



Canada- Soft Biking Adventure in Ottawa, Canada's Cycling Paradise (2021)

4 Days/ 3 Nights

Guided or Self-Guided



Discover Canada's outstanding National Capital Region by bicycle. The Ottawa and Gatineau twin cities have an excellent 600 km connected cycling network, allowing for awe-inspiring views over the legendary Ottawa and scenic Gatineau rivers. Spend a day along the beautiful historic Rideau Canal, an impressive UNESCO World Heritage Site, or visit the many of the world class museums along the trails. You can rely on your experienced local operator with passionate local guides who focus on high quality service and experience. Everyone's committed to making your experience an unforgettable one. The region is truly a heaven of treasures waiting to be explored by bicycle! Nature, culture, history and mouth watering cuisine - Ottawa-Gatineau has it all.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350
TICO Ontario Registration No: 50022848

Itinerary

Day 1 - Thursday: Arrival

This is your first day in Ottawa. Check in at your downtown hotel and discover the very walkable historic downtown Ottawa. Walk across the Corktown pedestrian bridge to enjoy fabulous views of the canal and the Chateau Laurier. You might want to visit the Parliament buildings, or the Senate in the renovated old railway station.

Have dinner in one of Ottawa's iconic neighbourhoods such as the Byward Market, the Glebe, Hintonburg or Westboro, enjoy the nightly summer light show on Parliament Hill and get ready for 3 days of fun and adventure!



Day 2 - Friday: A city in the making: Rideau Canal East- Rideau River Loop- Approximately 35-40 km

Start your second day with an easy flat ride along Ottawa's historic and UNESCO-recognised Rideau Canal. Check out the charming Old Ottawa South neighbourhood and stop at the locks and watch the boats passing by. Enjoy the beautiful Hog's Back Falls where we stop for a picnic lunch. Continue your adventure by cycling through the green space of Vincent Massey Park and heading north on Rideau River pathways. See the elegant houses in New Edinburgh and the historic home of the Governor

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General in a beautiful park setting: *Rideau Hall*. Cycle by 24 Sussex, the Prime Minister's official residence. Enjoy a cold beer with a magnificent view of Rideau Falls. Finish the day by a short ride through lower town/Byward market and pick up some artisanal goodies. Enjoy your dinner and rest! We will provide suggestions on where to eat!



Day 3 - Saturday: The city expands: Rideau Canal West- Experimental Farm - Ottawa River Loop - Approximately 30-35 km

Today's bike tour brings you to the west side of downtown where the city started to expand after the canal was completed. Cycle on the west side of the famous Rideau Canal pathway, visit historic and exciting new developments and trendy neighbourhoods such as the Glebe, Lansdowne Park, Little Italy and Hintonburg and enjoy a nice cup of coffee in one of Ottawa's independent coffee shops. Check out the intriguing stone sculptures on the Ottawa River and enjoy a scenic detour ride at the province of Quebec. Stop by the magnificent Chaudière Falls and learn about the Algonquin nation. Enjoy your well-deserved rest!



Day 4 - Sunday (half day): French Canada- *Approximately 18 KM*

Today would be a short ride to the province of Quebec. Cross the scenic 120 year old Alexandra Bridge with its stunning views to La belle province and stop at the Canadian Museum of History to learn about Canada's past, the museum architecture and collections. Explore the beautiful Lac Leamy beach areas! Bring in your swim suites in case you would like to dive in.

Alternatively, you can decide to visit another museum such as the war museum or perhaps you want to branch out to hiking by paying a short visit to Gatineau Park with its many hiking trails. If you decide to do so, we will offer trail suggestions and directions.

There is so much more to see and do in Ottawa. You wished you would have stayed longer! So, why not come back in 2022 to try our new tours?

Further information

- Route expectations - The National Capital Region is situated in the Ottawa Valley. The rides are flat, except for the ascent and descent to cross some bridges. The area is situated at about 70 meters above sea level. The vast majority of your rides is on Ottawa-Gatineau's expansive multi use pathways, away from motorised traffic
- Start: at Escape Bicycle Tours & Rentals on Sparks St
- Finish: at Escape Bicycle Tours & Rentals on Sparks St

Price

Guided: \$1199 plus 13% HST

Self-guided: \$899 plus 13% HST Price

Optional (extra \$):

- Hybrid or electric bike rental (\$50 for regular bike and \$110 for electric bike rentals) plus HST
- Single Occupancy (\$225) plus HST
- Parking at the hotel (\$20 per 24 hours) plus HST

Minimum and maximum numbers:

4-10 guests

Dates: Ask us about additional dates for self guided tours!

May 27-29, June 17-19, July 29-31, August 26-28, September 23-25, October 7-9

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TOURS** SINCE 1995

Fully-Guided Adventure

Meet your local guide at Escape Bicycle Tours in downtown Ottawa. Your guide will take you on a casual ride along Ottawa's multi use pathways (MUP) with occasional stops to admire the canal, the rivers, museums and many other attractions and landmarks. You will be staying in the same hotel for three nights. No daily packing and unpacking necessary!

Self-Guided Adventure

Discover the region by yourself with maps or electronic route directions available. Come with as many friends and family members as you want and explore the city at your own pace. You will be staying in the same hotel for three nights. No daily packing and unpacking necessary!

Customized Private Itinerary

We are very flexible, and given sufficient time to do so, we can create a new departure, and even a customized itinerary, to match your interests and vacation dates. Please contact us to inquire about private customized tour availability and pricing.

Included:

- 3 nights accommodation (double occupancy)
- 3 breakfasts, 2 lunches, water, snack
- Guided tours, local guides
- A ticket to a museum of your choice
- Fully supported with road assistance

Not included:

- Meals not mentioned above
- Regular or electric bike rental
- Transportation to the destination
- Parking fee at the hotel
- 13% HST tax and local taxes
- Tip/gratitude

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Bikes

Electric Bikes

2019 Cube Town Sport Hybrid One 400 &
Gazelle Medeo

- 9-speed gears and wide 47 mm tire for a smooth ride
- Solid Bosch battery that lasts up to 110 KM;
- Pedal-assist
- Comfortable low-entry (step-through) frame and upright riding position
- Equipped With: Kickstand, Bottle cage, Bell, Rack
- Available Sizes: S, M, L, XL
- Rental Includes: Bike, Helmet, Lock, Map, Pannier Bag



Hybrid Performance

Marin 2020 Fairfax 1 & Terra Linda 1

- Lightweight aluminium frame
- 21 speed with slick but fast and comfortable 35 mm tires
- Available in convenient step-through style or classic crossbar style
- Equipped With: Kickstand, Bottle cage, Bell, Rack
- Available Sizes: XS, S, M, L, XL, XXL
- Rental Includes: Bike, Helmet, Lock, Map, Pannier Bag



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Hybrid Comfort

2020 Marin Stinson

- Upright handlebar position and comfort saddle
- Lightweight aluminium frame
- 21 speed with wide 27.5"x2.0" tire size
- Available in convenient step-through style or classic crossbar style
- Equipped With: Kickstand, Bottle cage, Bell, Rack
- Available Sizes: XS, S, M, L, XL
- Rental Includes: Bike, Helmet, Lock, Map, Pannier Bag



Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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