



## **Slovenia - The Emerald Route Bike Tour (2025)**

**Self-Guided Tour**

**8 days / 7 nights**



Our classic bike tour takes you through Slovenia's most famous historical attractions and the best that Mother Nature has to offer. From the cultural capital through the undulating landscape of the limestone karst, riddled with caves and dotted with castles and churches, to the sparkling Adriatic Sea, there is something for everyone.

### **Cycling tour highlights:**

- Visit the famous sights of the capital, Ljubljana
- Experience immense limestone caves
- Take a walk on the Italian side in Trieste
- Sip typical Teran wine in a world of limestone

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



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### Itinerary Day to Day

#### **Day 1: ARRIVAL TO LJUBLJANA.**

Your journey begins in the Slovenian capital of Ljubljana. After settling into your hotel, take a stroll through the old town center with its beautiful bourgeois houses from the late 19th century, take a funicular ride to the city castle, or relax in a café by the Ljubljanica River that winds through the city.

#### **Day 2: LJUBLJANA - VRHNIKA (↔ 41 km, ↑ 150 m, ↓ 160 m).**

A nice easy first day across the historic and richly diverse plains surrounding the capital. As the morning sun begins to rise high in the sky, you will be cycling across an immense 160-square kilometer marshy plain. The Ljubljansko Barje was once a great lake until it dried up 6000 years ago, leaving behind an incredibly diverse landscape that is now home to some of Europe's rarest forms of bird, plant and insect life. Along the way you can see the remnants of the world's highest railway viaduct in Borovnica. In hot summer months you can even freshen up in a typical Carst Lake of Podpec. Just before arriving in Vrhnika, you can visit the Technical Museum of the Republic of Slovenia housed in Bistra Castle, where you'll find a great hunting collection and an interesting exhibition of president Tito's cars. (Accommodation in 3\* hotel.)



#### **Day 3: VRHNIKA – POSTOJNA (↔ 43 km; 44 km with a side trip to nature reserve Rakov Škocjan, ↑ 760 m, ↓ 510 m)**

On this day the roads will take you away from the main tourist routes and off the beaten track. You can also take a short detour to the impenetrable fortress of Predjama castle, wedged tight into a crevasse halfway up a 123-meter cliff-face protruding dramatically into the surrounding basin. Here lived a vivacious and daring knight. Erasmus kept a whole army at bay by utilizing the secret of

the Predjama Caves to sneak out for supplies, which included freshly picked cherries which he used to throw at his adversaries to taunt them. Take the tour and learn how Erasmus met his untimely demise in less than poetic circumstances, as he was literally caught with his pants down. (Accommodation in 4\* hotel.)

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**Day 4: POSTOJNA – ŠTANJEL AREA (↔ 32 km; 48 km with a side trip to Predjama Castle, ↑ 240 m, ↓ 630 m)**

So far nearly 30 million tourists have visited this stunningly beautiful underground Postojna cave formation, carved deep into the heart of the limestone hills. This is the most extensive cave system in Slovenia, covering a total of 21 kilometers. The 1½ hour tour will take you through a fairy tale world full of large and colorful stalactites and stalagmites, not forgetting the unique “human fish”, a mysterious creature that lives in dark pools inside the caves. In the afternoon you head to first vineyards of Vipava region. (Accommodation in 3\* guesthouse.)

**Day 5: ŠTANJEL AREA – LIPICA – DIVAČA (↔ 50 km, ↑ 630 m, ↓ 360 m)**

First stop is perhaps at the botanical garden in Sežana, then it's on to the stud farm of Lipica, where you can visit these beautiful thoroughbred Lipizaner horses whose glistening white coats and gentle, graceful dancing have earned them a worldwide reputation. The history of the Lipica horses is closely linked to the Vienna riding school. Take a tour in a traditional carriage, watch them perform and visit them close up in their stables. This will be a day to remember. If you have the time for a couple of side-trips, you can also visit the very unusual but also very interesting “War Museum” set in the village tower of Lokev. (Accommodation in 3\* hotel.)



**Day 6: DIVAČA – MUGGIA (↔ 39 km, ↑ 350 m, ↓ 780 m)**

If you missed Postojna Caves, don't worry – this morning, you have the chance to explore the Škocjan Caves, a UNESCO-listed natural monument known for their stunning beauty and tranquility. Next, head to Socerb Castle, where you'll be treated to breathtaking views of the Bay of Trieste, the Friulian Plain, and even the Julian Alps. Your day trip concludes in the charming town of Muggia, just south of Trieste.



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After a day of cycling, unwind with a delicious gelato in the town's historic center or relax on one of its inviting beaches. If you arrive early, consider a quick bus or boat trip into Trieste, a vibrant Italian city renowned for its rich history, cosmopolitan vibe, and captivating atmosphere. (Accommodation in 4\* hotel.)

**Day 7: MUGGIA – PIRAN (↔ 35 km; 46 km with a side trip, ↑ 230 m, ↓ 240 m)**

Cycling along the coastal road on new cycling path following former railway line. Enjoy great vistas of Slovene coast and Trieste Bay. A coffee stop in fashionable resort of Portorož is a must. The trip ends in the gorgeous Venetian little harbor village of Piran. (Accommodation in 4\* hotel.)

**Day 8: DEPARTURE.**

After breakfast or extension of your stay.



