



Portugal- Cycling the Authentic Algarve (2025)

7 Days/ 6 Nights

Self-Guided



Exploring Culture and Cuisine: Cycling from Sagres to Vila Real de Santo António The cycling journey from Sagres to Vila Real de Santo António offers a rich blend of cultural exploration and culinary delights. From archaeological sites in Vale Fuzeiros, showcasing evidence from Prehistory to the Middle Ages, to the resemblances between Vila Real Santo António and Lisbon. The route traverses' picturesque landscapes, charming villages, and historical sites, providing a unique immersion into the local culture. Along the way, cyclists indulge in diverse gastronomic experiences, sampling regional delicacies that add a flavorful touch to the adventure.

Day by Day

Day 1 Arrival to Sagres Transfer from Faro to Sagres (optional)

Sagres, with its historical aura and natural beauty, captivates the hearts of visitors, providing an enriching journey through the charms of the Algarve. Don't miss the opportunity to visit some of the most iconic places in the Portuguese Southwest. One member of our team will meet you at the hotel to welcome you and provide a full briefing, bikes, accessories and all the documentation you'll need for the tour. • (4-star hotel) Sagres • Sagres fortress Cabo de S. Vicente paradisiacal beaches navigation school

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

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Historic Center Natural Reserve of Southwest Alentejo and Costa Vicentina and, of course, local gastronomy

Day 2 Cycle from Sagres to Lagos 45Km +651m

Embark on an enriching journey that begins at the illustrious Sagres Fortress, an architectural marvel filled with cultural and historical importance. As you tour the charming village of Vila do Bispo, pay special attention to the traditional market with its small local producers. Continue your odyssey to Praia da Salema, where you can see fascinating traces of dinosaur footprints. This unique encounter with prehistoric remains adds an intriguing layer to your expedition. Moving on, the idyllic Praia da Luz awaits you, offering not only a picturesque beach but also a gastronomic paradise. Ponta da Piedade appears as the next highlight, with notable rock formations and panoramic views. As dusk descends, your narrative culminates in the captivating city of Lagos. Here, the convergence between history and culture becomes palpable as you navigate ancient walls and traverse cobblestone streets. Discover the stories recorded in monuments such as the Church of Santo António and the iconic Forte da Ponta da Bandeira. The day ends with an immersion in the vibrant pulse of Lagos, where local cuisine is savored in an environment that comes to life at dusk. Lagos, with its rich heritage and cultural charm, promises to be the perfect end to a day full of exploration and discovery, leaving an indelible mark on your travel experience. (4-star hotel)





Day 3 Cycle from Lagos to Vale Fuzeiros 63Km 797m

Start your day with a visit to the expansive Meia Praia, where vast stretches of pristine sand create an idyllic coastal landscape. Head to Silves, a historic gem nestled in the hills of the Algarve, breathes a rich cultural heritage that echoes through its cobbled streets and majestic monuments. This enchanting city, once the capital of the Muslim Algarve, exudes a magical atmosphere, where the walls of Silves Castle whisper secrets of past battles and lost loves. Strolling through the narrow alleys of the historic center is like stepping back in time, with its whitewashed houses adorned with colorful flowers and wrought iron balconies. Between the soft sounds of fado and the tempting aroma of Algarve cuisine, visitors find an irresistible invitation to explore every corner of this enchanting city. One cannot talk about Silves without mentioning its impressive Gothic cathedral, an architectural masterpiece that bears witness to centuries of history and faith. And for culture lovers, the Municipal Archeology Museum offers a fascinating journey into the past, revealing the archaeological treasures that tell the fascinating history of this region. Silves is more than just a city; It is a cultural treasure that invites travelers to get lost in its ancient streets and discover the secrets it holds. A visit to this city is an immersion in history, art and tradition, leaving an indelible mark on the soul of everyone who explores it. Finish your day in Vale Fuzeiros and explore the evidence from the Middle Ages period. Also, in case you meet some farmers or shepherds, stop for a moment and be grateful for their work, they're still the ones holding the knowledge for the traditions and heritage.





