



Greece - Discover the Cyclades and Saronic Islands by E- Bike and Boat (2025)
Guided or Individual Self-Guided
8 days / 7 nights



This Cyclades & Saronic Islands trip awaits you with great contrasts and lets you experience the diversity of Greece in an impressive way: The Cyclades Islands, comprising of more than 30 islands, was the cradle of the first European civilisation 5,000 years ago. Here we also see a truly authentic side of Greece: Gleaming white cube houses with blue shutters and labyrinth-like alleys dominate the architectural character of the islands' villages and towns. Along the mostly ragged coastlines there are impressive geological formations, turquoise-blue sea, and fantastic sand beaches.

Experience Greece from its greenest side on the Saronic Islands that lie between the Greek mainland and the Peloponnese. Learn about the Greek Liberation Struggle between 1821 and 1830 without which Greece would not be as we know it today. Experience the fascinating symbiosis of antiquity and modern times by Bike & Boat and delight in the authentic beauty of the Greek Aegean.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350
TICO Ontario Registration No: 50022848



This tour is part the PLUS program. The PLUS tours offer our guests a PLUS all-round: a comfortable motor yacht, unlimited e-bike availability, as well as some pleasant surprises along the way.

Itinerary Day to Day

1st Day (Fri) Athens (Embarkation)

Individual journey to Athens (Marina Zeas/Piraeus for Thalassa resp. Marina Alimos/Palaia Faliro for Erato). Check-in on the ship is possible from 2 pm onwards. Dinner on board and overnight stay in Athens.

2nd Day (Sat) Kythnos Island (aprx. 15 mi./25 km)

Early in the morning we sail to Kythnos Island, famous for its cheese and honey since the antiquity. We begin our first cycling tour in the harbour of Merichas and head towards the island's capital, Chora. Along the way we can enjoy wonderful, scenic views of the coastline. Chora is a lovely town, situated on a high plateau.



The town's alleys are decorated with painted flowers and geometric patterns. We continue on to the picturesque village of Driopida before returning to Merichas, where we can spend the evening in one of the cozy tavernas.

3rd Day (Sun) Seriphos Island (aprx. 17 mi./28 km) – Syros Island

In the morning, our boat takes us to Seriphos, a small island far off the beaten tourist track. The island is characterised by deep valleys, countless bays and coves, and numerous beautiful sandy beaches. From the harbour town of Livadi, we cycle along a serpentine road to the island's main town of Seriphos, whose cube form houses, nestled into landscape, stretch along the mountain ridge high above the sea. From Seriphos, we continue on through untouched landscape to the Byzantine monastery of the Archangel Michael. We then return to Livadi along a panoramic road on the East coast. In the afternoon the ship takes us to Syros, where we can stroll through the breathtaking old town and round off the day in one of the numerous cafes on the spacious harbour promenade.

4th Day (Mon) Syros Island (aprx. 21 mi./34 km) – Kea Island

The town of Ermoupolis on Syros is the capital town of the Cyclades and offers an unforgettable view upon arrival: The town which is built on two hills is different from the other Cycladic towns. Pastel coloured houses, many of which have classical facades dominant the townscape. We cycle along the

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coast of Syros which is full of bays and coves along the entire southern half of the island to the beautiful beach of Galissas and then past the convent of Saint Barbara back to Ermoupolis. In the afternoon we continue by boat to the island of Kea.

5th Day (Tue) Kea Island (aprx. 15 mi./25 km)

Our starting point for exploring the north western-most inhabited Cycladic island is the beautiful natural harbour of Korissia. From here we climb up to the island's capital Ioulis before continuing on to the white sand Otzias Beach where we enjoy a refreshing swim stop. Afterwards we cycle back to Korissia, and then sail to Poros in the Saronic Gulf in the afternoon. The harbour town of Poros is truly spectacular with its iconic clock tower soaring above the rest of the town. Poros is the perfect place to enjoy a relaxing evening and get lost in the authentic Greek island atmosphere.



