



Italy-Austria-Slovenia Dolomites to Trieste Cycle Tour(2025)

8 Days / 7 Nights

Individual Self-Guided



Take in three countries in one week by bike. Italy, Austria and Slovenia will present their best features to you. You will witness varying and unique mountain ranges; untouched natural landscapes; crystal clear lakes; soft wine lands embedded against the hillsides and above all, extraordinary sought out stages provide the ideal backdrop for a bike holiday.

Starting from the northeastern Dolomites, the first part of the route runs along the river Drau through the valley of the same name and then on through the Gailtal valley on leisurely cycle paths. After a short detour to the Italian border town of Tarvisio you cycle on to Slovenia. At the fairy-tale Lake Bled, you will be at the foot of the Julian Alps. After a transfer to the south side of the Alps, you will return to Italy in the region of Friuli-Venezia Giulia and in the famous wine region "Collio". The former capital of the Lombards, Cividale del Friuli, is worth a visit. Afterwards, a spectacular end to the cycle tour on the Adriatic awaits you. On the last day you cycle along the sea to the former Habsburg port of Trieste.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



DAY BY DAY

DAY 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)/Sillian

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

DAY 2: Hochpustertal/Sillian – Oberdrauburg/Kötschach Mauthen (approx. 70 - 75 km) from Hochpustertal/ approx 60-65 km from Sillian

Starting at the watershed of the rivers Drau and Rienz on the Toblacher Sattel, you ride alongside the Drau through South Tyrol and on to East Tyrol and the town of Lienz. The impressive mountains of the Dolomites line the route.



DAY 3: Oberdrauburg/Kötschach Mauthen – Feistritz an der Gail/Travis (transfer to the Gailbergpass + approx. 65 km)

After a short transfer by minibus to the Gailbergpass (about 7 km / 350 m sea level difference), a comfortable descent to Kötschach-Mauthen awaits you. On the Gailtal cycle path at the foot of the Carnic Ridge you cycle comfortably past Hermagor. Before you reach your stage finish Feistritz an der Gail, the Pressegger See invites all gourmets to a relaxing break.

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DAY 4: Feistritz an der Gai/Travisl – Bled (approx. 55 - 65 km)

Along your way to Bled, you reach the Italian border and then continue on the cycle path. You travel past the famous ski area of Kranjska Gora, through the wonderful and mostly unknown countryside of Slovenia. It is also possible to shorten the trip by approx. 10 km using the train. You spend the night at the romantic Lake Bled. Instead of the next stage (Bled - Cividale) you can also choose to spend two nights in Bled (see amended route programme further down).



DAY 5: Bled – Cividale del Friuli (train ride + approx. 50 km)

After the transfer by train, you will reach the Soca valley, popular with canoeists and adventurers. In Kobarid you will get a historical review of the decisive battles of the First World War, which led to a preliminary decision. At the next stop especially the lovers of good food and wine will get their money's worth. At the end of the day, the historic city of Cividale del Friuli invites you on a tour, eg. the Devil's Bridge. Goths, Lombards and Franks have shaped this city.

DAY 6: Cividale del Friuli - Gradisca d'Isonzo (approx. 35 km – longer option through Udine approx. 65 km)

On the way through the Collio Goriziano, centre of the Friuli wine growing region, there are many wine cellars to stop at and taste the excellent wines. After tackling a few hills, you come to Gradisca d'Isonzo, where you spend the night. There is a possibility to choose a longer tour option passing through Udine, probably the most important town in the Friuli region, which is well worth a visit.

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DAY 7: Gradisca d'Isonzo – Trieste (approx. 40 km)

The karst accompanies you on the way to the Adriatic Sea and the castles Duino and Miramare invite you for a last visit before you enter the former Habsburg town of Trieste.



DAY 8: Departure

Individual departure or possibility to extend your stay.

VARIANT: OPTION WITH 2 NIGHTS IN BLEED INSTEAD OF 1 NIGHT IN CIVIDALE DEL FRIULI!

DAY 5: Bled

Enjoy one day off at the beautiful lake Bled situated in a picturesque environment, surrounded by mountains and forests.

DAY 6: Bled – Gorizia – Gradisca d'Isonzo (train ride + approx. 40 km)

After the transfer by train to the pass, you will reach the Soca valley, popular with canoeists and adventurers. The river accompanies you on the journey to the divided city of Gorizia. Cycling through the vineyards of the Collio you will reach Gradisca d'Isonzo, where you will spend the night.



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Route



315- 360 km of cycling The tour to Trieste is a varied tour; the last two stages are a bit hilly. The tour goes along bike paths or very quiet side roads, through small villages and picturesque landscape. The tour is suitable for children over 14 years.

Tour start dates: Every Wednesday, Friday and Saturday between May 9 and September 27

No start possible August 9-16

Season 1: arrivals on 09/05/2025 and 27/09/2025

Season 2: from 10/05/2025 to 23/05/2025 (incl.) and from 13/09/2025 to 26/09/2025 (incl.)

Season 3: from 24/05/2025 to 12/09/2025 (incl.)

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PRICES 2025 in euros – all prices subject to confirmation on booking

SELF-GUIDED TOUR

Package price per person in a double room incl. breakfast - season 1 € 829

Package price per person in a double room incl. breakfast - season 2 € 939

Package price per person in a double room incl. breakfast - season 3 € 995

Single room surcharge, per person € 249

ADDITIONAL SERVICES

Rental bike € 99

Rental bike TOP € 169

E-bike € 269

EXTRA NIGHTS IN VILLABASSA/DOBBIAICO

Per person and night in a double room incl. breakfast - season 1 + 2 € 89

Per person and night in a double room incl. breakfast - season 3 € 95

Single room surcharge, per night € 39

EXTRA NIGHTS IN TRIESTE

Per person and night, double room incl. breakfast € 89

Single room surcharge, per night € 49

INCLUDED:

- Accommodation in inns and hotels 3***, partly 4**** category
- Breakfast buffet or full breakfast
- Video briefing
- Luggage transfer from hotel to hotel
- Transfer by minibus from Oberdrauburg to the Gailberg Pass
- Transfer by train from Bled to Most na Soci/Kanal ob Soci (option with 2 nights in Bled)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour
- Navigation app, GPS data

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NOT INCLUDED

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Rental bikes and travel insurance
- All not expressly mentioned under the item „Included services“
- It is possible to add a rental bike disclaimer to your booking. Price is € 24/ per trekking bike and € 49/ per TOP bike/ e-bike /mountain bike.

Bikes

Top Bike

Aluminum, Shimano Deore XT, 21 speed, sizes S-XL



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Hybrid Bike

Mens Trekking Aluminum, with water bottle holder, Shimano Alivio/Deore 21 gear freewheel, Royal saddle, size S-X
Women's Trekking Shimano Alivio/Deore, 21 gear freewheel, Royal saddle, step-through frame, size S-XL



Electric Bike

Step through frame, Bosch Performance Line Motor, 8 gear, range performance: approx. 200 km (using middle/constant speed)



Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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