrid Bike

Giant, 7 gears with pedal brake, unisex, aluminium frame and rims, chain-guard, carrier, 1 saddle bag, map holder, pump, lock, repair set, reflective overcoat.

Giant, 21 gears, unisex, aluminium frame and rims, chain-guard, carrier, 1 saddle bag, map holder, pump, lock, repair set, reflective overcoat.

E-bike

Headwinds and hills are no longer barriers to your enjoyment on a cycling holiday. Our recent fleet of 7 speed electric bikes

from Flying Cat, with their comfortable step through unisex frames is comfortable and suitable for all of our tours. A full charge takes around 5 hours and depending on the terrain, the wind, and how you use it should last up to 60kms. The bikes have standard front and rear V brakes (so no pedal brake).

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT
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