

Portugal- Lisbon Cycling (2025) 4 Days/ 3 Nights

Individual Self-Guided



Cycling through **75** or **106** km on a two day journey, surrounded by culture, history and beautiful sceneries in and around Lisbon. The accommodation in a **four star hotel** is located in the city centre of the **Capital of Portugal**. Both stages start and end near to your hotel, which allows you to decide which stage you want to do first.

The Lisbon City Tour provides an unforgettable journey through places full of history and culture that shaped our civilization and the world. In this tour you have the opportunity to feel the life of the typical neighbourhoods of **Alfama** and **Bairro Alto** and get to know the modern area, by the Tejo River, Parque das Nações. You'll be impressed by the amount of **green areas** located in the city centre. You will pass by



some of the main historic landmarks of Portugal and beautiful viewpoints – great places for a memorable photo of your holiday. The In & Out Lisbon tour, you'll cycle through the biggest forest park in Portugal (Monsanto Forest Park). In this stage you will have two ferry boat trips crossing the Tejo River, taking you to the Sanctuary of Christ the King where you will have an amazing view to the city of Lisbon, on the other side of the river. The way back is made through neighbourhoods of Lisbon.

In this **Short Break Cycling Holidays** in Lisbon you can taste the traditional flavours of the Portuguese cuisine, visit some of the main landmarks of the Portuguese Discoveries, get in touch with the welcoming local people and much more! Certainly, a great way to escape from the routine and to get to know one of the nicest cities of World.

Day by Day

Day 1 - Arrival Lisbon

Transfer from Lisbon Airport (or train/bus station) to the hotel in Lisbon.

Day 2 - Lisbon City Tour – (48 km)

In this tour you get to know the roots of the city of **Lisbon** and its **typical neighbourhoods**. You'll start cycling through **cycle paths** and **green areas** that will lead you to the shore of the Tejo River. Cycling along the river by the cycle paths you will get to the typical neighbourhood of **Alfama**. There you can get in touch with the welcoming people, taste the traditional food, visit some of the nicest landmarks of the city and enjoy **amazing viewpoints**. From Alfama you'll cycle through the Commerce Square until the famous neighbourhood of **Bairro Alto**, where you can see and ride the famous Tram 28. Passing the **downtown of Lisbon** (the historical centre of the city), your way back to the hotel is made by shared roads of bicycles/cars and cycle paths.

• Highlights on the way: Campo Pequeno Bullring; Museum of Lisbon; Bela Vista Park; Ceramics Museum of Sacavém; Altice Arena; Park of Nations; Oceanarium; Fado Museum; National Pantheon; Monastery of São Vicente de Fora; Alfama Neighbourhood; São Jorge Castle; The Roman Theatre Museum; Lisbon Cathedral; House of the Beaks/Spikes; Commerce Square; Downtown Lisbon; Town Hall Square; São Paulo Church; Ascensor of Bica; Tram 28; São Bento Palace; National Museum of Natural History and Science; Príncipe Real Garden; Viewpoint of São Pedro de Alcântara; São Roque Church; Luís de Camões Square; Our Lady of Encarnação Church; Basilica of Our Lady of Mártires; The National Museum of Contemporary Art (Chiado Museum); Rossio; D. Maria II National Theatre; Restauradores Square; Avenue of Liberty; Marquês do Pombal Square; Eduardo VII Park; Amália Rodrigues Garden.

Or short version





Day 2 - Lisbon City Tour - (37 km)

In this tour you get to know the modern and the historical sides of the city of **Lisbon**. You'll start cycling through **cycle paths** and **green areas** that will lead you to the shore of the Tejo River. Cycling along the river by the cycle paths you will get to the famous Commerce Square and **downtown of Lisbon** (the historical centre of the city). There you can taste the traditional food, visit some historical landmarks of the city and get in touch with the welcoming people. Passing the Avenue of Liberty and **Eduardo VII Park**, your way back to the hotel is made by shared roads of bicycles/cars and cycle paths.

<u>Highlights on the way</u>: Campo Pequeno Bullring; Museum of Lisbon; Bela Vista Park; Ceramics
Museum of Sacavém; Altice Arena; Park of Nations; Oceanarium; Commerce Square; Downtown
Lisbon; Town Hall Square; Rossio; D. Maria II National Theatre; Restauradores Square; Avenue of
Liberty; Marquês do Pombal Square; Eduardo VII Park; Amália Rodrigues Garden.



