



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Scotland – Highland Glens and Lowland Hills Bicycle Tour (2025)
Individual Self-guided
8 days / 7 nights



This is an exciting journey through some of Scotland’s finest scenery with the opportunity to enjoy both the remote glens of Perthshire and the beautiful Trossachs Region often described as “The Highlands in Miniature”. The scenic route winds its way along the shores of beautiful rivers and lochs in the shadow of majestic mountains. You can visit distilleries and castles, sail on Loch Katrine and explore the Queen Elizabeth Forest Park. From the sheltered Victorian resort town of Pitlochry the tour travels to Aberfeldy, on to Killin on Loch Tay and from there by cycle track down Glen Ogle to Locheearnhead in the heart of Rob Roy country. Perhaps pause to visit Rob Roy’s grave in the peaceful churchyard at Balquidder and view the Falls of Leny before arriving at the bustling main town of Callander with its wide variety of woolen and craft shops. A sail on the century old steamer SS Sir Walter Scott will allow you to appreciate the splendour of Loch Katrine, visit Inversnaid on the banks of Loch Lomond or cycle to Aberfoyle. At historic Stirling, the last stop on your memorable journey, visit the magnificent Castle perched on a rock high above the town. The choice of short or long daily rides makes this an ideal tour for leisure cyclists, family groups or the more enthusiastic long distance riders.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



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Itinerary Day to Day

Day 1: Arrive Pitlochry

Collect cycles, route briefing and instructions. Take the opportunity to wander along the main street with its wide selection of interesting shops, admire the floral displays and perhaps visit Bell's Blair Atholl Distillery.



Day 2: Explore from Pitlochry

Choose from three different trips each returning to Pitlochry.

1. Pitlochry - Calvine 38 km

A gentle cycle with plenty of interesting stops. Follow the route through the historic Pass of Killiecrankie and on to the world-famous Blair Castle. Return via the villages of Calvine and Struan.

2. Pitlochry - Glen Errochty and Strath Tummel 64 km

Follow route 1 to Struan but continue west through Glen Errochty over the hills to Tummel Bridge. A lovely ride along the shore of Loch Tummel returns you to Pitlochry.

3. Pitlochry - Dunkeld 48 km

Enjoy spectacular views as you follow the Rivers Tummel and Tay to the historic town of Dunkeld. Visit the ruined Cathedral and picturesque town square.

Day 3: Pitlochry - Aberfeldy 24 km - 39 km

Follow the quiet road high above the River Tummel to Logierait, cross the old railway bridge and follow the north bank of the River Tay to the town of Aberfeldy. Alternatively try the more strenuous route by Lochs Fascally and Tummel to climb the pass on the old military road to Coshieville and Aberfeldy.

Day 4: Aberfeldy - Killin 37 km - 65 km

Cross the River Tay to Weem and follow the quiet road to Kenmore at the north end of Loch Tay. A scenic ride along the south loch side road with fine views of Ben Lawers to the busy village of Killin. Alternatively a longer, more strenuous but very beautiful journey via Fortingall, Glen Lyon and Glen Lochay to Killin.

Day 5: Killin - Callander 43 km

From Killin ride southwards on the cycle track through Glen Ogle to Locheearnhead. Continue by Strathyre and Loch Lubnaig on forest trails and old railway track to the Falls of Leny and Callander.





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Day 6: Explore the Trossachs 36 km or 55 km or 62 km

Ride by Loch Venacher and through Achray Forest to Loch Katrine: take a sail on the steamer SS Sir Walter Scott and return to Callander from Loch Katrine Pier. Alternatively alight at Stronachlacher Pier, perhaps take a detour to Loch Lomond before returning on the private road around the Loch Katrine to Callander. For those wishing to stretch their legs continue south from Stronachlahar on the scenic road to Aberfoyle and return through Achray Forest to Callander, overnight Callander.



Day 7: Callander - Stirling 30 km or 46 km or 69 km

Leave Callander and travel by the Braes of Doune to visit ancient Doune Castle. Continue to Dunblane Cathedral and complete the tour at Stirling. Alternatively, cycle south by the Torrie Forest to the village of Thornhill and continue on to Stirling. A longer scenic route passes near the Gargunock and Fintry Hills and through the Carron Valley.

