



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Lithuania- Around the Curonian Lagoon Bicycle Tour (2025)**  
**Individual Self-Guided Cycling Tour**  
**8 days / 7 nights**



Pinterest.com

Discover the Baltic Sea coast visiting Palanga Resort and the Curonian Spit National Park, designated by UNESCO as a World Heritage Site, explored individually by bicycle on very scenic cycling routes. Experience traditional Lithuanian country life when cycling in the Nemunas River Delta region. This tour partly covers the Seaside Cycle Route which was the first officially signposted, high quality cycle route in Lithuania opened a decade ago. The tour begins and ends in the historic coastal town of Klaipeda (was known as Memel for many years and has a fascinating old town quarter) which boasts a rich, turbulent history from 13<sup>th</sup> century. Nowadays, it's a bustling, modern place with a great selection of cafes and restaurants and many annual festivals focusing on jazz, folklore and the sea. The leisure options on offer range from history tours to watersports. Enjoy! You can choose to spend extra nights here either at the beginning or end of the tour. You also spend two nights in Nida the largest settlement on the Curonian Spit. It's the perfect place to enjoy a relaxing seaside break or explore on foot, by cycle or canoe its unique surroundings; its geology, birdlife, the influence of the Lagoon etc.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
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### Itinerary Day to Day

#### **Day 1: Klaipėda**

Arrive in Klaipėda. Individual transfer to the hotel (not included). Check-in and optional dinner at the hotel.

#### **Day 2: Circular Ride from Klaipėda - along the Seaside Cycle path to Palanga 58 km**

9:00 a.m. information meeting at your hotel where you will be greeted by a tour operator representative. Cycle to Palanga resort along the Lithuanian Seaside Cycle Route leading through Giruliai Forest and the Seaside Regional Park. En route explore the Dutchman's Cap – a 24 meter high coastal cliff and Plazė Lake. In Palanga you can visit the Botanical Park and Amber Museum, cycle along J.Basanavičius pedestrian street with many cafes & restaurants and explore the 470m pier heading into the Baltic Sea. Return to Klaipėda using the same or slightly different route. Optional dinner at the hotel.



Tripsite.com

#### **Day 3: From Klaipėda - Šilutė 47 Km Minibus 40 Km**

Transfer by minibus to the inland where start your cycling ride on picturesque countryside roads through Pamarys meadows to Šilutė. This region is known as a land of storks and the White Stork truly deserves its place as Lithuanian's national bird. En route stop in Švėkšna village to explore the estate with its beautiful park and impressive neo-gothic church of St.Jacob the Apostle. Arrival in Šilutė, check-in and optional dinner at the hotel.



Cliptec.com

#### **Day 4: Rusnė Island & Nemunas River Delta 47 km**

Explore Šilutė, a town named after "Šilokarčema" (a pub in the pine forest) and go for a return cycling trip to Rusnė Island, Lithuania's only island, located in the Nemunas River Delta Regional Park. When you stand on the bank of the Nemunas River in Rusnė you see the Russian oblast of Kaliningrad just 100 meters across the river. En route you can explore a traditional fisherman's smallholding at the Rusnė museum, the old water pumping station and the 19<sup>th</sup> century lighthouse in Uostadvaris Harbour. Optional dinner at the hotel.

**Day 5: Šilutė-Ventė Cape - Crossing the Curonian Lagoon to Nida cycling 33 km, by boat 14 km**

Cycling to Ventė Cape where you may visit a renowned bird ringing station with a museum of ornithology and the 19<sup>th</sup> C lighthouse which has a panoramic view of the unique landscape including a glimpse of the glistening Curonian Spit sand dunes. Today, one million birds pass through the station each migratory period. Take a boat to cross the Curonian Lagoon to Nida. Arrive in Nida followed by a bike ride to the hotel. Check-in and optional dinner at the hotel.

**Day 6: Nida – leisure time by the Baltic Sea 10 km**

Free day to explore Nida which is a former old fishermen's village on the Curonian Spit washed by the Baltic Sea on one side and the Curonian Lagoon on the other. Today Nida is the largest settlement in Neringa region and one of the most beautiful resorts in Lithuania. Cycle or walk along impressive sand dunes, visit the most popular places of interest – the Fisherman's House, the summer house of famous German writer Thomas Mann and the Amber Gallery. Optional dinner at the hotel.



