



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Thailand- Chiang Mai Kingdoms of the North E-Bike Tour (2025)**

**Guided**

**7 Days / 6 Nights**



*Photo Credit for all photos Judy Andrew Piel*

Join the ultimate cycling exploration of northern Thailand on a 7-day e-bike tour from the sites of Chiang Rai to the city of Chiang Mai, passing through rural mountain landscapes, lush forests, and national parks. This specially designed e-bike itinerary allows us to travel comfortably as a group through the undulating terrain of northern Thailand, which promises some scenic climbs and fun descents that are a

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com)** Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



pleasure on our fleet of pedal-assist e-bikes. Turn up the power when you want to cruise and turn it down when you're in the mood for a challenge.

Enjoy the benefits of more energy and time off the bike to explore the culture and history of North Thailand. Visit coffee and tea plantations, marvel at impressive Buddhist landmarks, and savor delicious regional cuisine with a hands-on cooking class. Immerse yourself in the best highlights and hidden gems from Chiang Rai to Chiang Mai on this e-bike tour of North Thailand.

### **Itinerary Day to Day**



#### **Day 1 ARRIVAL AND FIRST RIDE OF CHIANG RAI 29 km**

. Welcome to Chiang Rai! We'll start our tour by meeting in the lobby at 10 am ready to head out and explore this interesting Northern city. Our loop ride along the Kok river takes us pedaling through the region's bucolic countryside, past coffee and tea plantations, local communities and riverside fields.

We'll stop for a quick look at the local pineapple market, with produce so fresh from the surrounding farms that it often sells out early in the day! Our first day's ride drops us right back at the hotel door and you can spend the afternoon at your leisure. Tonight we'll enjoy the first of many delicious Thai dinners after

a walking tour of the lively Night Bazaar.

### **Special Information:**

Your adventures start with a bike ride from the Kok River to the port, with a total distance of 28.9 km (18 mi) and 308m elevation gain throughout the day, on mostly paved paths. With the help of e-bikes and plenty of stops for scenic views and exotic fruits, this ride is a perfect warm-up for your tour. After cycling, hop in the van and enjoy a 1-hour boat transfer to your hotel.

#### **Day 2 EXPLORE WAT RONG KHUN & THE ROASTERY 50km**

We'll start off the morning with a ride through the backroads and fields. On the way, we will stop and visit a locally-based coffee house known as Akha Mino Roastery, a successful business helping local hill tribe communities start sustainable coffee plantations. The owner will take us through the growing and roasting process, and everything that goes into making a great coffee before we try it for ourselves. We will also have lunch here.



**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350**

**TICO Ontario Registration No: 50022848**





After a delicious local meal, we will start pedaling to the city's iconic White Temple. Wat Rong Khun, constructed in 1997, is an unconventional piece of Thai architecture that looks like something out of an ice kingdom and is sure to spark your interest. After our visit, we'll use the van for a transfer back to our hotel. Enjoy the rest of the day in your beautiful resort. Meal BLD

**Special Information:**

Today's ride takes you 50.5 km (31.4 mi) with 314 m (1030 ft) elevation gain throughout the day, mostly on paved paths with a few unpaved sections. Feel free to challenge yourself—our support van is always nearby if you need it!

**Day 3 BOAT TO THA TON, CYCLE & TRANSFER TO CHIANG DAO 65 km**

Our morning begins with a 1h20 transfer by van to Bha Tai Pier where we will board a longtail boat for a ride up the Kok river, avoiding the hilliest terrain outside of Chiang Rai to Tha Ton district. This is the perfect time to sit back and enjoy the scenery as your guide shares more about the surrounding region. From here we mount the bikes and head south, reaching further and further into Thailand's rural landscapes, riding through local communities on quiet roads surrounded by greenery.