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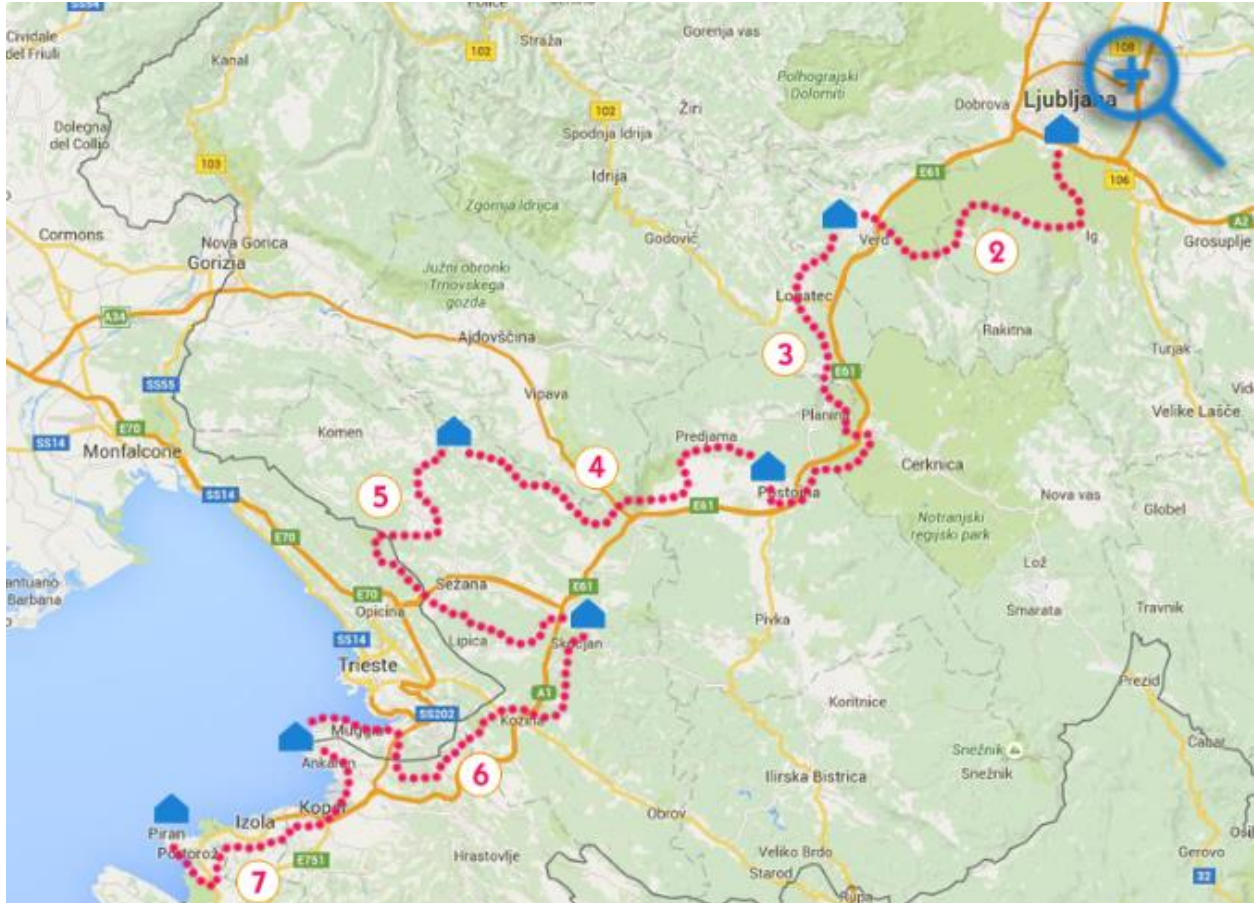
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### Route



### Technical Characteristics:

Total length: 239 km Surface: 75% regional country roads, 15% cycleways, 5% main road (city approach sections). Surface: 95% asphalt and paved, 5% unpaved Difficulty: 2/4. Medium - For those who, for example complete daily trip to the market by bike in nice weather and consider cycling should be fun but not training. Gentle hills or stretches on gravel paths do not cause any difficulties. Average daily elevation gains between 100 and 500 meters

**Travel Dates:** *Self-Guided tours:* daily departures from March 29 to October 11

Season 1: March 29 – May 2; October 5 – October 11

Season 2: May 3-August 14; September 20-October 4

Season 3: August 15-September 19

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**Price per person:** *all prices in Euros, subject to confirmation on booking*

Season 1 Double occupancy B&B	€935
Season 2 Double occupancy B&B	€955
Season 3 Double occupancy B&B	€1055
Supplement Single Room season 1	€275
Supplement Single Room season 2	€295
Supplement Single Room season 3	€315
Solo Traveller	On request
Bike rental	€110
E-Bike	€270
Helmet rental	€12
Additional Nights 4* Hotel in Ljubljana Double Occupancy	On request
Additional Nights 3* Karts	On request
Additional Nights 4* Muggia	On request
Additional Nights 4* Piran	On request
Airport Transfers	On Request

**Included:**

- Seven nights accommodation in 3\* / 4\* hotels and guesthouses in two bedded ensuite facilities room, on basis of bed & breakfast.
- Luggage transfer – one piece per person, max 23 kgs / 50 lb. Lufthansa airline dimensions. Every additional piece 60 EUR per trip, payable on spot.
- Tour description and maps in GUIBO application electronic form; one download per room.
- Local tourist and other taxes.
- Backup service (hotline) during the trip.

**Not included:**

- printed information package including route notes and maps delivered upon arrival - 30 EUR
- entrance fees
- lunches, dinners drinks with meals

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### Bikes

Equipped with 21 gears, one back, side pannier per bike, one cycling odometer, one lock, one spare inner tube, one set of allen keys and a basic puncture repair kit per couple / pair of bikes

### Ladies Hybrid Bike



### Mens Hybrid Bike



### E-Bike



*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR**

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