Day 3 - In & Out Lisbon Tour - (58 km)

In this stage you get to know Lisbon from the inside and outside. First you will visit the historic **Águas Livres Aqueduct** and then you'll cycle through **cycle paths** and **shared roads** by the Monsanto Forest Park (the biggest forest park in Portugal). Arriving in **Belém** take the ferry to Porto Brandão, where you'll cycle through the neighbourhoods of Monte da Caparica to get to the **Sanctuary of Christ the King**. Here you can go to the top of this fantastic monument and have a monumental view of the city of Lisbon and the River. Cycling by the neighbourhoods of Almada you will get to Cacilhas for the second ferry boat trip. Arriving in Cais do Sodré, cycle by the cycle paths by the river until Belém. Here you can taste de famous Portuguese custard tart (pastel de nata), visit the outstanding **Jerónimos Monastery** and the Museum of the Presidency of the Republic. The way back is made through the neighbourhoods of Lisbon, shared roads of bicycles/cars and cycle paths.

 Highlights on the way: Calouste Gulbenkian Foundation; Águas Livres Aqueduct; Our Lady of Rosário Church; Monsanto Forest Park; Montes Claros; Champalimaud Foundation; Combatente Museum; Belém Tower; Monument to the Discoveries; Popular Art Museum; Sanctuary Christ the King; Almada City; MAAT; Museum of Electricity; Empire Square; Jerónimos Monastery; Pastel de Belém (cake); Museum of the Presidency of the Republic; National Coach Museum; Estrela Basilica; Estrela Garden; Lisbon Synagogue.

Or short version

Day 3 - In & Around Lisbon Tour – (38 km)

In this stage you get to know Lisbon from the inside and around. First you will visit the historic Águas Livres Aqueduct and then you'll cycle through cycle paths and shared roads by the Monsanto Forest Park (the biggest forest park in Portugal). Arriving in Belém you can taste de famous Portuguese custard tart (pastel de nata), visit the outstanding Jerónimos Monastery and the Museum of the Presidency of the Republic. The way back is made through the neighbourhoods of Lisbon, shared roads of bicycles/cars and cycle paths.

 Highlights on the way: Calouste Gulbenkian Foundation; Águas Livres Aqueduct; Our Lady of Rosário Church; Monsanto Forest Park; Montes Claros; Champalimaud Foundation; Combatente Museum; Belém Tower; Monument to the Discoveries; Popular Art Museum; Empire Square; Jerónimos Monastery; Pastel de Belém (cake); Museum of the Presidency of the Republic; National Coach Museum; Estrela Basilica; Estrela Garden; Lisbon Synagogue.

Day 4 - Return

Transfer from the hotel to Lisbon Airport (or train/bus station) for your return home.

OPTIONAL: **extra night/s** available on request. Also possible to continue with our Portugal- Lisbon to Sagres by bike tour



Departure dates: This tour is available all year.

Prices All prices are per person in Euros – subject to confirmation on booking

Additional supplements apply December 27-Jan 1 and for Christmas and New Year's dinners

	Jan-March	April-June	July
	& Nov-Dec	& Sept-Oct	& Aug
Room double occupancy	880 €	995 €	995 €
Supplement- Double room premium view	140 €	140 €	140 €
Supplement- Single room	410 €	560 €	560€
Supplement- Single room premium view	650 €	795 €	795 €

Included

- 3 nights' accommodation in 4* hotel with breakfast
- Arrival transfer from Lisbon (airport, train station, bus terminal or any other location of your choice) to the hotel in Lisbon
- Departure transfer from the hotel in Lisbon to Lisbon airport, train station, bus terminal or any other location of your choice
- E-Bike (BOSCH or YAMAHA) or Trekking bicycle with front and saddle bag
- Helmet
- Bottle of water
- Insurance
- Technical assistance
- Travel pack per booking
- Municipal tourist taxes

Travel pack included:

- Hotel vouchers
- Ferry Boat Ticket from Belém to Porto Brandão
- Ferry Boat Ticket from Cacilhas to Cais do Sodré
- 1 GPS per booking
- 1 Speedometer per room
- 1 Set of puncture repair kit for each two bikes
- 1 Lock for each two bikes

Not Included:

• Entrance tickets to the monuments and attractions in Lisbon

This is a Partner Tour