6th Day (Wed) Poros Island (aprx. 14 mi./23 km)

Today, we almost completely circle the entire island of Poros, which in ancient times was dedicated to the sea god, Poseidon. Shortly before the end of the tour we arrive at Russian Bay, a sandy beach with turquoise blue waters, the perfect place for a relaxing swim! Once back in Poros, we board the boat and enjoy a delicious midday meal as we cruise to Aegina.



7th Day (Thu) Island Aegina (aprx. 22 mi./35 km)

The island of Aegina is known far beyond the Greek borders for its incredible pistachio nuts! Today's bike tour takes us up to the sanctuary of Aphaia, towering high above the azure blue of the sea. The incredibly well-preserved temple is located on the only point on the island where the Aegean Sea can be seen on both sides. On our way back to the boat, we cycle across the middle of the island past the monastery of Nektarios all the way

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to the town of Aegina. Here we board the boat for our last cruise back to Athens. The last evening on board concludes with a communal dinner and last get-together in a cozy atmosphere with crew, fellow travellers, and tour guides.

8th Day (Fri) Athens (Disembarkation)

After breakfast check-out and individual return home or extended stay in Athens.

Itinerary changes

The Cyclades are relatively susceptible to wind. Normally this will only result in minor modifications of the tour route. However, should the wind be too strong or dangerous, the travel route may markedly differ from the planned route. Our substitute tour leads through the Saronic Gulf for the entire week, one of the most historic regions of Greece: We would cross between the Greek mainland and the Peloponnese and discover the islands of Aegina, Poros, Hydra, Spetses, and the Methana peninsula. A highlight of this substitute journey is a visit to the ancient Epidauros, home to the best-preserved theatre in Greece.



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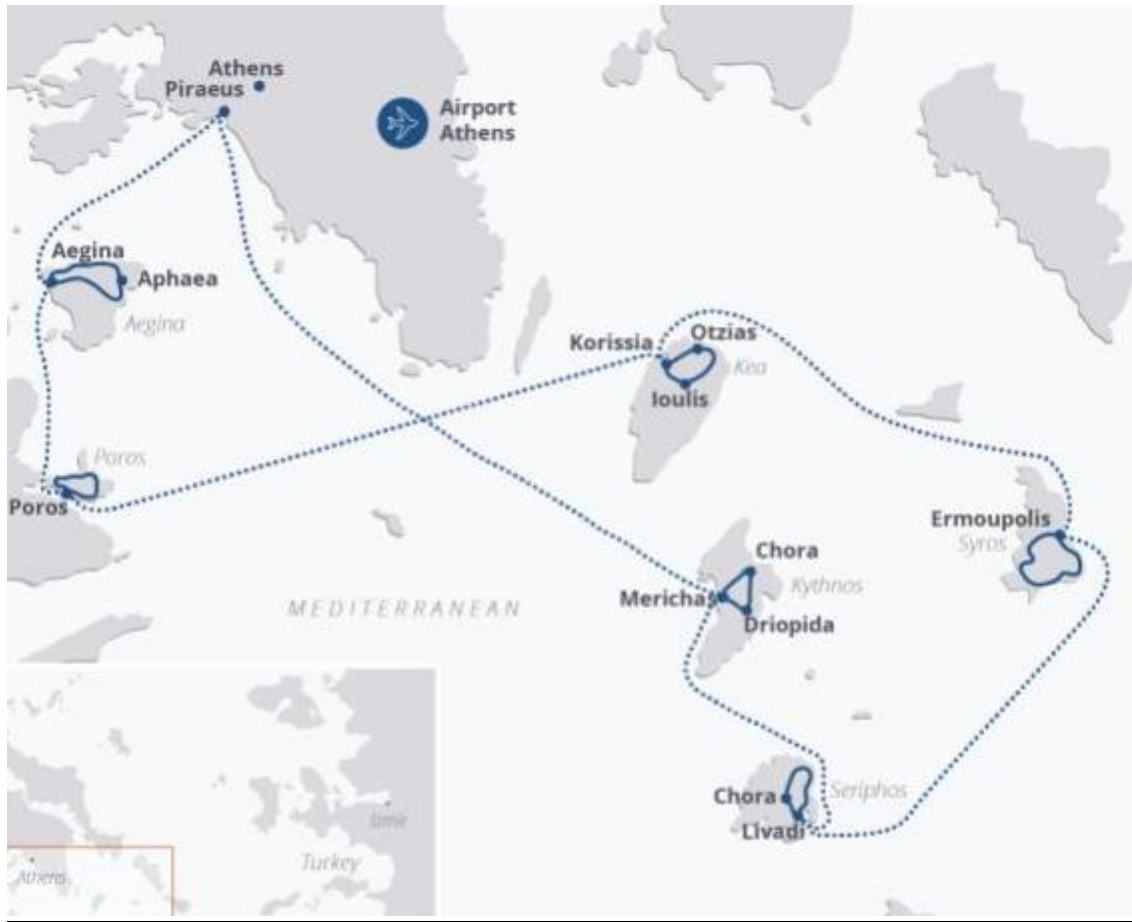
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Route