A nourishing lunch is followed by a transfer through the hills to our destination, the mountainside town of Chiang Dao. In the evening, we'll enjoy a good meal made with fresh local ingredients and a cold beer. Meal BLD

**Special Information:**

Your day starts with a 1h20m transfer to our cycling starting point. Today's ride covers 65.8 km (40.9 mi) with 468 m elevation gain throughout the day—your longest ride of the tour. Expect mostly paved paths with some unpaved sections. After a fulfilling day, hop back in the van for a 3-hour van transfer to your hotel.



**Day 4 TRANSFER & RIDE TO MAE RIM 64km**

Today is the day the mountains of Northern Thailand truly shine! We begin with a transfer into the hills of the Araksa Tea Plantations for a cup of their finest brew to settle ourselves for the ride ahead. Astride your wheels today we'll be exploring the district of Mae Taeng. Our ride consists of several short sharp hills, but a support van is always on hand, as it is throughout the tour, if you feel like giving your legs a rest. Our ride concludes with a final 30-minute transfer to negotiate the traffic Breakfast, Lunch and Dinner included.

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com)** Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848

**Special Information:**

Today starts with a 45-minute transfer to your cycling starting point. Today's ride will take you to the Araksa Tea Garden and then on to the Siam Insect Zoo. Expect a total of 63.6 km (39.5 mi) with 655 m elevation gain throughout the day, mostly on paved paths. You'll have plenty of stops for coffee, tea, and exotic fruits, with the support van always on hand.

**Day 5 CYCLE TO CHIANG MAI Riding: 48km**

Let's saddle up on our bikes and start the ride to Chiang Mai! Today the hills are in our favor as we pedal down to meet the scenic Ping River. From here, the route is quite flat and a welcome respite from the previous climbing, allowing you to enjoy the views from over your handlebars.

Upon our arrival in Chiang Mai, we'll check into our delightful resort before taking part in an afternoon cooking class and getting truly hands-on with traditional northern Thai cuisine. This is an experience that keeps on giving, in addition to enjoying all the delicious dishes you prepare, you can take your new-found skills home with you and share your favorite Thai specialties with family and friends. Breakfast, Lunch and Dinner included.

**Special Information:**

Today's ride takes you all the way to Chiang Mai with a distance of 47.5 km (29.5 mi) and 235m elevation gain throughout the day. With paved paths and our support van always nearby, it's an easy-going ride that lets you enjoy the journey as you roll into this charming city.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848

#### **Day 6 CHIANG MAI EXPLORATION & FOOD TOUR 40km**

Today we'll make our way on two wheels through the surroundings of Chiang Mai, cycling through the countryside, over mild hills to a botanical garden. After a tour of the botanical garden's vibrant hues and sweet fragrances, we will make our way back along scenic roads to the hotel, where you'll have time to enjoy the pool or another well-earned Thai massage before our evening activity.

Tonight we enjoy our last evening together and give our taste buds a workout on a food tour of the city, and you'll likely have worked up a healthy appetite from today's adventures! We'll make our way through this famous northern city to hole-in-the-wall local restaurants, markets, and bars to try authentic dishes such as red curry, spicy papaya salad, classic pad thai, and mango sticky rice. Is your mouth watering yet? Along the way, we'll meet countless friendly Thai locals, likely curious about your adventures, and you'll have the opportunity to trade stories with these people in the "Land of Smiles". Breakfast, Lunch and Dinner included.

#### **Special Information:**

Enjoy your last scenic loop ride around Chiang Mai today, covering 37.2 km (23.1 mi) with 477m elevation gain throughout the day. You'll be on paved paths, taking in the lovely surroundings and soaking up the local charm.



#### **Day 7 ASCEND DOI SUTHEP & TOUR CONCLUDES**

For our final day of adventure in Northern Thailand. Grab a good breakfast before cycling up from your hotel to the imposing Doi Suthep, the mountain that sits to the west of the city.

We'll ascend quite quickly, following the main road and stopping along to catch the view. We continue to the main temple Wat Phrathat Doi Suthep where our cycling concludes.

