



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Italy – Gourmet Piedmont Bike Tour (2025)
Individual Self-Guided
8 days/7 nights



Pure indulgence lures all gourmets worldwide to the second largest region of Italy. In the Piedmont region many a 'temptations' of the highest quality are produced and enjoyed here at the same time. Who is not familiar with the fragrant white truffles from Alba, the sparkling Asti 'spumante' or the exquisite chocolate of Ferrero? You will experience all of these delicacies up close and personal during your cycling tour. Immerse yourself in busy historic towns but also sense the tranquility of the breathtaking vineyards. Even the accommodations are contrasting on this holiday. In the towns you stay overnight in modern 4**** hotels and in the villages you are accommodated in comfortable 'agriturismi', which are renowned for authentic cuisine. In the evenings you get to enjoy the local delicacies. Pure bliss plain and simple!



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Itinerary Day to Day

Day 1: Arrival in Turin

In the evening you will have a personal tour briefing and bike distribution. The first capital of Italy awaits you with lots of places of interest!



Day 2: Turin – Capriglio/Surroundings 35 km

In the morning, bus or train transfer up to Superga. Enjoy the marvelous view from the basilica over Turin and all the way to the Alps. The cycle route takes you through colourful vineyards from one village to the next. Today you spend the night in a Piemontese country house, where an authentic regional dinner will be prepared for you.

Day 3: Capriglio/Surroundings – Asti 30 km

More and more vines line the route now. You cycle past little mountain villages and the Piedmont presents itself with breathtaking views. Your overnight stay is in Asti, a town teeming with culture. Not only famous for its eponymous sparkling wine, but also for its renowned Palio contest, a horse race where each borough competes for supremacy for the coming year.



Edition.cnn.com

Day 4: Asti - Canelli 35 km

Today you cycle right through the heart of the Asti wine growing area. Each of the villages has their own distinctive traditions and invites you to a tasting of course. We recommend you take a cappuccino break at the medieval piazza in Nizza Monferrato before you proceed to your accommodation. In proper style you spend the night in an 'agriturismo' with its own vineyard, in which you get to enjoy the culinary specialties in the evening.



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Day 5: Canelli – Alba 40 km

Today's cycle route is characterized by marvelous views across the renowned vineyards. In Neive you walk through one of the most stunning old part of towns in Italy and in Barbaresco you find yourselves in the – next to Barolo - probably most famous wine growing town of the Piedmont. Your day ends however in the medieval town of Alba. This is the place where the white truffle, highly coveted by gourmets worldwide, grows in exceptionally high quality.

Day 6: Alba – Montafia 45 km

Initially you cycle in the Roero region, renowned for its heavy bodied red wines, which can also be sampled for instance in the Enoteca del Roero in Canale. Afterwards you proceed along little streams and through dark green forests all the way to Montafia. Congenial to the rural surroundings, you spend the night yet again in a beautiful 'agriturismo', typical dinner included.

Day 7: Montafia – Turin 50 km

Along the route you come across little sleepy villages and every now and then a grapevine will entice you yet again to a small glass of wine. In Chieri we recommend you take a break and enjoy the beautiful piazzas and cozy little alleyways, before you cycle along the river Po for the final few kilometers. Much too soon will you have returned to the starting point of this holiday - the magnificent Turin.

Day 8: Departure or extension



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Route



Technical Characteristics:

Route Profile: Moderate. You cycle mainly on side roads with very little traffic. Due to the shorter stages you have a lot of time of your hands to just enjoy. The terrain is hilly overall with a few short but steep ascents. There will be slightly more traffic when entering or leaving a town as well as on short connective sections.

Distance: 235 km

Travel Season Saturday 05.04. – 11.10.

Season 1: 05.04. – 18.04. | 27.09. – 11.10.

Season 2: 19.04. – 16.05. | 06.09. – 26.09.

Season 3: 17.05. – 05.09.



Price per Person: *all prices subject to confirmation on booking*

Season 1 Double Occupancy B&B	€ 1229
Season 2 Double Occupancy B&B	€ 1329
Season 3 Double Occupancy B&B	€ 1379
Surcharge Single Room	€ 439
Rental Bike (21 or 7 gear)	€ 99
Hybrid Bike Plus	€169
Electric Bike	€ 269
Extra Nights Turin Double Occupancy B&B)	€ 89
Extra Nights Turin Single Surcharge (B&B)	€ 65

Accommodation:

Category: 4**** hotels and comfortable country houses (agriturismi)

Included:

- Accommodation in booked category
- Breakfast
- 3 x gourmet meals in the agriturismo
- Welcome briefing
- Luggage transfer
- Excellently developed route
- Detailed travel documents 1 per room
- Bus Transfer to Superga including your bike
- Navigation App and GPS data
- Service hotline

Not Included:

- Visitors' taxes payable locally



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Bikes

Bike Plus



From the saddle to the breaks and gears of higher quality (eg hydraulic Magura breaks HS 11, Shimano Deore XT) the 'plus' is noticeable in many parts of the bike.

Rental Bike PLUS allows for a sportier sitting posture, 27 speed gears offer maximum flexibility and a high quality Suntour suspension fork provides the best possible comfort on all paths. Of course, all our accessories are also available on Rental Bike PLUS.

Hybrid Bike



Unisex frame 21-gears with free wheel sizes: 56 / 51 / 46 / 43 cm

Unisex 7-gears-bikes with back pedaling brake sizes: 56 / 51 / 46 cm

Men's speed bikes 21-gears with free wheel and crossbar sizes: 64 / 60 / 56
"slopping" cm (note: a reservation is necessary!)

Also includes Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock

Electric Bike



A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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