Requirements for e-bikers (level 1): E-bike tours suitable for riders with a good basic level of fitness. The tours and the elevation meters are very manageable with an e-bike (14 – 22 mi. / 23 - 35 km and 1148 – 2296 ft. / 350 - 700 elevation meters per day). The roads are mostly asphalted. Your tour guide will inform you each day about the tour details. This tour is primarily a guided group tour however, upon consultation with your tour guides, it may be possible to cycle on your own along recommended, suitable routes. You are free to set aside a half or full day to swim or spend on board the boat, instead of taking a planned cycle tour.

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Guided group pace: On our e-bike tour programs, the riding pace is determined by the cyclists on e-bikes. Guests who are taking part on these tours on a regular bicycle should have the necessary physical condition to keep up with this pace. Thank you for your understanding.

Requirement to wear a helmet

Helmets are mandatory on our bike tours. It is advised to bring your own, well fitted, helmet with you as our rental helmet numbers are limited (reservation required).

Bringing Children We believe that only children with a good physical condition and previous bicycle tour experience and a minimum age of 10 are able to master the cycle tours with their own strength. Please note that the minimum height for a rental bike is 1.50 m (5 ft.) for e-bikes.

Price reductions

- Children up to the age of 16 receive a discount of 200 euro on the tour base price (double occupancy, not combinable with other discounts).

Participants

Minimum: 14

Maximum: 18

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Dates and Prices all prices are per person in euros, subject to confirmation on booking

Dates 2025	Comments	Basic tour price per person in a twin cabin below deck
25.04. – 02.05.2025	May 1st	2,799 euro (Thalassa)
02.05. – 09.05.2025		2,799 euro (Thalassa)
02.05. – 09.05.2025		2,999 euro (Erato)
09.05. – 16.05.2025		2,999 euro (Thalassa)
09.05. – 16.05.2025		3,199 euro (Erato)
16.05. – 23.05.2025		2,999 euro (Thalassa)
16.05. – 23.05.2025		3,199 euro (Erato)
23.05. – 30.05.2025	Ascension Day	3,199 euro (Thalassa)
23.05. – 30.05.2025	Ascension Day	3,399 euro (Erato)
30.05. – 06.06.2025		3,199 euro (Thalassa)
30.05. – 06.06.2025		3,399 euro (Erato)
06.06. – 13.06.2025	Pentecost	3,399 euro (Thalassa)
06.06. – 13.06.2025	Pentecost	3,599 euro (Erato)
13.06. – 20.06.2025	Corpus Christi	3,399 euro (Thalassa)
13.06. – 20.06.2025	Corpus Christi	3,599 euro (Erato)
22.08. – 29.08.2025		3,199 euro (Thalassa)
29.08. – 05.09.2025		3,399 euro (Thalassa)
29.08. – 05.09.2025		3,599 euro (Erato)
05.09. – 12.09.2025		3,399 euro (Thalassa)
05.09. – 12.09.2025		3,599 euro (Erato)
12.09. – 19.09.2025		3,399 euro (Thalassa)
12.09. – 19.09.2025		3,599 euro (Erato)
19.09. – 26.09.2025		3,399 euro (Thalassa)
19.09. – 26.09.2025		3,599 euro (Erato)
26.09. – 03.10.2025		3,399 euro (Thalassa)
26.09. – 03.10.2025		3,599 euro (Erato)
03.10. – 10.10.2025		3,199 euro (Thalassa)
03.10. – 10.10.2025		3,399 euro (Erato)
Additional services		
Surcharge double cabin for single use		50%
Special dietary requests (lactose free / gluten free / vegan)		70 euros- booked in advance paid on board
E-bike rental		245 Euros
Limited liability protection for rental e-bikes (theft and damage)		30 euros
Collective and exclusive transfers		On request

