



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Netherlands- Nature and History Tour from Amsterdam by Bike and Boat (2025)**

**8 Days / 7 Nights**

**Group Guided.**



The bike-loving Dutch call their beloved bicycles „Fietsen“ and they are part of the Dutch way of living like windmills, tulips and cheese. How could you possibly explore the historic Dutch Hanseatic cities better than by bike? Discover the cities that formed the once powerful commercial confederation, lined up like pearls on a string, and cycle onto ancient roads along medieval city walls. Naturally also nature lovers will get their money's worth. Explore the Rhine Valley and cycle alongside one of his beautiful tributaries, the IJssel River, across the so-called border lake region, located between the old mainland and the new reclaimed land. During the week, you cross the forests and moorlands of Achterhoek, of the Hoge Veluwe National Park and of the Goois-Nature Reserve. However, restaurants and attractive shopping possibilities are always within reach.

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350**

**TICO Ontario Registration No: 50022848**



## Day by Day

### Day 1: Arrival in Amsterdam – Wijk bij Duurstede

From 12:30 pm, embarkation in Amsterdam, Oosterdok, near the main station. At 2:00 pm, the ship leaves and sails through the Amsterdam-Rhine Canal to Wijk bij Duurstede, an enchanting town with a beautiful medieval market square on the Lower Rhine. After dinner, you may enjoy a stroll through the old lanes of the town.

### Day 2: Shipping Wijk bij Duurstede – Wageningen / Wageningen – Doesburg, cycle tour approx. 47 km

During breakfast, your ship sets sail for Wageningen. Here, you start for your first cycle route through the picturesque Lower Rhine River Valley. Around lunchtime, you cycle through Arnhem city centre and cross the historic “John Frost bridge”. This bridge was the centre of the Battle of Arnhem in 1944 as part of “Operation Market Garden”. In the afternoon, continue along the IJssel to the Hanseatic city of Doesburg.

Alternatively, you can extend your cycle tour individually (unguided) by approx. 15 kilometres and cycle through the woodlands and heathlands of the Veluwe National Park. The Park is approx. 54 km<sup>2</sup> (14,000 acres) in area and is home to many plants and animals. (If you want to visit the park, the day pass is about € 13.-).



### Day 3: Doesburg – Zutphen, Cycle Tour approx. 45 km / Shipping to Deventer

Follow the Hanse Cycle Route along the IJssel River to Bronkhorst, a hamlet that is proud to be considered the Netherlands' smallest town. Today's destination is Zutphen, the city of towers. Already from afar, you can see the big and small church towers that characterise the panorama of the city.

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During dinner, your ship sails to Deventer. The historic „Stadsplein de Brink“ square has already been a central meeting point during the heyday of the Hanseatic League and is today surrounded by numerous cosy terraced cafes.

**Day 4: Deventer – Hattem/Zwolle, Cycle Tour approx. 50 km / Shipping to Kampen**

During breakfast, the ship sails to Wijhe, from here you go on a cycle tour. Cross the IJssel River by ferry (approx. € 1.50 per pers.) and cycle through woodlands and the magnificent unspoilt landscape of the Eastern Veluwe. In the afternoon, you reach Hattem respectively Zwolle. Both cities are lively Hanseatic cities and have a charming medieval old town. During dinner boat tour to Kampen, with one of the best preserved historic city centres in the Netherlands. The city is also home to the Cog Ship of Kampen, a reconstructed medieval Hansa cog ship.

**Day 5: Shipping to Kampen – Reevesluis / Reevesluis – Harderwijk, Cycle Tour approx. 45 km**

In the morning, shipping to Reevesluis. Here you begin your cycle tour. Along the Lake Veluwe – here you can take a bath, rent a boat, go surfing and much else – you cycle through typical Dutch landscape to Elburg, a charming medieval fortified town and ancient fishing town. You should not miss out on a visit of the historic Old Town, which is no larger than 250 by 350 metres. Afterwards continue through the huge woodlands of the Veluwe to reach Harderwijk. A stroll through the city leads inevitably to the Onze Lieve Vrouwekerk, a basilica that dates back to the 14th/15th century. Overnight stop in the old fishing port.

**Day 6: Harderwijk – Spakenburg, Cycle Tour approx. 45 km**

Today your cycle ride leads through flat coastal landscape as well as through woods and moorland. If the weather is nice, you may want to take a bathing break in the recreation area of Strand Nulde. Alongside the Eem River, you cycle to Spakenburg, an old fishing port. Today the museum port is the heart of this small town.