Intertravel.it

**Day 7: Along sand dunes of the Curonian Spit Nida-Juodkrantė-Klaipėda 58 km**

Cycling on an asphalt bike path of the Seaside Cycle Route which takes you along the Curonian Spit to Klaipėda. En route you can explore the "Dead" sand dunes on foot, watch a colony of grey herons and cormorants, visit the Hill of Witches which houses a hundred fanciful and folksy wooden sculptures of Lithuanian legends scattered along a forest path, swim in the Baltic Sea or, relax, take the sun on golden beaches. Arrival in Smiltynė where you take a ferry to the Old Town of Klaipėda. Check-in and optional dinner at the hotel. At 7:30 pm meeting with the tour operator representative who will collect the rental bicycles.



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**Day 8: Depart Klaipėda**

Breakfast at the hotel. End of the tour. It is possible to extend your stay in Lithuania.



Trip2lt.com



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### Route



### Technical Characteristics:

**Tour Profile:** Relatively Easy. You will cycle on low traffic roads (some gravel ones), sandy forest trails and high quality cycle paths of the Lithuanian Seaside Cycle Route. The terrain is dead flat most of the tour, except a few sand dunes on the Curonian Spit.

**Distance:** 250 km

### **Travel Season:**

#### **Low Season**

Wednesday, Thursday  
departures May 21- June 4 and August 27 or 28

#### High Season

Wednesday, Thursday  
June 18-August 21



**Price per Person:** *all prices subject to confirmation on booking*

Double Occupancy low season	€ 625
Single Occupancy low season	€ 985
Double Occupancy high season	€ 695
Single Occupancy high season	€ 1055
Half Board 7 dinners package (3 courses with coffee/tea)	€ 225
Trekking bicycle rental (Kalkhoff, Kreidler, Ghost) with 7-speed Shimano Nexus hub gears & back-pedal break or 24-speed Shimano derailleur gears & free-wheel (optionally), equipped with waterproof pannier (Ortlieb)	€ 80
E-bike rental (Kalkhoff, Giant or KTM) equipped with waterproof pannier	€ 180
Cyclecross bike rental	€ 125
Waterproof handlebar bag with plastic map holder (Ortlieb)	€ 15
Extra Nights Klaipėda Double Occupancy including breakfast	On request
Extra Nights Klaipėda Single Occupancy including breakfast	On request

**Cat. A: 4\*\*\*\* Hotel in Klaipėda & 3\*\*\* Hotels in Klaipėda and Silute; Cat. B: 3\*\*\* Hotels in all places**

**Included:**

- 7 x night's stay at the 3\* hotels including all hotel taxes
- 7 x buffet breakfast
- Luggage transport from hotel to hotel
- Transfer by minibus Klaipėda – Veiviržėnai
- Boat trip across the Curonian Lagoon to Nida
- Individual information package (one per room): tour program with route description, maps , GPS tracks
- Emergency contact numbers

**Not Included:**

- Arrival and departure transfers
- Bicycle rental
- Lunches and dinner
- Tips

### Bikes



Trekking and cross/trekking bicycles for rental on self-guided and fully guided cycle tours in the Baltics are equipped with:

- 7-speed internal-hub Shimano Nexus gears & back-pedaling brake (*KALKHOFF Jubilee, KREIDLER Raise RT 2.1*)
- or 24-speed Shimano derailleur gears with free wheel (*KALKHOFF Agattu 24G, MERIDA Crossway 40, GHOST Trekking 1300*)
- Aluminum frame of different size and type - lady's, unisex and standard one with a crossbar
- Front suspension fork (some are with lockout function)
- 28" size wheels with V-brakes and puncture protection tires
- Comfortable saddle
- Bottle holder (except bikes with lady's frame)
- Back rack for panniers
- Halogen or LED lights with hub dynamo or batteries



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Motor-assisted electric bikes (E-bikes/Pedelecs) are available for rent almost on every of our cycle tours. We use high quality e-bikes of well-known brands like *KALKHOFF Agattu B7R*, *GIANT Twist Elegance C0*, *KTM* which are equipped with:

- Bosch or Panasonic central-drive motor (250W) and 11 ah Lithium-Ion battery (400Wh) which lasts for up to 110 km / 70 mi.
- Freewheel 7-speed or back-pedal 8-speed internal-hub Shimano Nexus gears
- Aluminum lady's or unisex frame type of different size (S – 45 cm /17", M – 50 cm /19", L - 55 cm /21") suitable for most people (men and women)
- Front suspension fork
- 28" size wheels and puncture protection tires
- Standard cable V-brakes (*KALKHOFF*) or hydraulic V-brakes (*GIANT*)
- Comfortable saddle
- Back rack for panniers
- Halogen or LED lights with hub dynamo or batteries

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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