

# Portugal – Porto Radial Tours Cycling Tour (2025) Individual Self-Guided

8 days / 7 nights



This is a independent cycling holiday. You can choose to stay in a hotel or an apartment. The biggest advantage of this tour, is you can select daily one of the 7 different routes and you always return back "home". First discover Porto - UNESCO world heritage site with the magnificent Douro river and finish on the ocean. Visit three totally diverse cities: Braga (Portugal's religious capital), Guimarães (Portugal's first capital still with its' castle) and Aveiro (Portugal's Venice). Then ride along the ocean on the two coastal tours (north and south) and still have time to cycle on Porto's Nature Park Hills along the Douro river.

7 incredible tours.... 7 unforgettable days around Porto!



#### **Itinerary Day to Day**

#### Day 1: Porto (27 km)

Welcome to Porto - a UNESCO world heritage site. This tour invites you to visit Port wine's cellars and if there's enough time, you can finish in Matosinhos filled with fish restaurants with barbecue.

#### Day 2: South coast (34km)

After a briefing, you'll be transported to Mateus, near Vila Real. Start riding on the very quiet countryside until you enter towards Pinhão, centre of the Douro valley with amazing and unique views, vineyards and the Douro river. Enjoy the day by cycling on secondary roads and finish in Loivos where you can visit the olive oil museum - with a great viewpoint!

#### Day 3: Guimarães (24 km)

It was Portugal's first capital, and its' medieval town (15th Century) was made a UNESCO world heritage site. The old town is within the city walls and also the castle. You climb the Penha hill on a cable car and ride down the hill passing by the "Vinho Verde" region and along the river to thermal town of Vizela.

#### Day 4: Three rivers to Douro (34 km)

In Valongo, the hills of Porto, you'll cycle through a nature reserve along two rivers before you come into "Douro" river, where you ride on the cycle path entering Porto.



#### Day 5: North coast (41 km)

Today's adventure is to explore Porto's north coast. This coastal region is wilder compared to the south with lovely wooden and cycle paths. Enjoy the views and visit some sandy beaches along the path!



## Day 6: Braga (23km)

Braga is Portugal's oldest city and religious capital with several churches, cathedrals and sanctuaries. Explore the old streets and 18th century mansions before you climb the mountain. On the top of the hills, you'll be amazed by the gardens and the city view.

### Day 7: Aveiro (29km)

Start your day in the town of Estarreja after a train voyage. Then you'll enter into a new landscape... a nature reserve with lagoons before you arrive into Portugal's Venice - Aveiro. This is also a fishing city surrounded by salt hills. The old town is divided by canals sailed by traditional fishing boats.



#### Day 8 - Porto departure

After 7 days it's time to say good bye to the region, old town and beaches.

#### Route



#### **Route Characteristics:**

Route Profile: Distance: 223 km average/day: 32 km Total ascent: 2549m Total descent: 3108m

**Distance:** 223 km- Self Guided-Easy

Travel Season: March 1- October 31 no tours April 12-20

Low season: March 1-March 31 High Season: April 1-Oct 31



#### Price per Person:

	Double/Twin	Single Room
low season	€889	€1239
high season	€1129	€1479
Extra Night	On request	On Request
Touring/ Hybrid Bike Rental	€120	€120
E-Bike Rental	€270	€270
GPS rental	€60	€60

- Availability subject to demand

#### Included:

- 7 nights B&B in central hotels
- GPS files for phone and specific roadbook with directions and pics,
- Personal briefing and 7 day support hotline;
- Each rental bike has a pannier, lock.

#### Per group:

• Repair kit with lever, allan key, tube, air pump

#### **Not Included**

- Commuting tickets not included
- GPS-device (Garmin) with all daily routes 60€



#### **Bikes**

A successful cycling holiday depends on good bikes. Therefore we have exigent requirements for our bikes, they must have aluminium frame, Shimano hydraulic disk brakes, racks, fork and seat post w/suspension, Shimano 24/27 gear system and adjustable stem. We have also comfortable e-bikes. Just seat and enjoy the ride!



## **Touring**

Kross Transarctica (Trans7) easy entry:

- Aluminum frame easy entry
- Shimano BR-M315, Hydr. Disc Brake (160/160)
- Shimano Deore RD-M591, Altus FD-M310 (3x8 Speed)
- Suspension fork with Lock-out & suspension seatpost 27,2mm
- Mudguards, front & rear lights, rack, bell
- Tyres: Schwalbe Marathon Plus Tour 700x42c



Hybrid

Orbea Comfort 10/12:

- Aluminum frame "male"/"female"
- Shimano BR-MT200, Hydr. Disc Brake (160/160)
- Shimano Deore RD-M592, Altus FD-M370 (3x9 Speed)
- Suspension fork & suspension seatpost 27,2mm
- Tyres: Schwalbe Marathon Plus Tour 700x42c





#### E-bike

### CUBE Touring/Town Sport:

- Aluminum frame easy entry
- Bosch Active Plus Generation 3 (50Nm) Cruise (250Watt)
- Bosch PowerPack 500W
- Intuvia/Purion display w/ 4 Riding modes (Eco, Tour, Sport, Turbo)
- Shimano BR-MT200, Hydr. Disc Brake (180/160)
- Shimano Deore RD-M592-SGS (9 mechanical gears)
- Suspension fork with Lock-out & suspension seatpost 27,2mm
- Mudguards, front & rear lights, rack, bell
- Tyres: Schwalbe Range Cruiser, Active, K-Guard, 47-622

Assisting people in realizing their touring dreams worldwide is our passion.

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# THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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