Day 4 Cycle from Vale Fuzeiros to Cortelha (Barranco do Velho) 46Km 812m

Alte, where Fonte Grande stands out, an emblematic meeting point where locals gather to enjoy moments of conviviality and contemplation. With its cool waters shaded by ancient plane trees, the fountain is a refreshing refuge on hot summer days. Additionally, Alte is known for preserving its cultural traditions, with folk festivals and events celebrating the region's rich heritage. Visitors can experience authentic Algarve cuisine in local restaurants, where traditional dishes are prepared with fresh ingredients and unique flavors. Pena da Rocha is a fascinating point of interest for nature and geology lovers. In addition to its natural beauty, Pena da Rocha also attracts adventurers and climbers, who venture to climb to the top to enjoy a unique view over the Algarve coastline and the Atlantic Ocean. For those who prefer to explore on dry land, hiking trails around the area provide an opportunity to appreciate the local flora and fauna, including rare species of plants and birds. This is not only a point of geological interest, but also a place of great cultural and spiritual significance for the local inhabitants. The rock is said to have mystical and therapeutic properties, attracting visitors in search of renewed energy and a connection with nature. On the way, Salir, a charming village in the interior of the Algarve, offers a rich variety of cultural interests for visitors to explore. Here are some of the highlights: Salir Castle: Dominating the local landscape, this medieval castle is an impressive testament to the region's history. Main Church of Salir: This historic church, built in the 13th century, features fascinating architecture and is adorned with beautiful tiles and ornamental details. Salir Ethnographic Museum**: This charming museum offers a fascinating insight into traditional Algarve life. Natural Landscapes: In addition to its cultural heritage, Salir is surrounded by stunning natural landscapes, such as the Serra do Caldeirão and the Quarteira River. To finish your day, you might find yourself facing a typical distillery for the local 'firewater' or local brandy called the Medronho. Go easy, as more than a glass or a simply shot can knock you down!

Day 5 Cycle from Cortelha to Alcoutim 72Km 667m

Cachopo is a picturesque village located in the interior of the Algarve, one of the most notable points of interest is its stunning landscape, characterized by green hills, deep valleys and crystal clear streams. This area is a paradise for nature lovers, just follow your course to discover hidden corners and stunning panoramic views. Explore the village center, with its narrow streets and whitewashed houses, and discover local shops selling artisanal goods such as pottery, textiles and basketry. Still in the interior of the Algarve. Martinlongo is another small village, surrounded by a serene, mountainous rural landscape, known for its tranquil atmosphere and authenticity. When you reach your destiny, Alcoutim, you will find a cultural treasure on the banks of the Guadiana River. With its narrow cobblestone streets and whitewashed houses, this village breathes history and authenticity. The imposing Castle stands out, offering stunning views of the surrounding countryside and dating back to Arab times. Additionally, you can explore the Main church of Nossa Senhora da Conceição, with its distinctive architecture and rich religious history. Alcoutim is also known for its cultural festivals, where traditional Algarve music, dance and gastronomy are highlighted. In short, Alcoutim is an unmissable destination for culture and history lovers, who want to immerse themselves in the authentic essence of the Algarve.

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Day 6 Cycle from Alcoutim to Vila Real St. António 43Km 553m

While exiting Alcoutim, enjoy the Guadiana River, meandering alongside the village, is a source of life and inspiration, providing opportunities for activities such as boat trips and wildlife viewing. Castro Marim, is a work of cultural art that reflects the tradition and spirit of the region. This impressive structure, often decorated with religious motifs and traditional symbols, is an important part of local festivals and celebrations. The village not only serves as a focal point for cultural events, but also as a living expression of the identity and pride of the Algarve community. It is a symbol of connection to ancient traditions and a beacon of unity for residents and visitors who wish to celebrate the rich culture of the Algarve. Vila Real de Santo António, located in the southeast, is a city rich in history and culture. Founded in the 18th century, this town is known for its neoclassical architecture and orderly streets, designed according to a unique urban plan. The Marquês de Pombal main square stands out, with its historic buildings and the Municipal Market, where local flavors and colors meet. Additionally, Vila Real de Santo António is famous for its cultural heritage, including the Museum and Casa de Odeleite, which offer glimpses into past life in the region. With a privileged location next to the Guadiana River and close to stunning beaches, this city enchants visitors with its vibrant atmosphere and rich cultural heritage.



Day 7 Departure

After breakfast get ready for your onward journey. End of our services. Transfer from Vila Real de Santo António to Faro (optional)



Notes

Welcome briefing:

A member of the team will meet you on the arrival day to give you a full briefing and personally hand deliver your Welcome Pack. This pack contains all the materials you'll need as a cyclist: a roadbook with route descriptions and tips plus a few other goodies for the trail. The member of our staff will be delighted to answer any questions that you have before starting your holiday.

