



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Netherlands – Beach, Town and Tulip Bicycle Tour (2025)**  
**Individual Self-guided**  
**8 days / 7 nights**



Let your fantasy take you away and imagine what drifts by in your mind if you think about the Netherlands. That might be picturesque landscapes, green meadows, historical villages with typical countryside houses and the softly spinning sails of the windmills. And let us not forget that here we can find one of the best varieties of cheese worldwide, those wooden clogs from back in the day and fields full of tulips. Our beach, town and tulip tour brings together the very best of the Netherlands in one bicycle tour. By bike you have the opportunity of visiting all these marvellous places in an active way. You can take in the adventure like a breath of fresh air, in all tranquillity and at your own pace.



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### Itinerary Day to Day

#### **Day 1: Arrival in Amersfoort**

Amersfoort is a charming city where the history is still alive. Behind the city walls you can walk at ease in the small streets. It is the perfect place for those who like shopping.

#### **Day 2: Amersfoort – Amsterdam 63 or 68 km**

Today we bike along the Naarden-Vesting, one of the best preserved fortifications in Europe, to the capital city of the Netherlands. The tour passes by the IJsselmeer, the former “Zuiderzee”. After an exciting bike tour we arrive in Amsterdam, famous for the abundance of quiet waterways that run through the city (UNESCO Heritage). Make sure to go for a canal tour. Amsterdam has a lot of museums and cultural highlights. For example the Royal museum or the Van Gogh museum. Plunge into the lively atmosphere of Amsterdam.



#### **Day 3: Amsterdam – Zandvoort/Noordwijkerhout 50 or 60 km**

This tour brings us to Haarlem with the famous picturesque small “hofjes”. These are the gardens that were kept by the rich inhabitants in the 18th and 19th century for the aged widows to work in so they would not die of hunger. Or you can visit the Frans Hals Museum, a former home for retired people, where you can find the renowned paintings of Frans Hals. The tour continues along the “Keukenhof”, a wonderful garden, especially during the blooming tulip season. When staying the night in Zandvoort, you pass the “Keukenhof” the 4th day. Relish in the dunes and beach area with appealing sights.



#### **Day 4: Zandvoort/Noordwijkerhout – The Hague/Delft 45/55 or 60 km**

During this tour there are a lot of highlights. The road takes us to Leiden before ending in The Hague, Leiden is known for its university. There are interesting museums, for example the Royal museum of Ethnology or plan a visit to the Pieterschurch. Before we reach The Hague we pass by Scheveningen which has a beautiful beach. You will be accommodated in The Hague. This is the governmental centre as well. But The Hague has more to offer, numerous museums and sights along the canals, the “Catshuis”, “Paleis Noordeinde” and other cultural highlights such as the Mauritshuis. Walk through the old city centre and stroll along the scenery of the canals.



**Day 5: The Hague/Delft – Papendrecht 45/ 60 or 68 km**

This tour will take us to Delft, an important university city like Leiden. Delft is also one of the oldest cities in the Netherlands and that is clearly noticeable from the wide range of beautiful buildings, sights and hidden treasures that tell us more about the glory of the old yester years when the city was expanding and filled with merchants. Delft retains its historical character with the typical canals. Then we cycle to “Kinderdijk”, famous for the beautiful windmills. This is one of the most typical sights in the Netherlands!

**Day 6: Papendrecht – Utrecht 62 km**

We continue this fabulous tour across the Netherlands passing by Schoonhoven to Utrecht. Schoonhoven is a romantic, characteristic small town at the river the “Lek”. In the close surroundings, many farmers keep the cattle for the legendary Gouda cheese. You can also visit the gold, silver and watches museum. Along the beautiful landscapes of this region we bike to Utrecht. The old city centre is nicely decorated with many waterways, just like The Hague or Amsterdam. Admire the impressive churches or visit one of the many museums, such as the Royal museum.

**Day 7: Utrecht – Amersfoort 45 km**

For a last time we can delight in the scenery of the Netherlands with its wide panoramic views. When you did not have the time for a visit to Amersfoort on the first day, you can do that now.

**Day 8: Departure after breakfast**



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Route



Technical Characteristics:

**Tour Profile:** Easy. Easy and flat, suitable for all cyclists and families with children. Easy cycling, along a signposted cycling network

**Distance:** 332 - 363 km

**Travel Season:** Sunday departures from April 13 to September 7  
Saturday departures from July 5 to August 16

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



**Price per Person:** *all prices subject to confirmation on booking*

Double Occupancy B&B	€ 715
High Season Supplement from June 8 until August 17	€ 60
Single Room Surcharge	€ 350
Half Board	€ 285
Bike Rental 7/21 gear with hand brakes, pannier bag, pump, lock and repair kit	€ 80
E-bike (must be booked in advance)	€ 160
Child Bike, Trailer and 3 <sup>rd</sup> Wheel	€ 40
Child Seat	€ 15
Bicycle Insurance for Hybrid Bikes	€ 20
Bicycle Insurance for Electric Bikes	€ 33
Extra Nights Amersfoort Double Occupancy B&B	€ 70
Extra Nights Amersfoort Single Occupancy B&B	€ 120
Reduction for children 0-2 years when sharing with two adults in one room	-100%
Reduction for children 3-6 years when sharing with two adults in one room	-50%
Reduction for children 7-11 years when sharing with two adults in one room	-25%

**Services Included:**

- 8 days, 7 nights in 4\* hotels, room with Shower/Bath and toilet
- 7 x breakfast buffet
- Luggage transport (1 piece per person until 15 kg.)
- Map, tourist information and road descriptions and GPS tracks
- Service hotline on weekends
- If booked- half board 7 x 3 course dinner

**Not Included:**

- Personal expenses











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## Bikes

Bike	Picture		
Ladies' bike		Child bike	
Gents' bike		Third wheel	
Electric bike		Child seat	
Tandem		Trailer	

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**  
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