



Spain - Cycling Asturias from Mountains to Sea Bicycle Tour (2025)
Individual Self-Guided
8 days / 7 nights



The tour begins in the plains of northern Castilla with two nights in historic towns, and time to explore the local Romanesque architecture. A short climb will take you into the region of Cantabria before you descend into the heart of the Picos de Europa National Park. Take the exciting Fuente Dé Cable Car to a dizzy 1823m! An unforgettable experience with absolutely breathtaking views. Cycle through the impressive Hermida Gorge with eagles and vultures swooping overhead. Take the unique funicular railway at Puente Poncebos, as it climbs over 2 km inside the mountain to take you to the isolated village of Bulnes. Reward yourself with an afternoon at the beach after experiencing the winding mountain pass through green pastures and leafy forests. Your last night is spent in the pretty seaside town of Llanes, famous for its wonderful beaches, medieval core and bustling harbour



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Itinerary Day to Day

Day 1: Arrival at Aguilar de Campoo

After exploring this mediaeval town with its 12th century castle, noble palaces and one of the oldest monasteries in Spain, why not take a moment to enjoy some local delicacies from one of the 'terrazas' on its beautiful arcaded square.



Day 2: Aguilar de Campoo - Cervera de Pisuerga 46 km + 482 m

You will receive your bikes this morning and set off along the river Pisuerga passing through small villages full of history and beautiful Romanesque churches for which this area is famous.

Day 3: Cervera de Pisuerga - Potes 59 km + 478 m

A beautiful ride along quiet country roads entering the legendary region of Asturias and the stunning Picos de Europa, one of Spain's first National Parks. This cycle offers spectacular panoramic views of the Picos in the distance and you will spend the next two nights in the popular mountain village of Potes.

Day 4: Circular route Potes - Fuente dé –Potes 47 km + 831 m

Today's circular route includes the opportunity to take the Fuente Dé cable car. It's an uphill ride but its most definitely worth the effort for a truly unforgettable, exhilarating experience! There is also a much shorter alternative easier route with a chance to visit the stunning Santo Toribio Monastery.

Day 5: Potes - Arenas de Cabrales 51 km + 189 m

Cycle out of the valley of Liebana and into the Valley of Cabrales, famous for its production of spicy blue cheeses made in the artisan tradition. You will cycle along the Hermida Gorge, amongst vertical limestone walls as high as 600 meters, a great spot for sighting birds of prey and vultures!

Day 6: Circular Route Arenas – Bulnes - Arenas 14 km cycle (and 6 km walk) + 411 m

Today you will visit the striking mountain villlage of Bulnes and marvel at the immense beauty of El Naranjo de Bulnes rock face. Here you can choose between taking the impressive funicular railway and enjoying the challenge of a 4 km uphill walk with dramatic breathtaking views.

Day 7: Arenas de Cabrales - Llanes 37 km + 685 m

Today you can choose between a final full day in the company of the mountains or take a winding route down to the coast with more time to enjoy the sandy beaches of Llanes and to explore this bustling little fishing port.

Day 8: Departure

Why not enjoy an extra night or two in Llanes, Santander or Bilbao? There are still so many things to see and places to visit!





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Route



Technical Characteristics:

Tour Profile: Average. Longer distances and hilly terrain, with perhaps four ascents per day. Tarmac: 100%

Distance: 247 km

Travel Season: Daily departure from April 1 to October 31



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Price per Person: *in Euros all prices subject to confirmation on booking -extra fees may apply on local holidays*

Double Occupancy B&B	€1102
Single Supplement	€230
Solo Traveler Supplement	€550
Half Board/Dinners only in some hotels	On request
Bike Rental	€120
E bike rental	€200
Extra Nights Llanes Double or Single Occupancy	On request
Extra Nights Bilbao Double or Single Occupancy	On request

Accommodation:

Small, family run, rural accommodation.

Included:

- 7 nights' accommodation
- 7 breakfasts
- Luggage transfers between hotels
- Detailed maps with your trail clearly marked
- Itinerary description, full of recommendations for things to do and places to visit, advice and suggestions and information about your accommodation, etc
- GPS tracks and navigation app for your phone
- Emergency support
- Activity insurance

Not Included:

- Bicycle and equipment rental
- Half board
- Extra night/s



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Bikes

Giant Argento and Kalkhoff Voyager or equivalent. Puncture resistant hybrid tyres ideal for road cycling but with some tread to give you the security you need on dirt track sections, 21 or 24 gears, comfortable seat, front suspension, adjustable handle bars, bike stand, mudguards, bottle holder as standard. Odometer included.

Also included: Rear panniers -- Map carrier -- Helmet -- Pump -- Puncture repair kit -- Multi tool set -- Bike lock



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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