



Italy – Lake Garda in One Hotel Bike Tour (2025)
Individual Self-Guided
7 days/6 nights



Culture, wine and lakes: a perfect mix! And you will experience the “dolce vita” without having to change your hotel. Welcome to a cycle tour which will stimulate both your soul and your senses: high art and culture in the cities of Trento, Verona, Brescia, and Mantua – not only the Renaissance palaces of the city of Romeo and Juliet invite you to stay. Also the cathedral square in Trento and the antique forum in Brescia will enchant you. Enjoy the atmosphere of the Piazza Sordello in Mantua. Lake Garda, a blue green emerald, invites you to relax on its banks or to cool off in its refreshing waters. Or you relax while drinking a glass of wine, since in this region some of the most famous Italian wines are grown. Valpolicella, Lambrusco, Bardolino, Lugana...as we said... “dolce vita”.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Itinerary Day to Day

Day 1: Arrival in Desenzano

Tour Information and bike fitting. We recommend taking a stroll through the old town.

Day 2: Trip to Trento 50 km + Boat Excursion

The day starts with a transfer to Trento with its old town with cathedral, castle Buonconsiglio. Then, you will follow the river Adige to Rovereto. From here, you will cycle westwards in the direction of Lake Garda. In Mori you will try the world famous pistachio ice cream or a fresh fruit juice in the Gelateria Bologna. After a short climb, you will cycle downhill towards the lake in Torbole and further to Riva. From here, a boat will then take you down the entire length of the lake and back to Sirmione or



Day 3: Trip to Verona 55 km + train

A minibus or train will take you to Verona. The city of Romeo and Juliet with its Renaissance palaces, the Roman arena and the many cosy places invite you to stay for a stroll. Over gently rolling hills, past cypress trees and vineyards, the tour will take you back to the southern shore of the lake – for Goethe the lake was “a delicious spectacle”, for the Roman poet Catull “a shining star”.



Day 4: Trip to Mantua 65 km + train

Beautiful trails will lead you along the river Mincio southwards to Mantua. The thousand year old town of the royal Gonzaga family impresses its visitors with its art and beauty. The Castello S. Giorgio and the Palazzo Ducale, the Piazza Sordello with the house of Rigoletto, the cathedral, the Piazza Broletto with the old city hall, the Piazza Erbe with the courthouse palace, the clock tower, the rotunda of San Lorenzo, and the Basilica of St. Andrew are worth seeing. The train will take you back to your hotel.



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995



Day 5: Trip into the History of Italy 50 km

Today, you will follow lonely roads, through vineyards, peach orchards and kiwi plantations to Solferino – the place, where Garibaldi united Italy in the famous “Battle of Solferino”. On your way back to Lake Garda, you will cycle through the area where the delicious wines of Lugana are grown.

Day 6: Trip to Brescia 60 km + Train

Today, you will ride your bicycle along the lake shore towards Cavallase di Riviera and get some unforgettable views of Lake Garda. Then, you will follow the Naviglio Grande Bresciano (canal with bike path) to Brescia – a city of Roman origin with many more places of interest. The train will take you back to Sirmione.



Day 7: Departure or Extension of Trip





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Route



Technical Characteristics:

Route Profile: Relatively Easy. The route is flat to slightly hilly. You will cycle on bike trails, side roads and sometimes on country lanes. Only short sections have to be cycled on roads with more traffic, especially when entering or leaving cities.

Distance: 280 km

Travel Season: Sunday and Tuesday 06.04. – 12.10.

Season 1: 06.04. – 19.04. | 28.09. – 12.10.

Season 2: 20.04. – 17.05. | 07.09. – 27.09.

Season 3: 18.05. – 06.09.



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Price per Person in Euros *all prices subject to confirmation on booking*

	Lido International
Season 1 Double Occupancy B&B	€ 1049
Season 2 Double Occupancy B&B	€ 1159
Season 3 Double Occupancy B&B	€ 1299
Surcharge Single Room	€ 549
Rental Bike	€99
Rental Bike Plus	€169
E-bike	€269

Hotel Lido International – Desenzano 4****

The hotel Lido International**** is run by the Ferrari family and is equipped with every comfort of a 4**** hotel. The historic port town of Desenzano is not far from the hotel, where many small squares, beautiful promenades, and winding alleys invite you to stay for a while. All of the spacious rooms have balconies/terrace from which one gets a direct view of the lake. The beautiful terraces, the lawn for sunbathing, the wonderful swimming pool and the private pebble beach make for a great stay in a relaxed atmosphere after your cycling tours.





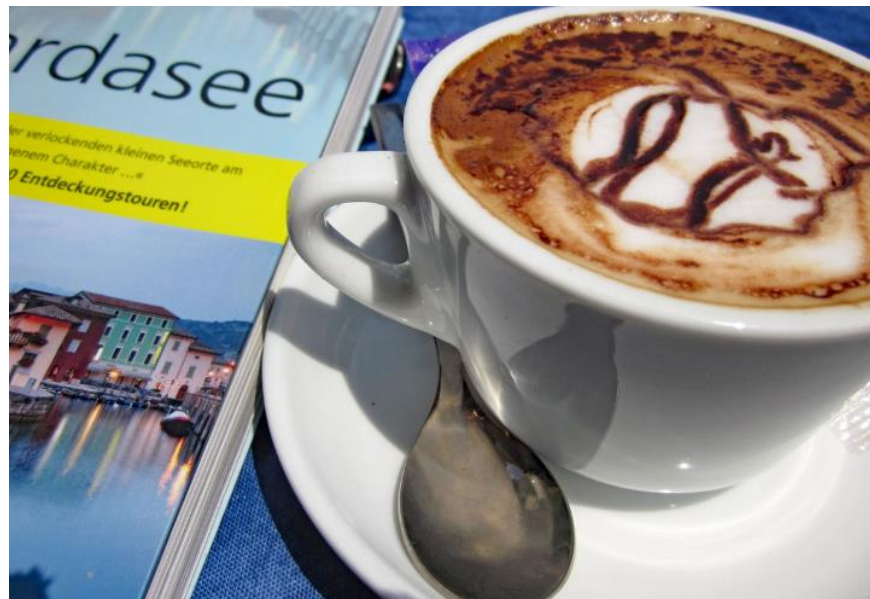
**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Included:

- Accommodation in the selected hotel
- Breakfast
- Welcome briefing
- Excellently planned routes
- Detailed travel documents 1 per room
- transfer Lake Garda - Trento including bike
- Train journey from s Brescia – Desenzano, Mantova – Desenzano and Desenzano – Verona, all incl. your bike
- Boat excursion on Lake Garda including bike
- 1 x pistachio ice cream or fresh orange juice on the way to Lake Garda
- Navigation Ap and GPS data
- Service hotline

Not Included:

- Visitors' taxes payable locally



OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Bikes

Bike Plus



From the saddle to the breaks and gears of higher quality (eg hydraulic Magura breaks HS 11, Shimano Deore XT) the 'plus' is noticeable in many parts of the bike.

Rental Bike PLUS allows for a sportier sitting posture, 27 speed gears offer maximum flexibility and a high quality Suntour suspension fork provides the best possible comfort on all paths. Of course, all our accessories are also available on Rental Bike PLUS.

Hybrid Bike



Unisex frame 21-gears with free wheel sizes: 56 / 51 / 46 / 43 cm

Unisex 7-gears-bikes with back pedaling brake sizes: 56 / 51 / 46 cm

Men's speed bikes 21-gears with free wheel and crossbar sizes: 64 / 60 / 56
"slopping" cm (note: a reservation is necessary!)

Also includes Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock

Electric Bike



A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848