



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Denmark –Zealand Circuit Bike Tour (2025)
Individual Self-Guided
8 days/7 nights



Whether you begin your tour shopping, strolling through town to the old harbour with its little mermaid, or visiting Tivoli Gardens? The charm of Denmark's capital will put you in the mood for the next days of your tour.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350
TICO Ontario Registration No: 50022848



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Itinerary Day to Day

Day 1: Arrival in Køge:

Feel free to explore the town on your own initiative. All points of interest are easily reached by bike, foot, or bus. Overnight stay in Køge.

Day 2: Køge – Næstved: app. 61 km

Today's stretch takes you through Zealand's green South to one of the island's oldest towns on the West coast, Næstved. Take an excursion to the castle of Gavnø. There are over ½ million bulbs, a rose garden, and many rare plants and trees on the castle grounds. You may want to visit the theme park, Bonbon Land or the glass factory nearby. Overnight stay in Næstved.



Day 3: Næstved – Sorø/Ringsted: app. 50-63km

Today your journey takes you further northwest through the landscape of the Great Belt. Beautiful beaches and dune landscapes characterise the picture around the holiday and fishing village of Karrebæksminde. You can experience wonderful atmospheres with bathing life, camping, restaurants and cafés here. The Fisheries and Town Museum takes you through the history of the village. The journey then continues inland to your next stop in the interior. Overnight stay in Sorø or Ringsted.



Day 4: Sorø/Ringsted – Roskilde: app. 45-63 km

Today your bike tour goes to the coasts and fjords near Roskilde. First to the Iselfjord and then on to the Roskildefjord. Roskilde Cathedral is the burial place of many Danish kings and queens. Following in the footsteps of the Vikings, you can row and sail across the fjord from the harbour in replicas of the old Viking ships. Overnight stay in Roskilde.

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Day 5: Roskilde – Copenhagen: app. 44 km

Today's stage takes you to the Danish capital. Copenhagen is a pocket-sized cosmopolitan city, which means you can reach all the interesting corners of the city within a short distance by bike, bus or often on foot. Overnight stay in Copenhagen



Day 6: Excursion Copenhagen:

Today is dedicated to Copenhagen and its sights.

Discover the Danish capital by bike, which is certainly the number one means of transport here and has an excellent network of cycle paths. If you don't want to cycle, take a stroll to Nyhavn to see the Little Mermaid and walk along the Stroget shopping mile or visit the legendary Tivoli amusement park. Overnight stay in Copenhagen.

Day 7: Copenhagen – Køge: app. 43-56 km

Cycle south along the beaches of Copenhagen and continue on the Berlin-Copenhagen Cycle Route to the small town of Køge. A beautiful medieval market square and Denmark's oldest court house await you there. Enjoy the nearby white sand beach and take time for daydreaming or a refreshing swim. Overnight stay in Køge.

Day 8: Departure from Køge:

Travellers are responsible for their transportation homeward. Depart after breakfast, unless you have booked an extended stay.



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Route



Technical Characteristics:

Route Profile: Average. The terrain is mostly flat with occasional small hills. There are height differences of maximum 150 meters. In Copenhagen you have plenty of bike lanes and the drivers are used to paying a lot of attention to cyclists. **Distance:** 308 - 353 km

Travel Season: Every Saturday from May 24 to August 23. Closing date: June 28.06th. (Roskilde Festival)

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Price per Person:

Double Occupancy B&B	€ 999
Single Occupancy B&B	€ 1399
Seasonal Supplement June 7 and June 21-Aug 23	€ 100
Rental Bike (21 or 7 speed)	€ 100
E- Bike	€ 240

Accommodations:

Rooms with shower/WC or bath/WC

Some of the hotels booked for this tour do not offer triple rooms.

Included:

- Accommodations for 7 nights (according to booking category)
- Luggage transfer service to each hotel
- Breakfast included
- 7 day service hotline
- 1x Tour information packet per booked room
- GPS track on request

Not included:

- Visitor's tax (appx. 1-5 € per person/night, payment directly at the hotel)
- Entry fees to sights





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Bikes

Rental bikes are equipped with the following accessories (**depending on availability, deviations possible**):

- 1 waterproof luggage bag (approx. 12 l)
- 1 handlebar bag
- 1 speedometer
- 1 breakdown set (patch kit & tube)
- 1 air pump
- 1 bike lock

additionally for electric bikes:

- 2. Luggage bag
- Battery
- Manual
- Battery charger

Hybrid/ Touring bikes

versions:

- 8-speed coaster bikes with hub gears, 28 inches (women and men) in different frame sizes
- 8-speed or 24-speed freewheel bikes with hub and derailleur gears, 28 inches (men and women) in various frame sizes

Equipment:

- sprung front fork
- suspension seat post
- gel saddle
- hub dynamo
- Klickfix system on the handlebars



For comfortable driving, our rental bikes are usually equipped with a suspension fork and sprung seat posts (subject to availability). This suspension creates a pleasant driving experience, even on a bumpy road. For partner tours (PT) and original partner tours (OPT), the rental bikes may deviate from our description. You can get more information in the price section or in the service section of the respective cycle tour or on request.

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E-Bike

versions:

- 28 inch women's bikes (not suitable for children under the age of 15)
- 7 or 8-speed hub gear with freewheel or coaster (depending on availability)

Equipment:

- hydraulic brakeemsen
- Parking light automatic
- suspension seat post
- Battery 500 - 620 Wh, 36 V,
- 13,4 - 17 Ah (up to 80 km range)
- Klickfix system on the handlebars



Driving offers assistance up to 25 km / h (license free). The battery is conveniently charged using the charger.

Note: The permissible total weight for our electric bikes is 130 kg. The minimum size is 150 cm.

Roadside assistance

Basically, when you rent a bike from us, you will receive a high-quality and technically flawless brand name bike. In the event of a flat tire on your rental bike, you will receive a repair kit with repair kit and tools upon arrival.

There is also a list of workshops where you can have small services or repairs carried out against advance payment and receipt. We will reimburse you for the expenses (up to a certain amount) after your return on presentation of the receipt.

Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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