



**Austria - Alpine Pasture Hike in the Salzkammergut (2025)**  
**Individual Self-Guided**  
**8 days/7 nights**



You will be blown away by stunning views of lake Wolfgangsee, the “Tote Gebirge”, the glacier on the “Dachstein” and the High Tauern as a backdrop during this tour. While having a rest at one of the numerous alpine pastures you can enjoy regional specialties like ‘Apfelstrudel’, ‘Kaiserschmarrn and the delicious ‘Pofesen’, a dessert very typical for this particular region of the ‘Osterhorn’ mountains. The ‘Osterhorn’ group is a green alpine region east of Salzburg with a lot of lovely and rustic pastures, for cows, sheep and horses to graze. But also a true paradise for hikers! Discover endless upland pastures, isolated paths, deep trenches with noisy rivers, idyllic forest areas and numerous wooden alpine cabins. Rugged Mountain tops border lush and green meadows and the sound of the cow bells will accompany you on your way.



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### Itinerary

#### **Day 1: Individual journey to Lake Wolfgangsee**

#### **Day 2: Roundtrip to some alpine pastures above Lake Wolfgangsee 14 km + 480 m - 470 m**

Starting from the bank of Lake Wolfgangsee you walk uphill to the first alpine pastures, passing a wild animal reserve. On the back side of the 'Sparber' top you walk to the 'Schartenalm', which is idyllically situated between high towering rugged mountain tops. On your way back you should stop by at the small, traditional Austrian restaurant, which offers home bred venison dishes and an incredible view of St. Wolfgang.



#### **Day 3: Wolfgangsee - Genneralm 16 km + 800 m - 50 m**

Today you head into the plateaus of the alpine region. You start from Abersee and make your way through the impressive gorge of the Zinkenbach, which cuts its way through steep rock faces. You hike through lonely forests to the Königsbachalm, until end of the valley below the peaks of the Königsberger Horn. A hiking trail in the Wetzsteingraben finally leads through pleasantly shady mountain forests to the Genneralm, where you spend the night in a cozy alpine hut and spend two days surrounded by lush alpine meadows and numerous mountain peaks.

#### **Day 4: Roundtrip to the alpine pastures on the 'Genneralm'**

Enjoy the life on alpine pastures: Walk to the neighbouring pastures 'Moosangerl' or 'Gruberalm', climb up one of the viewpoints and try the famous 'Pofesen'. Rugged mountain tops, ridgeways and easy trails invite you to comfortable or more challenging tours.



#### **Day 5: Genneralm - Postalm 17 km + 590 m - 530 m**

You walk down to an idyllic high valley with numerous small alpine cabins in the middle of steep mountain sides. Grazing herds of cows line your trail, which soon winds out of the valley along the 'Ackersbachklamm' (a ravine). Via the impressively arranged old 'Postalm' street you arrive at the natural landmark 'Zinkenbachklamm'. Via the 'Außerlienbachalm' and some isolated paths, your trail leads you to the 'Innerlienbachalm' until you reach the center of the extensive 'Postalm' territory.



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### **Day 6: Round trip on the Postalm**

Walk along the 'Almblumenweg', make a round trip to some alpine pastures or climb up one of the many smaller or higher tops if you so wish. There are more than enough possibilities! Also visit the 'Sennerin' (dairymaid) of the 'Labenberg' cabin and look around the cheese factory. A hearty meal is of course unavoidable. The historic 'Postalm' cabin and the 'Postalm' chapel (built in honour of Empress Sissi) are just a few of the many beautiful places to visit.



flickrriver.com



Naturfreunde.at

### **Day 7: Postalm – Wolfgangsee 12 km + 150 m – 930 m**

Finally you walk across the 'Wiesleralm' upwards to the small saddle between 'Windkogel' and 'Thorhohe' where you can already see the Lake Wolfgangsee. Via the 'Niedergadanalm' and the 'Schwarzeneckalm' down into the valley until you reach the banks of Lake Wolfgangsee. You walk through the natural reserve, 'Blinkingmoos' back to your starting point.

### **Day 8: Individual departure or extra days**





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### Route



### Technical Characteristics:

**Route Profile:** Moderate. Mostly you walk on pasture paths, forest roads and on well-maintained footpaths. We recommend a good basic fitness level for walks of up to 5 hours. Often you can choose between easier or more demanding routes.

**Total Distance:** 59 km

**Travel Season:** Friday till incl. Monday 06.06. to 14.09.

Season 1: 06.06. – 15.06. | 83.09. – 14.09.

Season 2: 16.06. – 29.06. | 25.08. – 07.09.

Season 3: 30.06. – 24.08.



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**Prices per person in Euros:** *all prices subject to confirmation on booking*

Season 1 Double Occupancy B&B	€739
Season 2 Double Occupancy B&B	€789
Season 3 Double Occupancy B&B	€879
Single Room Surcharge	€179
Extra Nights Wolfgangsee Double Occupancy B&B Season 1	€75
Extra Nights Wolfgangsee Double Occupancy B&B Season 2 + 3	€95
Extra Nights Wolfgangsee Single Room Surcharge	€35

**Accommodation:**

Category: 3x pretty 3\*\*\* hotels and inns, 4x comfortable alpine cabins

**Included:**

- Accommodation as already mentioned
- Breakfast
- 1 Kasnockn-dinner at overnight Generalalm
- Luggage transfer
- Welcome briefing (German, English)
- 1 Cable car ‚Zwölferhorn‘
- 1 Salzkammergut Erlebnis-Card (discounts for cable cars, shipping at Lake Wolfgangsee, cable cars, ...)
- Carefully elaborated route description
- Detailed travel documents 1x per room (German, English, French)
- App for Navigation and GPS-data
- Service hotline

**Not Included:**

- Any visitor’s taxes, payable locally
- Bus rides wolfgangsee-Sty Gilgen, Wolfgangsee- Strobl – approx 8 Euros/ person
- Organized transfer from/to airport/station Salzburg available on request

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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