



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Italy - Around the Dolomites Sporty or E-Bike Tour (2025)**  
**Individual Self-Guided**  
**8 days / 7 nights**



The Dolomites are your constant companion during this round trip with the e-bike or trekking bike (for sporty cyclists) at the foot of the legendary “PALE MOUNTAINS”, on the list of UNESCO world heritage due to their “unique monumental beauty”. Start point of this tour is the Pustertal, demarcating the Dolomites towards the North. Then you continue along the Eisack- and Etsch valleys, forming the west border, passing South Tyrol’s capital Bolzano and reaching Trento. On the southern part of the Dolomites you will cycle through the Valsugana valley to Feltre. The former Dolomites railway track will lead you into the direction of the Olympic town Cortina d’Ampezzo. Finally, you will greet the famous Drei Zinnen (Three Peaks) from the Höhlensteintal and you turn back to Hochpustertal.



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### Itinerary Day to Day

#### **DAY 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)**

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.

#### **DAY 2: : Hochpustertal – Bressanone (approx. 65 km)**

On the first section of the day, the „Pustertal Cycle Path“ gives you the direction. The river Rienz leads you to the Michael-Pacher town of Bruneck, which invites you for a first rest and a stroll. Back in the saddle, you cycle past the ruins of the Mühlbacher Klause, the monastery complex of Neustift or the Franzensfeste fortress and reach today's destination, Bressanone.



#### **DAY 3: : Bressanone – Bolzano (approx. 45 km)**

Today's stage begins in Bressanone, where it is worth taking a walk through the well-kept old town with its arcades and cathedral. From afar you are greeted by the Säben monastery, which stands high above Klausen and you cycle along the Eisack river to Waidbruck, where the view of the Trostburg castle opens up to you. Here the valley narrows and leads you into the Bolzano basin and your destination today, the provincial capital of Bolzano, the city where two cultures meet. There are numerous possibilities for spending the afternoon: a leisurely stroll under the arcades of Bolzano or on the meadows of the valley, a visit to „Ötzi“, the „oldest Tyrolean“ in the archaeological museum or simply enjoying a cappuccino in one of the numerous cafés on Waltherplatz.

#### **DAY 4: Bolzano – Trento approx. 65km**

Today you follow the Etsch river and leave South Tyrol at the Salurner Klause, the border between German-speaking South Tyrol and Italian-speaking Trentino. South Tyrol and the Italian-speaking Trentino. Fruit trees and grapevines line your path to the former former bishop's town of Trento, which will delight you with its inviting old town and Buonconsiglio Castle.

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

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**DAY 5: Trento– Feltre (approx. 95 km or approx. 70 km + 25 km by train -ticket nor incl.)**

You cycle past Lake Caldonazzo, which also invites you to stay for a while. The first section to Caldonazzo is relatively steep and can also be shortened by train. The trail continues through the impressive Valsugana valley to Feltre, a small town on the former „Via Claudia Augusta“, an important Roman road from Aquileia to Augsburg.



**DAY 6: Feltre – Pieve di Cadore (approx. 75 km)**

Through leafy forest avenues you reach Belluno, the small capital of the province of the same name. Today's route is lined with picturesque little villages that invite you to stop for a while. In the north, your gaze falls back to the mighty southern Dolomites, your companions on your first stages. You continue your way north past Longarone. This village was rebuilt in a very short time after it was flooded by a tidal wave in 1963 following a rock fall at the former Vajont dam. The newly built cycle path leads from Longarone to Pieve di Cadore, today's stage destination.

**DAY 7: Pieve di Cadore - Hochpustertal (approx. 65 km)**

Pure nature, that is the motto for today. The most important and largest stopover of the railway was the famous winter sports and Olympic town of Cortina d'Ampezzo, where you will also cycle past today - surrounded by some of the most famous Dolomite peaks. Continue along the route of the Dolomite



railway to the provincial border of the province of Belluno and finally return to South Tyrol. Enjoy the panoramic view of the the rock formation of the „Three Peaks“.

**DAY 8: Departure**

Individual departure or possibility to extend your stay

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### Route



### Technical Characteristics:

**Route Profile:** This cycling tour has been designed especially for e-bikers. Most of the route follows cycling paths, sometimes quiet side roads. Although you always have an eye on the Dolomites, you cycle comfortably at their feet along cycle paths and quiet side roads. For sporty cyclists this route can be done also with a trekking bike. The tour is suitable for children over 14 years.

Distance: 402 km

**Travel Season:** Departures Wednesdays, Saturdays and Sundays from May 3 to September 28, no departures from August 9-17

Season 1: arrival dates from 03/05/2025 to 13/06/2025 and from 08/09/2025 to 28/09/2025 (incl.)

Season 2: arrival dates from 14/06/2025 to 07/09/2025 (incl.)

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**Price per Person:** in Eros all prices subject to confirmation on booking

Double Occupancy B&B Season 1	€ 889
Double Occupancy B&B Season 2	€ 989
Surcharge Single Room	€ 229
Rental Bike Hybrid	€ 99
Rental bike Top bike	€169
E bike rental	€269
Extra Nights Villabassa/Dobbiaco	On request

**Included:**

- Accommodation in 3\*\*\* hotels
- Breakfast buffet or a full breakfast
- Video briefing
- Luggage transfers from hotel to hotel
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for during the tour
- Navigation GPS data
- Navigagtion App

**Not Included:**

- Visitor's tax payable locally
- Drinks
- Lunches and Dinners
- Personal expenses
- It is possible to add a rental bike disclaimer to your booking. Price is € 24/ per trekking bike and € 49/ per TOP bike/ e-bike /mountain bike



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### Bikes

**Hybrid Bike** Mens Trekking Aluminum, with water bottle holder, Shimano Alivio/Deore 21 gear freewheel, Royal saddle, size S-X\_Women's Trekking Shimano Alivio/Deore, 21 gear freewheel, Royal saddle, step-through frame, size S-XL



### Electric Bike

Step through frame, Bosch Performance Line Motor, 8 gear, range performance: approx. 200 km (using middle/constant speed)



### Top Bike

Aluminum, Shimano Deore XT 21-speed gears, freewheel  
Sizes s-xl

**THIS IS A PARTNER TOUR**

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