



## Slovenia- Cycling Vistas and Wines (2025)

8 Days/ 7 Nights

Individual- Self Guided



From **alpine lakes** to a sun-drenched **coast** packed with mountain views, immense bodies of water and flowing wine.

Starting at the fairy-tale world of Lake Bled, a glacial lake famed for its beautiful island church and clifftop castle, your ride will take you first through alpine Slovenia's most beautiful mountain vistas, over a high pass, along cool flowing rivers and out into a valley laden with vineyards. Castles and hilltop churches will dominate your view, along with great local wine and food in the Karst region (a beautiful limestone plateau). Finally, the sunny coast awaits with lazy promenades and beautiful Venetian architecture. This is the **perfect cycling holiday** for lovers of diverse landscape, good food and great local wine, and people who would like nothing more than to soak their feet in the warm sea after a long journey by bike.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



## Day by Day

### Day 1: ARRIVAL AT Lake Bled.

To begin with, you can dip your feet in the beautiful glacial Lake Bled. This shimmering body of water is famous for its distinctive island church and the clifftop castle all backed by the beautiful Karavanke Mountains. Bled is one of Slovenia's most popular tourist attractions. You can take a stroll around the western side of the lake for some of the best views and photographs, and then have lunch and the locally famous cream cake (Kremšnita) on the eastern lakeside while watching the sunset over the mountains. (Accommodation in 4\* hotel.)

### Day 2: BLEED – BOHINJSKA BISTRICA (↔ 27 km, ↑ 130 m, ↓ 830 m ) +side trip to Savica waterfall (return ↔ 16 km, ↑↓ 200 m )

A short car transfer leaves you on the high plateau at Pokljuka. From here you'll cycle through alpine villages to Lake Bohinj, the jewel of the Triglav National Park. Encircled by tall mountain peaks, Bohinj is the largest and deepest lake in the national park. A side trip takes you to Savica Waterfall - the source of the lake and the Sava Bohinjka River. A cable car runs up to Vogel Mountain, where you can get a spectacular view into the Bohinj Valley and of Mount Triglav, the highest peak in the Julian Alps. (Accommodation in 4\* hotel.)

### Day 3: BOHINJ – TOLMIN (↔ 55 km, ↑ 1.020 m, ↓ 1.340 m ) or (↔ 30 km, ↑ 200 m, ↓ 510 m if taking train shortcut to Bohinjska Bistrica - Podbrdo).

In the morning you'll have two options. Your route will take you via the Sorica Pass over the Julian Alps, but if you want to save some climbing you can take a short train ride through the Bohinj tunnel to Podbrdo. Then you peddle off through a narrow valley and follow the beautiful emerald-green Soča River as it rushes out of the mountains and into the western side of the Julian Alps. Just before reaching your destination you'll have a chance to dive into its supernatural waters, or visit the only monument in the world dedicated to military cooks. (Accommodation in 3\* hotel.)



**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



**Day 4: TOLMIN – ŠMARTNO – SOLKAN (↔ 46 km, ↑ 470 m, ↓ 1.410 m )**

You will be car-transferred to Kolovrat Saddle - a million dollar viewpoint high above the Soča Valley. Once the site of heavy fighting during WW1, it's now a very interesting open-air museum. Reaching the first village, Mrs. Josephine, who lives all alone in an intact old-fashioned pub, will be overjoyed to welcome you in her shady garden. Cycling the ridges above two valleys, you'll reach Šmartno v Goriških Brdih, amid an abundance of lush vineyards. A recent and beautifully restored medieval village of narrow streets with Mediterranean houses, you can stretch your legs here, sip cool white wine and chat with locals in an authentic village pub. On the way to your days destination you will cycle a unique "corridor cycling path" that cuts through Italy and see the bridge with largest stone arch in the world! (Accommodation in 3\* hotel.)



**Day 5: SOLKAN – KARST AREA (↔ 42 km, ↑ 550 m, ↓ 370 m )**

After leaving the Brda wine region you'll reach "Southern Berlin". The Iron Curtain once split the town of Gorizia between Italy and Yugoslavia. At the railway station that stands right on the border, one can visit the very interesting Curtain museum. Cycling further along the border you'll come to the smallest military museum in the world - a historic Yugoslav border outpost. Overlooking the border is the ancient Kostanjevica Monastery, where the last French King is buried. Turning inland, you'll soon reach the vineyards of the Karst region where you can sample of the best wines in the beautiful rural setting of his small karst village. (Accommodation in 3\* guesthouse.)



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Day 6: KARST AREA – LIPICA – DIVAČA (↔  
50 km, ↑ 610 m, ↓ 440 m)**

First stop is perhaps at the botanical garden in Sežana, then it's on to the stud farm of Lipica, where you can visit these beautiful thoroughbred Lipizaner horses whose glistening white coats and gentle, graceful dancing have earned them a worldwide reputation. The history of the Lipica horses is closely linked to the Vienna riding school. Take a tour in a traditional carriage, watch them perform and visit them close up in their stables. This will be a day to remember. If you have the time for a couple of side-trips, you can also visit the unusual but very interesting "War Museum" set in the village tower of Lokev. (Accommodation in 3\* hotel.)

**Day 7: DIVAČA – MUGGIA (↔ 38 km, ↑ 350 m, ↓ 780 m)**

If you missed Postojna Caves, don't worry – this morning, you have the chance to explore the Škocjan Caves, a UNESCO-listed natural monument known for their stunning beauty and tranquility. Next, head to Socerb Castle, where you'll be treated to breathtaking views of the Bay of Trieste, the Friulian Plain, and even the Julian Alps. Your day trip concludes in the charming town of Muggia, just south of Trieste. After a day of cycling, unwind with a delicious gelato in the town's historic center or relax on one of its inviting beaches. If you arrive early, consider a quick bus or boat trip into Trieste, a vibrant Italian city renowned for its rich history, cosmopolitan vibe, and captivating atmosphere. (Accommodation in 4\* hotel.)



