



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Scotland – Great Glen Way and Island Heritage Bicycle Tour (2025)**  
**Individual Self-guided**  
**8 days / 7 nights**



A spectacular journey from Inverness, the Capital of the Highlands, along the shores of Loch Ness to Fort William. Cycling on special paths and quiet forest trails, you will enjoy magnificent views of lochs and mountains and will have a chance to see some of the abundant wildlife such as red deer and golden eagles. The terrain on the Great Glen Way is a mixture of canal towpaths, minor tarmac roads and forest paths and trails. There are some steep ascents and descents on this tour. A rest day in Fort William to explore, try some mountain biking in the forest or climb mighty Ben Nevis, Scotland's highest mountain. Cycle to Oban via the Isle of Lismore, famous for its wild flowers, and by ferry to the bustling town of Oban.



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### Itinerary Day to Day

#### **Day 1: Arrive Inverness**

Inverness now a thriving modern town has historical links going back to Neolithic times. Many battles have been fought for control of this strategic site. A visit to the Garrison Castle Encounter will take you back to 1745 and the Jacobite Rebellion.



#### **Day 2: Inverness – Drumnadrochit 39 km**

At 09.00hrs route briefing and cycle provision at your accommodation in Inverness. Leave Inverness following the river; A steep climb to Blackfold and across moorland and quiet country roads to Drumnadrochit. Visit the Loch Ness Monster Exhibition Centre and ruined Urquhart Castle.

#### **Day 3: Drumnadrochit - Fort Augustus 37 km**

Follow the Cycle Way of the Great Glen. Some steep hills are rewarded with beautiful views of Loch Ness and the mountains beyond. In the forest you may see deer or golden eagles before you reach the south end of the loch at Fort Augustus.

#### **Day 4: Fort Augustus - Fort William 55 km**

The Caledonian Canal towpath and forest tracks keep you safe from traffic until you reach the locks of Neptune's Staircase at Banavie. A short ride to the busy tourist town of Fort William in the shadow of mighty Ben Nevis.



#### **Day 5: Rest Day Fort William**

Take a trip on the steam train of the scenic West Highland Railway to Mallaig (advance reservations are necessary), climb Ben Nevis or explore the many forest trails in Leanachan Forest

#### **Day 6: Fort William - Oban 62 km**

Lots of ferry crossings today, first to Camnusnagaul, then back across Loch Linnhe to Corran and Port Appin to the island of Lismore. This pretty but sparsely populated island is home to a farming community and was an important religious centre from the sixth to the fifteenth centuries. A visit to the Old Schoolhouse, home of the Island's Historical Society will enable you to find out more about its history. Lastly an evening ferry from Lismore to Oban.

#### **Day 7: Rest Day Oban 67 km**

Perhaps cycle to Dunstaffnage Castle or visit the island of Kerrera or take the ferry to Craignure on Mull and cycle to Tobermory.

#### **Day 8: Depart Oban**

Departure after breakfast

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350





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### Route



### Technical Characteristics:

**Tour Profile:** Average. Day 2 mostly uphill, day 3 & 4 off road cycling, day 6 & 7 moderate cycling. A moderate level of fitness required.

**Distance:** 260 km

**Travel Season:** Departures Wednesdays or Saturdays from April 2 to October 22



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**Price per Person: (UK Pounds)** *all prices subject to confirmation on booking*

Double Occupancy	£ 1055
Single Room	£ 1335
Upgrade to 3/4* Hotels/Inns B&B Double Occupancy	£ 600
Upgrade to 3/4* Hotels/Inns B&B Single Occupancy	£ 700
Bike Rental	£ 110
E-Bike	£220
Extra Nights Double Occupancy	£ 85
Extra Nights Single Occupancy	£ 125

**Included:**

- Bed & Breakfast accommodation in twin/double or single rooms with shower/wc facilities in 3 or 4 star guesthouses or private homes inspected by the operator
- Tour information including maps and detailed route description
- Luggage transportation (maximum one piece up to 20 kg)
- Emergency support

**Not Included:**

- Entrance fees for castles
- Lunches and Dinners
- Ferry Fares - current prices are £4 for Camusnagual ferry across Loch Linnhe; Corran ferry no charge; Port Appin to Lismore £2.70; Lismore to Oban £3.35. Oban to Craginure return £8.90. All ferry fares are payable in cash to the ferry operator.





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## Bikes

### Men's



### Ladies



Brand: GT Transeo 3 or Forme Peak Trails

Number of gears: 24 Brand of gearshift GRIPSHIFT/RAPID FIRE

Sizes of frames: LADIES 15" or 17". GENTS 19" 21" or 23"

Addition information: Bikes are equipped with suspension forks & seat posts, mudguards, rear pannier frame, stand, bell, and water bottle holder. Rental equipment includes rear pannier bags (1 set per person), helmet, pump, tool kit, lock, map holder, cycle computer, water bottle, reflective vest, lights

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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