



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Scotland – Lochs and Bens Bicycle Tour (2025)
Individual Self-guided
8 days / 7 nights



Towering mountain peaks, shimmering lochs and romantic glens mark this route. There are forest walks and nature trails, castles and other ancient monuments. The fast flowing River Tay is a frequent companion beginning in Perth and continuing through Dunkeld and Aberfeldy to the beautiful scenery of Killin and Loch Tay. Visit historic Dunkeld, with its preserved square and ancient Cathedral and the peaceful loch side towns of Kenmore, Killin, Lochearnhead and St Fillans. A rest day at Killin is included to allow time to visit the Falls of Dochart or cycle into beautiful Glen Lochay and Glen Lyon. So much to see, but the moderate cycling distances allows ample time for exploring.



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Itinerary Day to Day

Day 1: Arrive Perth

Perhaps time to stroll to the shops, walk by the River Tay or climb Kinnoull Hill for a magnificent view of Perth and the Tay Valley. Evening 7:00 pm : collect cycles and equipment, route briefing.



Day 2: Perth - Dunkeld 28 – 42 km

Cycle three kilometers from Perth to visit Scone Palace, a treasure house of furniture, ivories, fine porcelain, needlework and the unique Vernis Martin. From there you cycle north through the rolling farmland of Perthshire to the historic Cathedral town of Dunkeld, situated on the banks of the River Tay. It has a peaceful character and charmingly restored eighteenth century houses forming a small Square. Cathedral Street leads from there to the partly restored Cathedral construction of which began in 1318.

Day 3: Dunkeld - Aberfeldy 29 km – 31 km

You are never far from the swift flowing River Tay. Leave Dunkeld passing the Cathedral and follow the path along its north bank: join the quiet road northward to cross the river by an old railway bridge at Logierait. From there to Strathday, a popular spot with canoeists and river rafters. Continue by the river to the small village of Weem. Only a short distance now to cross General Wade's Bridge into Aberfeldy. Visit the Distillery, the Water Mill or explore the beautiful walks in the "Birks of Aberfeldy".

Day 4: Aberfeldy - Killin 39 km

Leave Aberfeldy by General Wade's Bridge and stop to visit Castle Menzies, the seat of the Chiefs of Clan Menzies, currently being restored. Past Drummond Forest to the conservation village of Kenmore at the eastern end of Loch Tay. Visit the Crannog Exhibition, which illustrates life on the Loch in the Bronze Age. By taking the south shore road you can enjoy to the full the unrivalled beauty of the Lochs and Bens on the way to Killin.

Day 5: Rest day Killin

Visit the Falls of Dochart; walk in the quiet countryside or up Ben Lawers, a 10 km cycle to Ben Lawers and then climb Ben Lawers, Perthshires highest mountain or cycle to scenic Glen Lochay and Glen Lyon 53 km round trip.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Day 6: Killin – Crieff 45 km

Enjoy a traffic free cycle through Glen Ogle to reach the small loch side village of Lochearnhead. From there continue along the south shore of Loch Earn enjoying the beauty of the loch and Ben Vorlich to reach St Fillans at the eastern end of the Loch. Follow the valley of the river Earn through Comrie to arrive at Crieff. Perhaps visit the Glenturret Distillery and the 'Famous Grouse Experience' or the 'Crieff Visitor Centre'.



Panoramio.com

Day 7: Crieff - Perth 32 - 45 km

Take the opportunity to visit the famous formal Italian gardens at 'Drummond Castle Gardens' which are 3 kilometers south of Crieff before an easy ride through quiet countryside to return to the riverside town of Perth.

Day 8: Depart Perth

Departure after breakfast





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Route



Technical Characteristics:

Tour Profile: Relatively Easy. Some days flat, some days with moderate hills.

Distance: 173 - 255 km

Travel Season: Departures daily from April 1 to October 31

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



Price per Person: (UK Pounds) *all prices subject to confirmation on booking*

Double Occupancy	£ 935
Single Occupancy	£ 1215
Child Rate (0-11 years old, sharing a room with two adults)	£ 750
Upgrade to 3/4* Hotels/inns Double Occupancy	£ 470
Upgrade to 3/4* Hotels/inns Single Occupancy	£ 605
Bike Rental	£ 110
E-Bike	£ 220
Extra Nights Double Occupancy	£ 85
Extra Nights Single Occupancy	£ 125

Included:

- Bed & Breakfast accommodation in twin/double or single rooms with shower/wc facilities in 3 or 4 star guesthouses or private homes inspected by the operator
- Tour information including maps and detailed route description
- Luggage transportation (maximum one piece up to 20 kg)
- Emergency support

Not Included:

- Entrance fees for castles
- Lunches and Dinners
- Personal Expenses



OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Bikes

Men's



Ladies



Brand: GT Transeo 3 or Forme Peak Trails

Number of gears: 24 Brand of gearshift GRIPSHIFT/RAPID FIRE

Sizes of frames: LADIES 15" or 17". GENTS 19" 21" or 23"

Addition information: Bikes are equipped with suspension forks & seat posts, mudguards, rear pannier frame, stand, bell, and water bottle holder. Rental equipment includes rear pannier bags (1 set per person), helmet, pump, tool kit, lock, map holder, cycle computer, water bottle, reflective vest, lights

E-bike



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848