



**Switzerland- Austria - St. Moritz-Innsbruck - The Upper Inn River Bicycle Tour (2025)**

**8 Days/ 7 Nights**

**Individual Self-Guided**



An artist with brush and colours, inspired by impressionism, would need weeks for this tour. There would be too many sensual impressions for the artist and the magnificent panoramas of the picturesque Engadin villages like Zernez, Susch and Lavin, as well as of the wide valleys of Upper Engadin, and of the great forests of the Swiss National Park would be too impressive. Then, suddenly, the scene changes. Welcome to Tyrol! The best place to enjoy conviviality. And also your final destination Innsbruck, a culture city as well as an Olympic city, will impress you with a different cityscape. The artist becomes a bon viveur.



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### Itinerary Day to Day

#### **Day 1: Individual arrival in St. Moritz**

You can either come to St. Moritz directly or arrive in Innsbruck and take the bus to St. Moritz.



#### **Day 2: Loop Tour St. Moritz 40 km**

Enjoy the fascinating surrounding of St. Moritz. Undertake a lake bike tour in the direction of the Inn source.

#### **Day 3: St. Moritz - Zernez 35 km**

Today you will cycle via Samedan (Old Tower), La Punt (San Andrea early gothic church with frescos) and Zuoz (window paintings in the church of San Luzi) to Zernez. You will ride your bike through the valley of Upper Engadin. Zernez is the gateway to the national park (national park house).

#### **Day 4: Zernez - Scuol 35 km**

First you will cycle to Lavin, which still looks like an old mountain village. The name of the pretty village Guarda ("Look") derives from the splendid views which can be enjoyed here. Today's destination is Scuol, with the adventure water park "Bogn Engiadina" and the castle Tarasp which is the majestic symbol of Engadin.

#### **Day 5: Scuol – Ried/Prutz 55 km**

From Scuol you will cycle via Martina until you reach the border and from there you will continue via Pfunds and Tosens to Ried/Prutz. Following the river Inn, you will get to the famous gorge Finstermunster Schlucht. The town centers of Stuben and Pfunds in Tyrol are noteworthy.

#### **Day 6: Ried/Prutz - Imst 40 km**

On the sixth day you will ride your bike through the "Oberes Gericht" from Ried via Prutz down to Landeck (castle with a museum, ruins of Schrofenstein, Gerberbruche, and showplace of the Tyrolean fights for freedom). Then you will cycle past the monastery of Zams and through the protected Mils Au (floodplain) to Imst (city of fountains, numerous churches and chapels). The gorge Rosengartenschucht is worth a visit.



**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



**Day 7: Imst – Innsbruck 65 km**

Small villages are located on the Inn cycle path. The cultural highlight of today's route is the Cistercian monastery of Stams (collegiate church with rose grids). Numerous churches and ruins are located above the Inn valley. Cycling along the Martinswand (mountain face) you will get to Innsbruck with its well-kept old town (Golden Roof, City Tower, Imperial Palace, Hofgarten Park and Heblinghaus)

**Day 8: Departure or extension**

**A 7 day/ 6 night version of this tour is also available -ask us for details**





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### Route



### Technical Characteristics:

**Route Profile:** Relatively Easy. You will cycle on many bike paths and on some forest and gravel roads which are in good condition. The route is slightly hilly and you will cycle up two to three moderate climbs and down many smooth descents.

**Distance:** 270 km

**Travel Season: Friday (8/7) and Saturday (7/6) 02.05. – 27.09.**

Season 1: 02.05. – 15.05. | 19.09. – 27.09.

Season 2: 16.05. – 12.06. | 29.08. – 18.09.

Season 3: 13.06. – 28.08.

Special dates on request!

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**Price per Person in euros subject to confirmation on booking**

Season 1 Double Occupancy with breakfast	€ 1429
Season 2 Double Occupancy with breakfast	€ 1469
Season 3 Double Occupancy with breakfast	€1539
Single Supplement	€ 419
Bike Rental (7 gear or 21 gear)	€ 99
Plus Bike Rental	€ 169
E-Bike	€ 269
Extra Nights St. Moritz Double Occupancy (B&B)	€ 149
Extra Nights St. Moritz Single Occupancy (B&B)	€ 228
Extra Nights Innsbruck Double Occupancy (B&B)	€ 89
Extra Nights Innsbruck Occupancy (B&B)	€ 158

**Accommodation:**

3\* hotels in Innsbruck and 4\* hotels in St. Moritz

**Included:**

- Accommodation in selected category
- Breakfast
- Luggage transfer
- Well-developed route
- Detailed travel documents 1 per room
- Navigation app and GPS data
- Service hotline

**Not Included:**

- City tax payable locally
- Return transfer by minibus from Innsbruck to St. Moritz every Friday morning, € 135 per person plus €39 for your bike, paid locally, reservation required in advance



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### Bikes



#### Hybrid Bike

**Unisex frame 21-gears** with free wheel sizes: 56 / 51 / 46 / 43 cm

**Unisex 7-gears-bikes** with back pedaling brake sizes: 56 / 51 / 46 cm

**Men's speed bikes 21-gears** with free wheel and crossbar sizes: 64 / 60 / 56  
"slopping" cm (note: a reservation is necessary!)

**Also includes** Saddle bag (water-repellent), handlebar bag  
(waterrepellent), service-Set with tools and extra bicycle tube, pump and  
combination lock



#### Electric Bike

A Pedelec is an electro bike which assists with electric support only  
when pedaling. Composed on basis of KTM-bikes, adequate for our  
missions. The bike is easy to handle as you have a good weight  
distribution and a low balance point. Overall weight amounts to  
approx. 23 kg. An illuminated LCD display, a computer and a wattage  
display add to the comfort.

#### **RENTAL BIKE PLUS**

With our rental bike PLUS from KTM, we can offer our guests an additional rental bike option on all Eurobike original  
tours. From the saddle to the breaks and gears, the quality of the equipment is even higher (e.g. hydraulic breaks and  
precise gears), the "plus" is noticeable in many parts of the bike. Men's bike 20/27-speed with freewheel (Height ca.  
155–205 cm)

Hydraulic breaks

Shimano XT/DEORE rear derailleur

***Assisting people in realizing their touring dreams worldwide is our passion.***

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**THIS IS A PARTNER TOUR**

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