

Slovenia – Multisport Adventure Tour (2025)
Self-Guided Tour
8 days / 7 nights



A multi-sport holiday packed with a variety of mixed outdoor pursuits among breath taking alpine scenery and unique natural attractions. The glacial Lake Bled and Lake Bohinj, as well as Mt. Triglav National Park, are just some of the outstanding locations for these activities.

# Tour highlights:

- > Cycle the alluring Triglav National Park
- > Exquisite view of Lake Bled from your hotel
- > Ring the bell of wishes at the island church
- Picnic beside Lake Bohinj in the Bohinj Valley
- > Raft and kayak on mountain rivers and lakes



## **Itinerary Day to Day**

#### Day 1: Arrival in Kranjska Gora

Kranjska Gora is a picturesque alpine town in Slovenia, known for its stunning natural beauty and year-round outdoor activities. Nestled in the Julian Alps, it is a popular destination for skiing in the winter and hiking, cycling, and exploring nature during the warmer months. The town is also close to several breathtaking landmarks, including Lake Jasna and the Vršič Pass, offering visitors a perfect blend of adventure and relaxation in a charming mountain setting.



Commoms.wikimedia.org

**Day 2: Hiking** KRANJSKA GORA - JASNA LAKE - KRNICA VALLEY - KRANJSKA GORA (5 hrs,  $\leftrightarrow$  17 km,  $\uparrow$   $\downarrow$  460 m)

As you embark on your warm-up stroll, you'll journey past the first of the many stunning lakes you'll explore during this excursion: the enchanting Lake Jasna. Framed by the rugged peaks of the Julian Alps, Lake Jasna provides an idyllic setting for relaxation. Yet, save your leisure for the return trip, as there's more beauty to behold ahead. As you venture further through the scenic Jasna Valley, you'll be met by the majestic mountain amphitheater formed by the Prisank and Razor Mountains. Your journey will conclude with a visit to the poignant "Russian Chapel," a tribute to Russian prisoners of war who perished while constructing the military road over Vršič Pass during World War I.

## Day 3: CYCLING KRANJSKA GORA – BLED ( $\leftrightarrow$ 40 km, $\uparrow$ 290 m, $\downarrow$ 620 m)

Today's adventure leads you alongside rivers as they carve their paths through verdant valleys, embraced by majestic peaks. Your journey begins in the village of Mojstrana, where you'll venture into the Krma and Radovna valleys. As you approach the exit, don't miss the chance for a short detour to marvel at the roaring rapids of Vintgar Gorge. Soon after, you'll step into the enchanting realm of Lake Bled, a place that feels straight out of a fairy tale.)

Day 4: : BLED – BODEŠCE – KROPA – RADOVLJICA – BLED 45 km, ↑ ↓ 640 m As sunlight floods over Lake Bled, you'll cycle at the foot of the Jelovica High Plateau, offering a stunning view into Triglav National Park. Stop at Kropa, Slovenia's foremost blacksmith town, and visit the iron forging museum, where you can even learn to make your own nail. Continue to the beautifully preserved old town of Radovljica, home to an interesting beekeeping museum and a delightful ice cream shop. On your way back to Bled, pass by the Sobec camping site, where you can relax and cool your feet in the fresh water of the little pond



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## Day 5: Rafting Lake Bled 8km 2-3 grade

A three-hour ad venture **rafting trip** on the Sava Dolinka river (grade 2-3). This trip is suitable for all, no extra experience or equipment needed. With a free afternoon in Bled you'll have time to explore its lake, row yourself over to the island church, and hike up to the clifftop castle for a splendid view across the lake and valley, then end the day by treating yourself to Slovenia and Bled's famous cream cake



# Day 6: Hiking Pokljuka – Lake Bohinj (4 hrs, $\leftrightarrow$ 14 km, $\uparrow$ 30 m, $\downarrow$ 830 m)

A transfer to the Pokljuka Plateau, where your hiking adventure commences across mountain pastures adorned with quaint farmhouses. This scenic route leads to a vantage point offering a splendid view into the picturesque Bohinj Valley. En route down to the valley, make a pit stop at the charming historic village of Studor, offering a glimpse into days of yore. Your ultimate destination is Lake Bohinj, a genuine treasure nestled in the heart of Triglav National Park, and the quaint fisherman's settlement gracing its shores.

#### Day 7: Kayaking Or Canoeing at Bohinj Lake

A rest day or a gentle kayak on <u>Lake Bohinj</u>. Please let us know in advance if you want kayak or canoe.

Lake Bohinj, the jewel of the **Triglav National Park**. Spend a lazy, tranquil afternoon on one of the hidden beaches, or take a circuitous walk around the lake, then the cable car up for a view of the lake and valley from Vogel ski resort (1532m high) or head to its source, Savica waterfall.