**Day 7: Boat Tour Spakenburg – Huizen / Huizen – Amsterdam, Cycle Tour approx. 35 km**

During breakfast, you sail to Huizen. From there, you cycle to the marvellous fortified city of Naarden and to the castle in Muiden (Dutch Muider Slot). Along a quiet route, you reach Amsterdam. The afternoon and the evening you spend in Amsterdam.

**Day 8: Departure from Amsterdam**

After breakfast, disembarkation until 09:00 am and individual journey home



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## Route



## Dates and Prices

Departure Dates / Departure Thursday to Thursday

03July | 10July | 17July | 24July | 31July | 07Aug | 14Aug | 21Aug 28Aug

**Price per person in Euro- subject to confirmation on booking**

2-bed	3-bed	3-bed cabin booked as a 2-bed cabin
1499.-	999.-	1499.-

## Supplements

**2-bed cabin for single use:** 50% (max. 2 cabins per departure)

**Rental bike fee 7-gear-Unisex:** € 89.-

**Rental bike fee 8-gear E-bike:** € 199.-

**Bring your own bike / own E-bike:** not possible

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### Included

- Seven nights in outside cabins with private facilities in the booked cabin category
- Programme according to travel itinerary from/ to Amsterdam
- All charges for ports, bridges and locks are included
- Welcome-drink
- Change of linens and towels on demand
- Full board: 7x breakfast, 6x packed lunch for cycle tours, 7x 3-course dinner
- Coffee, Tea and Water on board
- Daily meeting for the cycle tours
- Instructed tour guide on the guided cycle tours
- Booklet with detailed instructions and maps for individual cycle tours, 1 x per cabin
- GPS tracks

### Not included

Journey to and from Amsterdam, parking fees, shuttle services, bike rentals, entrance fees and excursions, city maps, ferry fees, gratuities, drinks on board and personal expenses, travel insurances

MS WENDING

**Build year** 1993 | **Flag** Netherlands | **Length** 41.10 m | **Width** 6.21 m | **Draught** 1.20 m | **Crew** 3 |  
**Passengers** max. 24

The MS WENDING is a former cargo ship that was converted into a motor vessel for passengers in 1993. The ship offers a lovingly furnished saloon/restaurant with a cosy seating area and stereo system as well as a small bar. The small sun deck offers space for the bikes and limited seating.

**Cabins** Twelve 2-bed-cabins (approx. 8 m<sup>2</sup>), two of which can also be used as 3-bed cabins (3rd bed = bunk bed with ladder, max. 80 kg). All cabins have two separated single beds and are equipped with shower/WC, central heating, hairdryer and air conditioning. The windows/portholes can be opened.



**Embarkation** from 12:30pm to 1:30pm | **Disembarkation** until 09:00am.

**Minimum number of participants** 18 persons until 21 days prior to departure

**Bringing along own bikes** due to limited storage space on the sun deck, it is not possible to bring your own bike.

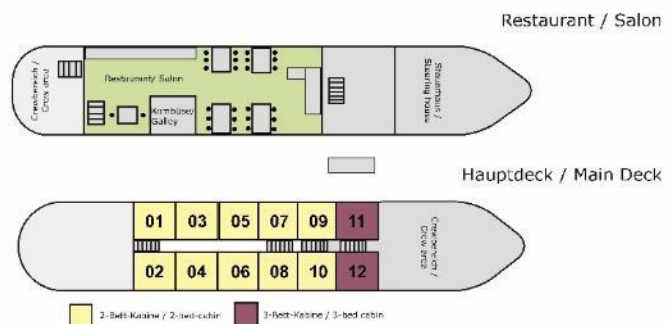
**Holiday clothing:** we recommend good rain gear, bike helmet, sun hat and trainers.

**Programme/itinerary** are subject to changes. If part of the itinerary cannot be sailed e.g., due to low or high-water levels or bad weather conditions, the captain reserves the right to change the route for your safety (no legal rights shall arise from this) The same applies for repair or maintenance works on locks and bridges ordered by river and other local authorities with little or no advance notice).

**Special dietary needs** for special dietary needs like gluten or lactose free or vegan, a fee of € 100 - per pers./week occurs, to be paid on board.

**Also important:** Please consider that on the one hand your ship is your hotel, on the other hand, however, it is an engine that has to run constantly –also in the early morning (sometimes even passing through locks or under bridges). If you are particularly sensitive to noise, we recommend to bring along earplugs.

MS WENDING





**Bikes:**

- 7-gear-Unisex- tour bicycles and 8-gear E-Bikes manufactured by Velo de Ville, custom build.
- With handbrake, only freewheel hub available
- Pannier bag and rental bike insurance included.
- E-Bikes and touring bikes are both only available to a limited extent.
- Please indicate your body height by the booking

***This is a partner tour***