

Spain - Canary Islands - Walking Paradise Tenerife Hiking Tour (2025)
Individual Self-Guided
8 days/7 nights



Starting from the roaring Atlantic Ocean in the North West, this multifarious week of hiking takes you across the unique mountain scenery of black volcanic rock into the sunny south west. In the enchanting little coastal town of Garachico you enjoy breathtaking views onto the vast Atlantic Ocean and the green northern coast of the island. You cross several vegetation areas – each emanating its unique charm – and delve into the alpine world of the Teno mountain range. The hike through the Masca gorge is an extraordinary highlight to look forward to, with its steep towering rock faces and unique flora. In the south west you walk along ancient bridle paths and stay overnight at the highest point of the Canaries, where the grand finale of your hiking holiday is an impressive walk through the biggest National Park of the island.



Itinerary

Day 1: Individual arrival at Garachico

Garachico is located on the roaring Atlantic coast in the north west of Tenerife. The old part of town boasts beautiful mansions, churches and the 'Castillo San Miguel'. The volcanic rock pools invite to a refreshing plunge.



Day 2: Circular Hike Garachico, Coastal Views 14 km + 990 m – 990 m You hike through the very recent volcanic area of Garachico along historic paths. The strenuous ascent is rewarded with a stunning view onto the town situated below, but first and foremost onto the Atlantic Ocean and the entire northern coastline. After a short break in San Juan del Reparo you descend across the fertile landscape past colourful flowers cactee and agaves back to the sea again.

Day 3: Garachico – Santiago del Teide, Laurel Forests 10 km + 990 m – 250 m An amazing hike from the sea into the uplands. Hiking through remote gorges, characteristic cultivated land and laurel forests you reach the tranquil mountain village of Erjos. You continue along alpine paths through the Teno mountain range until you arrive at Santiago del Teide. On today's hike you walk across several vegetation areas – a true paradise for flora and fauna enthusiasts.

Day 4: Circular Walk Teno Mountain Range, Green Uplands 11 km + 900 m - 500 m

Enjoy panoramic views on your transfer through terraced cultivated areas, while passing grazing herds of goats, to the magical Teno mountain range. Initially the route takes you up to a mountain ridge from where you can enjoy a marvellous panoramic view. Then you proceed along the ridge over to the Tabaiba pass and onwards to Mount Pico Gala. From here you have an extraordinary view onto the western coastline and the mighty Masca gorge with its black rocks. Passing the two Gala Peaks, you return to Santiago del Teide.

Day 5: Santiago del Teide – Los Gigantes, Masca Gorge 9 km + 0 m – 600 m

You walk directly from the hotel on the enchanting King's Path down to the village of Los Gigantes, with its 450 m high cliffs. Today you will have enough time to explore the lava beaches below the second highest cliffs in Europe, visit the harbour and for a swim in the pool or the roaring Atlantic Ocean.







Day 6: Los Gigantes – Vilaflor, 'Säumerpfade' (bridle paths) 14 km + 750 m – 300 m

Transfer to the neat village of Adeje, from there you proceed along ancient bridle paths, which were used formerly to transport goods across the mountains, across remote mountainous areas. The route offers ample panoramic views alongside terraced fields and forests, leading you high above the infernal gorge towards Ifonche. You continue along varied trails to La Escalona, an idyllic mountain region situated below the mighty Teide massif.

Day 7: Round Trip Vilaflor, White Lunarscape 13 km + 600 m - 600 m

On today's tour you experience yet another one of Tenerife's unique landscapes. You walk up to a viewpoint located at over 1800 m in altitude just below Mount Teide, from where you can spot the 'white lunarscape'. Let your imagination go wild whilst watching these bizarre sand stone formations on the slopes created by wind, water and the weather. An amazing contrast compared to the black volcanic rock of the past few days.



Day 8: Individual departure or extra days



Route



Technical Characteristics:

Route Profile: Moderate. Daily hiking tours lead you along relatively rocky paths and trails, a good basic fitness level is required for tours with walking times of up to 5.5 hours. Surefootedness is especially required for the hike through the Masca gorge. Wherever possible, you can choose between a challenging itinerary (pointed out in the text) and a more relaxed one each day. Discover Tenerife's diversity along magnificent mountain and coastal paths.

Total Distance: 70 km

Travel Season Fridays, Saturdays and Sundays 03.01. – 07.12.

Season 1: 30.06. – 31.08.

Season 2: 03.01. – 16.03. | 26.05. – 29.06. | 01.09. – 19.10.

Season 3: 17.03. – 25.05. | 20.10. – 07.12.



Prices per person in euros: all prices subject to confirmation on booking

Season 1 Double Occupancy B&B	€989
Season 2 Double Occupancy B&B	€1079
Season 3 Double Occupancy B&B	€1249
Single Room Surcharge	€479
Extra Nights Garachico Double Occupancy B&B Season 1	€79
Extra Nights Garachico Double Occupancy B&B Season 2 + 3	€89
Extra Nights Garachico Single Room Surcharge	€59
Extra Nights Vilaflor Double Occupancy B&B Season 1	€89
Extra Nights Vilaflor Double Occupancy B&B Season 2 + 3	€109
Extra Nights Vilaflor Single Room Surcharge	€85

Accommodation:

Category: lovely, characteristic 3*** and 4**** hotels

Included:

- 7 overnight stays, as outlined, breakfast included
- Welcome briefing
- 1x half board (Los Gigantes)
- Luggage transfer
- Transfers according to programme
- Carefully elaborated route description
- Detailed travel documents 1 per room
- App for navigation and GPS data
- Service hotline

Not Included:

- Journeys by public buses, approximately EUR 15 per person is not included
- Any visitor's taxes, payable locally
- Airport transfer Tenerife South Garachico approximately 1.5 hours details on request

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848