

Italy – Bressanone in One Hotel Bike Tour (2025) Individual Self-Guided 7 days / 6 nights



The cathedral city of Bressanone is the perfect starting point for your cycle tour through the valleys of South Tyrol. Scenic routes along the rivers Eisack and Rienz lead to cultural and natural highlights. The Dolomites seem to be really close, from your bike you will look up to their rugged, imposing peaks. The small town of Klausen with its narrow streets and romantic squares spreads a medieval atmosphere - almost like it did in the distant past. You will visit the impressive Walther Square in Bolzano, with the statue of Walther von der Vogelweide and you will get a chance to enjoy a wonderfully creamy cappuccino in one of the cozy cafes. Every day you will discover and experience new things, and at the same time you will enjoy returning to your comfortable hotel in the evenings.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9 www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350



Itinerary Day to Day

Day 1: Arrival in Bressanone

You will get your travel documents and rental bikes (if booked). We recommend taking a first walk through the charming old town.



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Day 2: Trip to Bolzano 45 km + train ride

A wonderful tour to start with! The old railway track from Brixen to Bolzano was adapted into a fantastic bike path. Going steadily downhill, the track leads you through the medieval town of Klausen with the monastery Säben. The valley is getting narrower and narrower and the vineyards of the most northerly wine growing region of Italy are getting closer and closer. All too soon, you will reach Bolzano! You should take a walk through the arcades to the Ötzi museum (free admission with the Brixen Card) and stop at Piazza Walther before you will return to Brixen by train.

Day 3: Trip through South Tyrolean Villages 25 km + bus transfer

In the morning there will be a short transfer by shuttle bus to Elvas above Brixen. The route will lead you from village to village. On slightly hilly terrain, you will cycle across orchards with great views of the valleys Pustertal and Eisacktal. On the way back, you can visit the Augustinian Abbey of Neustift where you will find the world's smallest Bible.

Day 4: Trip through the Eisacktal Valley 50 km + train ride

In the morning there will be a transfer by train to the Brenner Pass. From the small border town Brenner, you will cycle on a newly extended bike path, mostly along the river Eisack, first to the little village Gossensass and immediately afterwards to Sterzing, the once mighty city of the Fugger. Here you can enjoy a long break before you will continue your tour on the bike path downhill to the beautiful Castle Reifenstein and Franzensfeste with the famous fortress. From there, only a few kilometers remain on your way back to Brixen.







Day 5: Trip to Lake Varna 20 km

Slightly uphill, the trail will lead you to Lake Varna. The Kneipp facility at the city of Varna could help you to refresh your body. Because the tour is not very long, you will have enough time to take advantage of the extensive offers of the Brixen Card (cable car ride to the Plose, various museums, guided tours, hiking adventures, etc.)

Day 6: Trip through the Pustertal Valley 40-65 km + train ride

In the morning, transfer by train into the Pustertal Valley, to Brunico or Toblach. You will follow the river Rienz, cycling mostly downhill on a beautiful bike path, leaving the valley behind you. The deep green Olang reservoir is located shortly before Bruneck (local history museum). Then, the route will lead you comfortably through the lower Pustertal valley to the Mühlbacher Klause and into the Eisacktal valley and finally back to Brixen.



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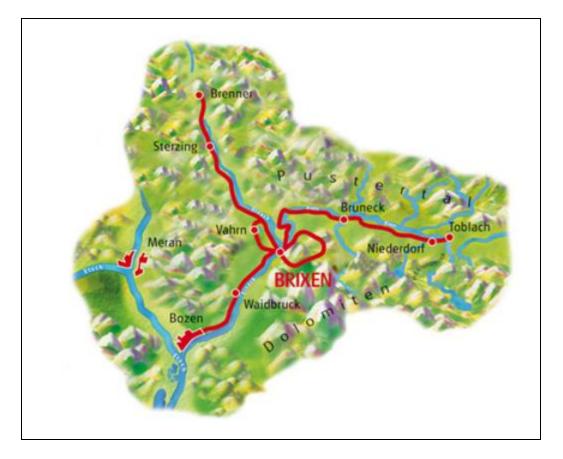
Day 7: Departure



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<u>Route</u>



Technical Characteristics:

Route Profile: Relatively Easy. You will cycle on beautiful bike paths along the rivers Eisack and Rienz. Part of the tour will be cycled on side roads; mostly downhill on paved roads. Only during the trip to Lake Varna will you have to cycle up some short ascents and on gravel roads, which are in good condition.

Distance: 205 km

Travel Season: Every day 26.04. – 05.10. Season 1: 26.04. – 09.05. | 27.09. – 05.10. Season 2: 10.05. – 23.05. | 06.09. – 26.09. Season 3: 24.05. – 05.09.

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Price per Person in Euros

	Balcony Room	Comfort Room
Season 1 Double Occupancy B&B	€ 939	€ 839
Season 2 Double Occupancy B&B	€ 1029	€ 929
Season 3 Double Occupancy B&B	€ 1079	€ 979
Surcharge Single Room	€ 409	€ 409
Surcharge half board x3	€169	€169
Rental Bike (21 or 7 gear)	€ 99	
Hybrid Bike Plus	€169	
Electric Bike	€ 269	
Extra nights	On request	

All prices subject to confirmation on booking

Accommodation:

Hotel Krone 4****

In your hotel, familiar flair and South Tyrolean hospitality are not only noticeable - you can literally embrace it. The hotel is located right in the middle between an idyllic town and a unique natural landscape. Modern and comfortable, all rooms are relaxation oases in a multifaceted holiday world. The excellent cuisine combines traditional South Tyrolean recipes with young liveliness and after a day of cycling and full of adventures, you can relax in the spa area over the roofs of Brixen with vitality pools and various saunas. This hotel is ideal for a relaxing cycling holiday.

Included:

- Accommodation at Hotel Krone in the chosen category
- Breakfast
- Excellently planned routes
- Detailed travel documents 1 per room
- Bus transfer from Brixen to Elvas including your bike
- Train journey from Bolzano to Brixen, Brixen to Brenner and Brixen to Toblach all including your bike
- Brixen Card for many free admissions and discounts
- Navigation Ap and GPS data
- Service hotline

Not Included:

• Visitors taxes payable locally



<u>Bikes</u>





From the saddle to the breaks and gears of higher quality (eg hydraulic Magura breaks HS 11, Shimano Deore XT) the 'plus' is noticeable in many parts of the bike.

Rental Bike PLUS allows for a sportier sitting posture, 27 speed gears offer maximum flexibility and a high quality Suntour suspension fork provides the best possible comfort on all paths. Of course, all our accessories are also available on Rental Bike PLUS.



<u>Hybrid Bike</u>

Unisex frame 21-gears with free wheel sizes: 56 / 51 / 46 / 43 cm Unisex 7-gears-bikes with back pedaling brake sizes: 56 / 51 / 46 cm Men's speed bikes 21-gears with free wheel and crossbar sizes: 64 / 60 / 56 "slopping" cm (note: a reservation is necessary!) Also includes Saddle bag (water-repellent), handlebar bag (water-

repellent), service-Set with tools and extra bicycle tube, pump and combination lock



Electric Bike

A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

Assisting people in realizing their touring dreams worldwide is our passion.





THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9 Toll Free 1-888-621-6818 Local 613-702-5350 TICO Ontario Registration No: 50022848