Day 8: Depart Stirling

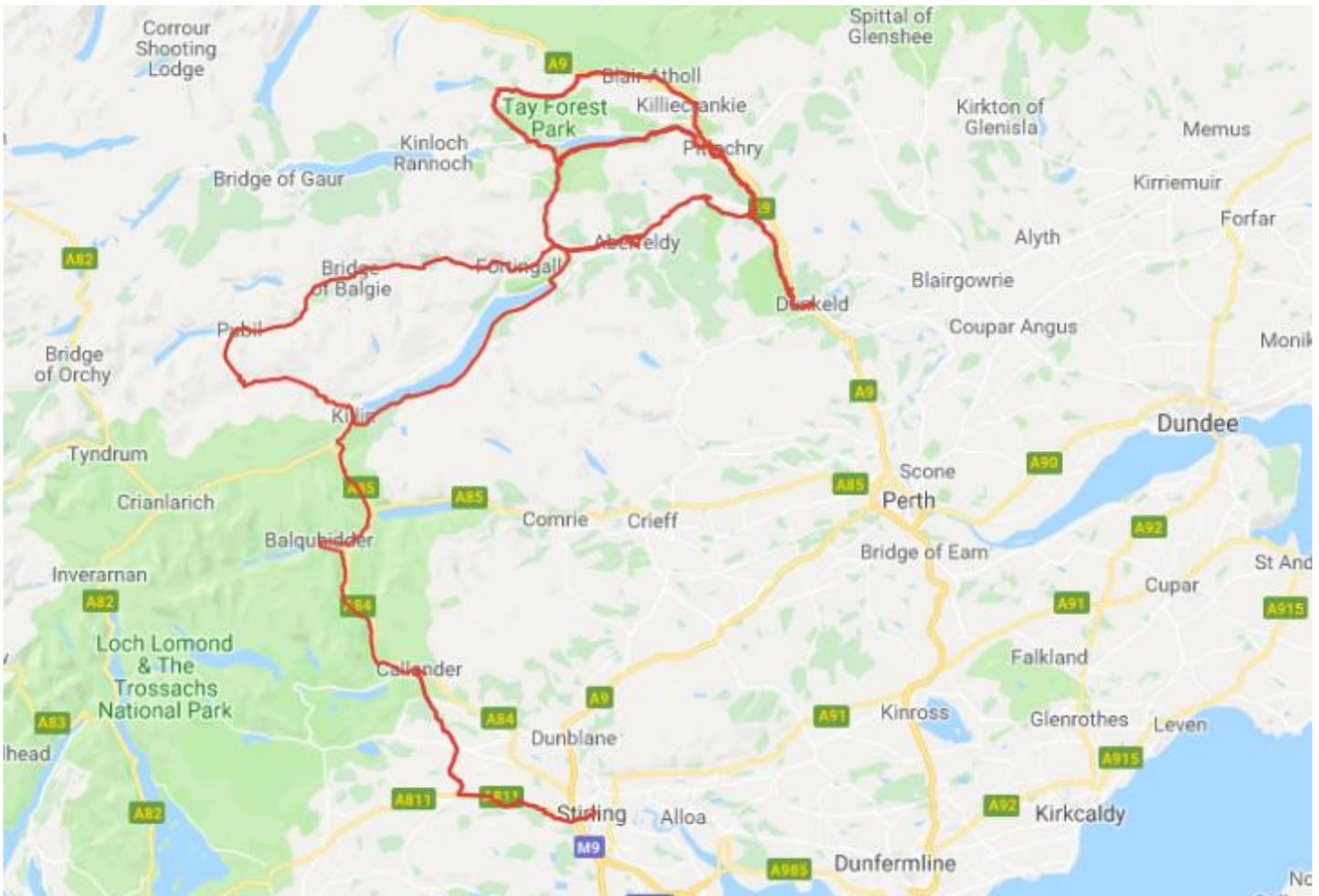
Departure after breakfast





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Route



Technical Characteristics:

Tour Profile: Average. Mostly long cycling days of 40 – 64 km with longer uphill rides. A moderate level of fitness is required.

Distance: 208 - 342 km

Travel Season: Departures daily from April 1 to October 31



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Price per Person: (UK Pounds) *all prices subject to confirmation on booking*

Double Occupancy	£ 935
Single Occupancy	£ 1215
Child Rate (0-11 years old, sharing a room with two adults)	£ 750
Upgrade to 3/4* Hotels/inns Double Occupancy	£ 530
Upgrade to 3/4* Hotels/inns Single Occupancy	£ 670
Bike Rental	£ 110
E-Bike	£ 220
Extra Nights Double Occupancy	£ 85
Extra Nights Single Occupancy	£ 125

Included:

- Bed & Breakfast accommodation in twin/double or single rooms with shower/wc facilities in 3 or 4 star guesthouses or private houses inspected by the operator
- Tour information including maps and detailed route description
- Luggage transportation (maximum one piece up to 20 kg)
- Emergency support

Not Included:

- Entrance fees for castles
- Lunches and Dinners
- Fare for Sir Walter Scott Steamship
- Personal Expenses



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Bikes

Men's



Ladies



Brand: GT Transeo 3 or Forme Peak Trails

Number of gears: 24 Brand of gearshift GRIPSHIFT/RAPID FIRE

Sizes of frames: LADIES 15" or 17". GENTS 19" 21" or 23"

Addition information: Bikes are equipped with suspension forks & seat posts, mudguards, rear pannier frame, stand, bell, and water bottle holder. Rental equipment includes rear pannier bags (1 set per person), helmet, pump, tool kit, lock, map holder, cycle computer, water bottle, reflective vest, lights

E-bike



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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TICO Ontario Registration No: 50022848