



Italy - South Tyrolean Family Cycle Tour (2025)
Individual Self- Guided
8 days / 7 nights or 7 days/ 6 nights



South Tyrol from its best side! You will set off by bike from the Meran basin. You will keep cycling through orchards and vineyards and past palaces and castles and by doing so you will make your way across Bolzano, Trento and Rovereto and then finally to the magnificently blue Lake Garda. You can enjoy the tasty Italian meals just as much as the Mediterranean scenery. In almost every district in southern Tyrol you will find a swimming pool to cool down in. Or you can grab yourself a tasty “Gelati” on your way. At the end of your family cycle tour, the beach area by the glistening Lake Garda is waiting for you with its many places to play and to do sport.



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Itinerary Day to Day

Day 1: Arrival in Merano

Arrive in Merano and move into your accommodation. The travel documents and rental bikes (if booked) will already be in your hotel



Day 2: Merano – Bolzano 35-45 km

You will set off on your cycle tour today from the lovely spa town, Merano. You will cycle past orchards and vineyards and you will be able to sense the Mediterranean flair. The great palaces and castles are silent guards along your way. Take a short detour to the mystical labyrinth garden in Tschrems or cool down in the Nalser swimming pool. Once you have arrived in Bolzano, you can pay a visit to the Ötzi museum or you can simply enjoy the “Dolce Vita” in the historical old town.

Day 3: Bolzano – Ora 25 km

Today you leave South Tyrol's capital. Cycle along the river Adige and continue on your way. You can then smell the wonderful smell of the orchards again. Here is where the Adige valley opens up to its widest

point and you can really marvel at the Mediterranean nature. You will spend the night in Auer, which is a typical village in South Tyrol, which still maintains its character and its genuine, south Tyrolean hospitality.

Day 4: Ora – Trento 45 km

After a good night's sleep and in a good mood, you are now refreshed and ready to go for your next day's cycling. Today's cycle path runs right through extensive vineyards. You visit a particularly exciting place for children with climbing rocks, ruins and animals on your way to visit the Biotop Castelfelder. Today you will leave the most southern part of southern Tyrol and also the language border: from now on you will hear more and more Italian.

Day 5: Trento – Rovereto 30 km

Trento with all of its museums, its heritage and its old town are all waiting for you on this discovery tour. Stroll leisurely through the little streets before you then continue on by bike. Cycle past the powerful Beseno Castel, which sits enthroned above the Adige valley. Your cycle path will then take you through vineyards to Rovereto. In Rovereto, dinosaur fans can follow the traces of the dinosaurs on five small trails.



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Day 6: Rovereto – Lake Garda north 25 km

Today your bike route leaves the Adige valley because Lake Garda is now waiting for you. In Mori, you can try the all-round famous pistachio ice cream or a fresh squeezed fruit juice in the gelateria Bologna. After the only noticeable hill on this tour, you speedily cycle downhill past the blue lakes to Torbole. You will spend your last night in Torbole or Riva, two well-known holiday destinations, which are well-known for their innumerable possibilities for different sports. A wonderful end to your magnificent cycle tour in Italy.

Day 7: Departure or extension by Lake Garda

Today you have to say goodbye to the Italian flair. Or you can enjoy the sun for another day at one of Lake Garda's beach areas. You can also get to Gardaland (a theme park) quickly from here....

8 day / 7 night option:

Day 1: Arrive in Merano

Day 2: Trip to Vinschgau/Merano 45 km + train ride

Today you set off with the Vinschgaubahn towards the Reschenpaas. From Laas, you will cycle down to Merano. In Rabland, the train world museum are waiting for all upcoming train driver enthusiasts. Or you can go on a detour to the Alpin-Bob-Meran 2000. A short bus journey and then you will be at 1900m. From there you will quickly get down into the valley with the mountain toboggan. Great fun for everyone.