This is a beautiful temple with some lovely sweeping views over the city and countryside, we will enjoy it before boarding the vans, with

a mountain-grown coffee in hand. The tour concludes at checkout time which is 12 noon.

Should you wish to arrange a departure transfer or explore further, simply reach out to our customer service team, and they'll be delighted to accommodate your requests.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848





Available trip extensions -ask us for details

Chiang Mai Explorer

Bangkok Explorer

### Route



**313 km / 194 mi riding.** There is no hiding it, Northern Thailand is a hilly place, which is exactly why we have made use of e-bikes to smooth out the experience. If you're in the mood for a challenge you can dial back the pedal-assist, then when you want a little help up the hills simply turn it up.

In designing this tour we balanced scenic riding with moderate hills, and then through optimal use of the support vehicles and e-bikes, we've set you up for the best riding without much grinding. At least 90% of this ride is on the tarmac, you can expect some uphill, but more regular downhill and quite a lot of undulating, rolling hills. If you would like to know more, request an elevation profile from our team.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



**Dates and Prices- double occupancy in US \$ all prices subject to confirmation on booking**

Date	Price
<b>2025</b>	
June 30	\$2669
Oct 31	\$2999
Nov 25	\$3119

*There is no surcharge for single travelers - we will match you with another same-sex single traveler. If you want a single room there is an optional upgrade that you can book for \$730 US*

**Included:**

- Our newest e-bikes. The Lynx and Falcon both feature front suspension and generous sized tires to ensure you will be cruising comfortably across any terrain. Hydraulic disc brakes provide confident stopping power on demand, and a sleek integrated battery adds to both form and function, with ride-all-day capacity (and power to spare!) The Falcon comes in both step-through and standard crossbar options, and the Lynx is available to accommodate taller riders. Step-through frames are an available option for e-bikes on this tour.
- The hotels we use are a great, and sometimes unexpected, part of this tour. In the larger cities and established tourist centers we use stylish and supremely comfortable hotels and resorts, while in the smaller and more out of the way areas we stay in the best available accommodation, which is often simple yet always well run, clean and comes with air-conditioning and a private bathroom.
- An experienced English speaking, local leader will host you on this trip who is well spoken, very knowledgeable, and charming. For tours of 7+ people, an assistant guide will accompany the group to allow for flexibility and ensure attention to service & detail.
- Our leaders are often cited as being the main highlight of the tour. We use local guides who have a passion for their country and are always well informed on topics ranging from history, politics, cuisine and importantly local customs and cultures. Our leaders will take pride in introducing you to every aspect of their country and will help you to connect with the villagers you meet along the way. They will also look out for your safety and comfort at all times.
- An air-conditioned backup support vehicle is always available in case you want a break from riding, and to carry your luggage.
- Thai food is internationally famous, and for good reason. This trip is as much about food as riding, with all the best of Thai food provided throughout the trip. Included meals are listed in the day by day itinerary, and drinking water is always included with meals. Any soft or alcoholic drinks are not included and will be at your own expense.
- Energy bars and local snacks are provided to keep your energy levels up for the riding, and clean water and electrolyte drinks are always available to keep you well hydrated.
- Souvenir Cycle Jersey and water bottle

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350**

**TICO Ontario Registration No: 50022848**



- This tour is guaranteed for a minimum of just 6 travelers. And we limit the group size to only 14 travelers so that you get all the attention you want in an intimate group.
- There is no surcharge for single travelers - we will match you with another same-sex single traveler. If you want a single room there is an optional upgrade that you can book.
- On this tour we provide Wahoo ELEMNT bike computers for additional navigational support. These are the latest in user-friendly navigation tech from Wahoo Fitness. With Wahoo devices you will be able to track your progress and monitor your route. Beyond their basic setup, the geek-cyclists will find Wahoo ELEMNTs to be excellent data mining devices allowing to measure almost any aspect of the ride.

**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**