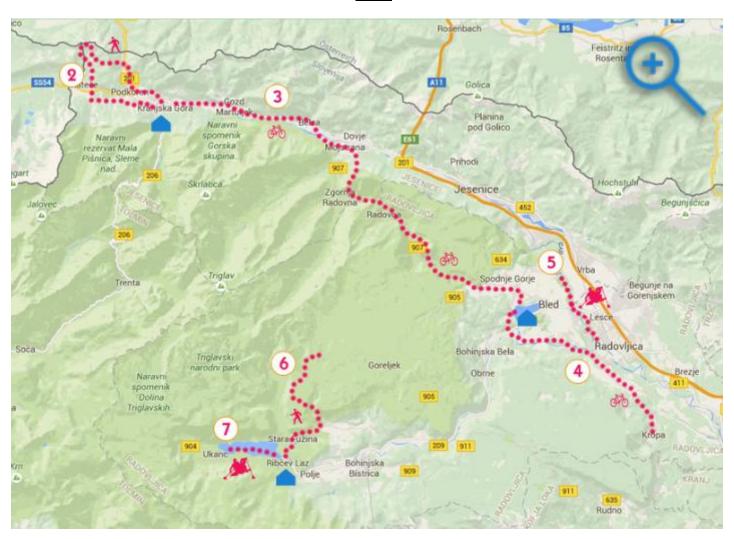
## **Day 8: Departure**

End of tour after breakfast.





#### **Route**



## **Technical Characteristics:**

**Tour Profile:** Average - For those who, for example complete daily trip to the market by bike in nice weather and consider cycling and walking should be fun but not hard training. Gentle hills or stretches on gravel paths do not cause you any difficulties. Average daily elevation gains are between 100 and 500 meters.

**Distance:** Biking: 75 km Hiking: 28 km

Travel Season: Departures daily from May 3 to October 4, High Season August 15- September 19



**Price per person:** all prices in euros-subject to confirmation on booking

Double occupancy B&B	€1140
Double occupancy High Season	€1365
Supplement Single Room	€395
Supplement Single Room high season	€460
Solo traveller supplement	€490
Additional Bike Rental	€25/ day
Supplement for e-bike	€45/day
Additional Nights 4* Hotel in Bled	On request
Additional Nights 4* Hotel in Bohinj	On request

# **Included:**

Seven nights accommodation in hotels and guesthouses 3\*/4\* in two bedded en-suite facilities room, on basis of bed & breakfast

- Standard touring bike on days three and four (rental begins at 9:00 of day three and ends at 18.00 of day four)
- Half day whitewater rafting tour on river Sava
- Half day kayak or canoe rental in Bohinj
- Transfer on day six
- Luggage transfer one piece, max 2 every additional piece 60 EUR per trip, payable on spot
- Tour description and maps in GUIBO application electronic form, one per room.
- Local tourist and other taxes
- · Personal welcome meeting and bike handover
- Backup service (hotline) during the trip

## **Not Included:**

- Flights
- Entrance fees
- Meals not mentioned in itinerary
- Drinks with meals
- printed information package including route notes and corresponding maps delivered upon arrival 30 EUR





#### **Bikes**

Touring bike 24-gear Shimano Deore
Touring E-bike 4 electronic gears / 9 mechanical gears Shimano
Features:

- aluminium frame
- mudguard
- rear rack
- comfort gel saddle
- anti-puncture Continental tires
- ergonomic bicycle grips

All rented adult bikes are equipped with:

- Vaude one-sided saddlebag
- combination bike lock

Additionally per two bikes: one repair kit. one spare inner tube, glue, patch, a pump, two Allen keys and tire levers

#### Getting there...

By plane: closest airport is Ljubljana (LJU). Several airlines serve it. From the airport you can travel to Kranjska Gora by bus (change once in Kranj, takes about three hours) or book our transfer - please see above!

By train: nearest railway station is in Jesenice, take a local bus (some 45 minutes) or order our transfer - please please see above!

By car: take exit Karavanke on A1 motorway Ljubljana - Jesenice, Karavanke and then follow signposts to Kranjska Gora. On motorway Villach - Venice, take exit Tarvisio in Italy or exit Villach West in Austria. .

#### ... and away

By plane: need to get to the airport? Our transfer to Ljubljana airport: return to the airport from Bohinj - please please see above!

By train: Bohinj has a railway station in Bohinjska Bistrica 5 km from your last hotel. It is on the Jesenice - Nova Gorica sideline, only a few trains a day

By car: if your car is in Kranjska Gora, you can get there by local bus (change once in Lesce, travel time is about two hrs) or we can transfer -prices on request

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