**Day 8: DEPARTURE FROM TRIESTE / MUGGIA. After breakfast your tour ends.**

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

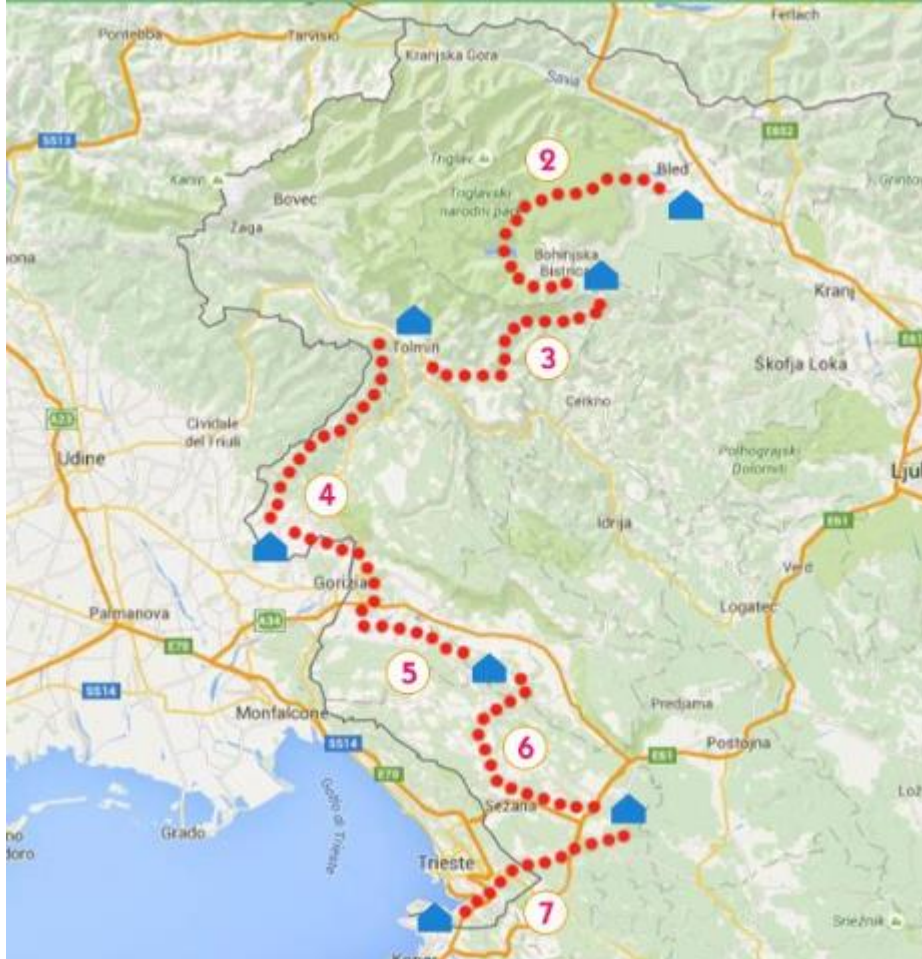
TICO Ontario Registration No: 50022848





**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

## Route



Total length: 256 km / 274 km with sidetrips Waytype: 85% regional country roads, 12% cycleways, 3% main road (town approach sections). Surface: 98% asphalt and paved, 2% unpaved Difficulty: 2/4.

Average - For those who, for example complete daily trip to the market by bike in nice weather and consider cycling should be fun but not training. Gentle hills or stretches on gravel paths do not cause any difficulties. Average daily elevation gains between 100 and 500 meters.

### **Departures: Any day March 29- October 11**

Season A: March 29-May 2 and October 5-11

Season B: May 3-August 14 and September 20- October 4

Season C: August 15-September 19

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



## Prices

Price per person in Euros- *all prices subject to confirmation booking*

	Season A	Season B	Season C
Double Occupancy	€1045	€1125	€1175
Single room surcharge	€275	€295	€315
Single traveller surcharge	€365	€380	€395
Touring bike rental	€ 110		
E bike rental	€ 270		
Transfers	On request		
Additional nights	On request		

## Included

- Seven nights accommodation in 3\* / 4\* hotels and guesthouses in two bedded ensuite facilities room, on basis of bed & breakfast.
- Luggage transfer – one piece per person, max 23 kgs / 50 lb. Lufthansa airline dimensions. Every additional piece 60 EUR per trip, payable on spot.
- Tour description and maps in GUIBO application electronic form; one download per room.
- Local tourist and other taxes.
- Backup service (hotline) during the trip.

## Not Included

- Personal welcome meeting and bike fitting upon arrival 30 EUR per meeting.
- Every additional rental day: 25 EUR per touring bike 50 EUR per day E-bike. Bike rental period starts 9:00 of day 2 of the tour and ends at 18:00 of day 7.
- Printed information package in English or German, including route notes and detailed maps, delivered upon arrival - 30 EUR.
- entrance fees, lunches, dinners, additional transfers, not in tour program.

## Bikes

Touring bike 24-gear Shimano Deore

Touring – E bike 4 electronic gears / 9 mechanical gears Shimano

Features: aluminium frame, mudguard, rear rack, comfort gel saddle, anti-puncture Continental tires, ergonomic bicycle grips

All rented adult bikes are equipped with: Vaude one-sided saddlebag, combination bike lock

One repair kit per two bikes: one spare inner tube, glue, patch, a pump, two allen keys and tyre levers

***This is a partner tour***

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848