



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Sweden - Denmark - Stockholm to Copenhagen Bicycle Tour (2025)
Individual Self-Guided
8 days / 7 nights



This exciting cycling holiday is awaiting you with a lot, Northern Europe has to offer: Explore both capital cities Stockholm and Copenhagen, as well as car metropolis Gothenburg and follow the Kattegatt route along Sweden's picturesque West Coast. Most of the times water is accompanying you and of course there is a lot to explore - UNESCO world cultural heritage palace Drottningholm, great nature reserves, culinary highlights as well as Copenhagen, Nordic noble and bike city par excellence.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

Itinerary Day to Day

Day 1: Arrival to Stockholm

Take your first stroll through Sweden's capital and explore some of the many sights and tourist attractions. Visit the Royal Palace in old town of Gamla Stan or one of the numerous museums, as the Vasamuseum or Skansen, oldest open air museum in the world.



Commons.wikimedia.org

Day 2: UNESCO World cultural heritage Drottningholm palace ca. 50 km

Along Lake Mälaren, Sweden's third largest lake you cycle to UNESCO world cultural heritage Drottningholm Palace. Here, on the shore of the lake, the royal family grew up. Take your time to explore the beautiful palace as well as the Chinese Pavilion dating from the 18th century. You continue your tour across bridges on to the island of Södermalm. You also pass the old town of Stockholm, Gamla Stan with its cobblestone alleys and inviting coffee shops and the island of Skeppsholmen with an impressive modern art sculpture garden. Overnight in Stockholm.

Day 3: Södertälje - Göteborg by train

By train (incl. your luggage) you continue to Gothenburg. In the afternoon there is enough time to explore Gothenburg by foot. Discover Sweden's second largest city from the water during a boat tour, visit the harbor with its walk-in historic ships, the Maritiman museum is also worth seeing. Enjoy a cinnamon bun in the popular Hage district and stroll along the boulevard Kungälvssavenyn. Garden lovers visit the park Trädgårdsföreningen, art lovers the Gothenburg Art Museum.

Day 4: Gothenburg - Kungsbacka 40 - 65 km

While cycling out of town you pass Särö, the former playground of the ancient royal family and Gothenburg high society. Cliffs, lush forests, bays and marinas line your path. In the late afternoon you reach Kungsbacka, a cozy small town with impressive old city.

Day 5: Kungsbacka - Varberg 60 - 75 km

Enjoy the breathtaking views on today's route along of horse farms and fields. Once you reach Åsa the sea is accompanying you again and leading you to Varberg.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Day 6: Varberg - Falkenberg - Helsingborg 40 km

Look forward to picturesque fishing villages and handicrafts. In Träslövsläge you can feast on freshly cooked lobsters and stroll through the older parts of the city. You continue to Falkenberg, one of the oldest cities in the area. Afterwards you go by train within 90 minutes to Helsingborg where you stay overnight.



Day 7: Helsingborg - Helsingør - Copenhagen 55 km

After breakfast the ferry (not included) brings you in just 20 minutes to Helsingør and you have reached Danish territory. Take your time to stroll through the picturesque harbour city and visit Kronoberg Castle before you continue along beautiful sandy beaches, wonderful landscapes and magnificent smelling forests to Copenhagen, the pulsating capital city of Denmark and bike city par excellence.

Day 8: Individual departure or extension

After breakfast your tour ends in Copenhagen. We are happy to extend your holidays with extra nights.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Route



Technical Characteristics:

Route Profile: Relatively easy. You cycle on well sign-posted bike paths and gravel roads as well as side roads with less traffic, short sections are on roads with more traffic. To some extent there are simpler trail conditions with raw gravel. Flat to slightly hilly tour course.

Distance: 285 km

Travel Season: Departures Sundays from May 25 to September 7
Season 1: May 25 – June 7 and September 7
Season 2: June 8 – June 21 and August 24 – September 6
Season 3: June 22– August 23



Price per Person in euros all prices subject to confirmation on booking

	Cat A	Cat B
Season 1 Double Occupancy B&B	€ 1699	€ 1599
Season 2 Double Occupancy B&B	€ 1750	€ 1650
Season 3 Double Occupancy B&B	€ 1799	€ 1699
Single Room Surcharge	€ 699	€ 649
Trekking bike 21 gear	€ 149	
E-bike	€ 349	
Extra Nights Stockholm	On request	
Extra Nights Copenhagen	On request	

Included:

- Overnights in chosen Cat A 3* and 4* hotels or Cat B 2* and 3*
- Breakfast
- Luggage transport from hotel to hotel (not on day 3)
- Train ride Södertälje - Gothenburg
- Well elaborated route
- Detailed travel documents (maps, route description, places of interest, important telephone numbers)
- GPS data available
- Service hotline





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Bikes



Touring bike

- Unisex bike with aluminium frame
- 21 gears Shimano, freewheel
- Brakes: Shimano M422 V Brakes
- Saddle post: 27,2mm
- Saddle: Selle Royal
- Tyre type: Schwalbe Road Cruiser

Additional equipment: Saddle bag, handlebar bag, odometer, bicycle lock, air pump, breakdown kit



Orbea Optima Asphale electric bike or Ideal Orama 320ED

- Unisex bike with aluminium frame
- 8 gears Shimano, freewheel
- Brakes: Shimano M315 Hydraulic Disc
- Saddle post: 31,6 mm
- Tyre type: Kenda
- Motor and battery: Bosch

Additional equipment: Saddle bag, handlebar bag, odometer, bicycle lock, air pump, breakdown kit

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT
OK Cycle & Adventure Tours Inc. 1337B Wellington Ave – Ottawa, Ontario Canada K1Y 3B8
Toll Free 1-888-621-6818 Local 613-702-5350
TICO Ontario Registration No: 50022848