Day 3: Merano – Bolzano 35-45 km

Day 4: Bolzano – Ora 25 km

Day 5: Ora – Trento 45 km

Day 6: Trento – Rovereto 30 km

Day 7: Rovereto – Lake Garda 25 km

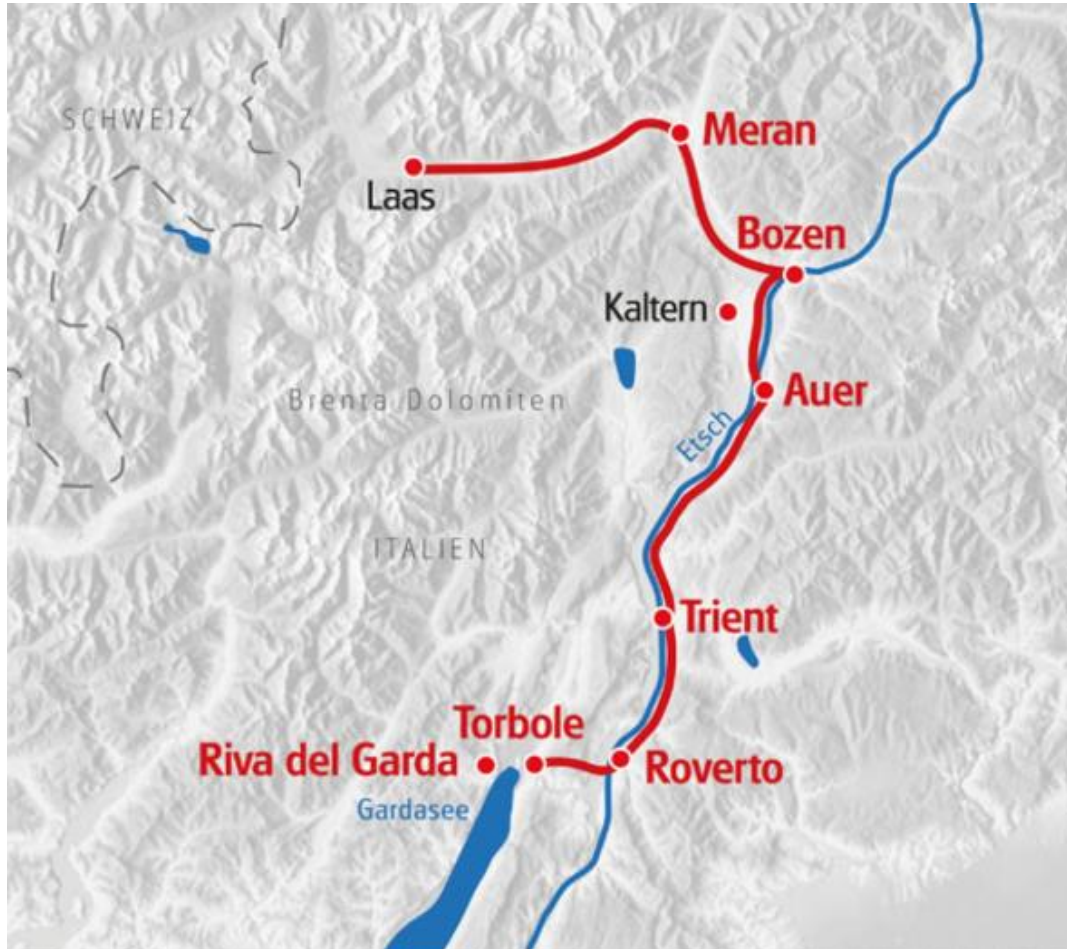
Day 8: Departure or extension





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Route



Technical Characteristics:

Tour Profile: You cycle along the river Adige and through the Mediterranean scenery. Always on well-built cycle paths or quiet side roads. Only one short hill during the tour (about 150 m ascent). The stages can be shortened by train if desired. The cycle stages are between 25 and 45 km long, the topography is mainly flat or slightly downhill, with some hilly sections. Before Lake Garda there is a slightly longer ascent over a pass. We recommend that children have a good basic level of fitness and good cycling skills (including safety in traffic). **Distance:** 160 - 205 km

Travel Season: Every day 05.04. – 12.10.

Season 1: 05.04. – 11.04. | 27.09. – 12.10.

Season 2: 12.04. – 09.05. | 06.09. – 26.09.

Season 3: 10.05. – 05.09.



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Price per person:	7 day / 6 night	8 day / 7 night
Double occupancy Season 1	€ 899	€ 1049
Double occupancy Season 2	€ 949	€ 1089
Double occupancy Season 3	€ 1029	€ 1189
Child 12 – 14 years old *	€ 729	€ 829
Child 6 – 11 years old *	€ 479	€ 559
Surcharge for Single Room	€ 339	€ 369
Rental Bike (21 or 7 gear)	€ 99	
Rental bike plus	€169	
Children's bike/tag along/ child transporter	€ 89	
Follow-Me Child Bike	€ 139	
Electric bike	€ 269	
Extra Nights Merano	On request	
Extra Nights Torbola/Riva	On request	

* Children's rates valid in room with two paying adults. Rates for children aged 6 or younger are payable on site.

All prices subject to confirmation on booking

Accommodation:

3* and 4* hotels

Included:

- Accommodation in 3***- and 4****-hotels
- Breakfast
- Luggage transfer
- EUROBIKE developed route
- Detailed travel documents 1x per room (German, English, French)
- 1 train ride with the Val Venosta train, incl. bike (only variant 8 days / 7 nights)
- 1 pistachio ice-cream or 1 freshly squeezed fruit juice on the way to Lake Garda
- App for Navigation and GPS-data
- Service hotline

Not Included:

- Visitor's taxes - if applicable – payable on site
- Return transfer by mini bus every Saturday, Sunday and Monday morning as well as Tuesday (occasionally) afternoon upon request. Cost is 85 Euros per person and bike 39 Euros , payable locally, reservation required



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Bikes



Hybrid Bike

Unisex frame 21-gears with free wheel sizes: 56 / 51 / 46 / 43 cm

Unisex 7-gears-bikes with back pedaling brake sizes: 56 / 51 / 46 cm

Men's speed bikes 21-gears with free wheel and crossbar sizes: 64 / 60 / 56
"slopping" cm (note: a reservation is necessary!)

Also includes Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock



Electric Bike

A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

Rental bike PLUS from KTM

From the saddle to the breaks and gears, the quality of the equipment is even higher (e.g. hydraulic breaks and precise gears), the "plus" is noticeable in many parts of the bike.

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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