Accommodations:

A combination of 3 and 4-star hotels. All rooms have their own bathrooms. We've chosen these accommodations for their hospitality, comfort, and location. *Keep in mind that as you will be riding through rural countryside, 3-star hotels are not always available at every stop.

Meals:

All breakfasts are included with your accommodation. Let us know if you have any dietary restrictions and we can ask our hotels to accommodate for those as well!

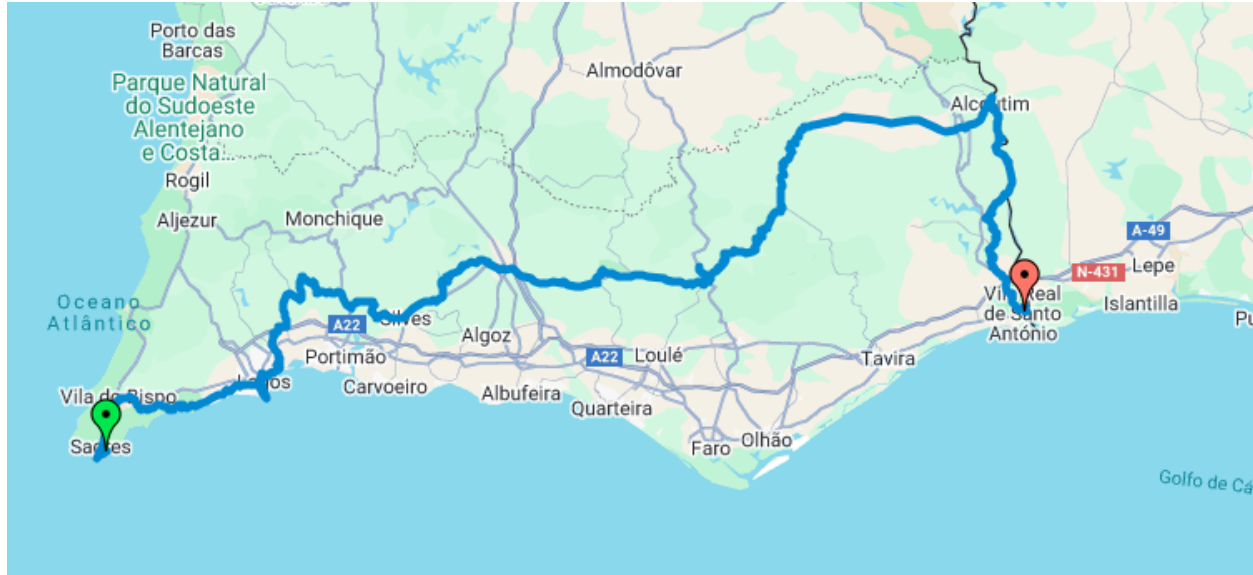
Luggage transport:

We will arrange for the transfer of 1 suitcase / piece of luggage (15 kg) per person between your hotels on your ride along the Tour. If you require more than 1 bag, please contact us for details.

Pre / During / Post Trip Service:

We are here to help! We are here to make sure that your tour runs as smoothly as can be so don't hesitate to use our support line to ask for our help

Route



270 km with 3500m of climbing. 99% on paved roads. Average daily distance 45 km, max distance 72

Dates and Prices

Tour is available daily year-round.

Season 1 Jan-April and Oct 16-December

Season 2 May, June, September and Oct 1-15

Season 3 July and August

Price- price per person in euros- all prices subject to confirmation on booking

Season	Double occupancy	Single room	Solo Traveller
Season 1	€ 1200	€ 1476	€ 1715
Season 2	€ 1487	on request	NA
Season 3	€ 1679	On request	NA
Optional Extras			
Private transfer Faro-Sagres	€ 185 for up to 4 people € 230 for up to 8 people		
Private transfer Vila Real to Faro	€ 185 for up to 4 €225 for up to 8		
e-bike upgrade	€ 50 per day		
Extra nights	On request		

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Included

- 6 nights in double accommodation with breakfast
- 7 days bike rental (MTB Trek Marlin 6 with 29" wheels + handlebar bag + helmet + phone support)
- 5 Routes and documentation with tips and details information on app mobile (in English)
- Luggage transfer hotel-to-hotel
- Support phone line 24/7
- Insurance

Not Included

- Meals
- Visits
- Flat tire repair
- Extra transfers not specified on the program
- Transfers from and to Faro or Lisbon airport
- Touristic taxes
- Personal equipment
- Other personal expenses
- All item not mentioned in "Included" and extra transfers not specified on the program.

This is a partner tour

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