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Additional optional services (on request)

- Additional nights in good hotels in Athens: *price on request*
- 3-day extension module Athens; available pre and post tour (incl. transfers: Airport – Hotel + Hotel - boat, 2 nights in a 3 or 4 star hotel, entrance to the Acropolis), 1 evening meal in the Tavern 'To Kafeneion' excl. drinks, 1 guided tour of your choice: either Athens by e-bike tour, Athens foodies tour or mythological walk in Athens, brochure on further recommended activities in Athens): 3* *Hotel*: 550 euro/person in a double room; 770 euro/person in a single room; 4* *Hotel*: 650 euro/person in a double room; 870 euro/person in a single room
- 4-day extension module on Santorini: available pre or post tour (incl. transfers between Santorini airport or ferry port and the hotel, 3 nights in a 3-star boutique hotel, 1 guided tour of your choice: either sea kayak tour or e-bike tour or a culinary caldera walk, brochure on further recommended activities on Santorini) - Standard: Room with land view / Deluxe: Room with sea view - *April-June & October: Standard*: 670 euro/person in a double room; 1,090 euro/person in a single room; *Deluxe*: 750 euro/person in a double room; 1,190 euro/person in a single room // *July-September: Standard*: 790 euro/person in a double room; 1,230 euro/person in a single room; *Deluxe*: 870 euro/person in a double room; 1,320 euro/person in a single room

Included services

- 8-day trip on a motorized yacht with crew
- 7 nights in a twin cabin below deck with shower/toilet
- 2 x full-board and 5 x half-board on board
- drinking water on board
- Guided bicycle tours and sightseeing as described in the itinerary
- Overview-maps for the daily bike tours (on board)
- Entrance fee to museums and archaeological sites (group visit only)
- Bed linen and towels
- English-speaking tour guide

Not included in the basic tour price

- Journey to Athens
- Beverages on board (tally sheet; to be paid to the captain)
- Meals and beverages ashore
- Entrance fee for sights not included in the tour price
- Beach towel for ashore use (if needed)
- Tips for tour guides and crew

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The Thalassa (Deluxe)



Thalassa is a beautiful three mast motor sailor where elegance and comfort combined result in one of the most majestic ships of our fleet. The tall masts make the Thalassa an eye catcher in every harbor. The saloon and the cabins are spacious and the wood finish give a noble touch. The vast deck provides plenty of comfortable sitting areas with tables and chairs available in the shade and sunning mats on the sundeck. Fitted ideally for maximum relaxation during the crossings from island to island.

The crew spoil their guests at mealtimes with a delicious selection of local specialties prepared in the ships own galley. No wonder that the favorite sound of our guests is the ringing of the mealtime bell!

Year of construction: 2002

Complete Reconstruction: 2020 - 2022

Cabin size: 9 - 12 m²

Cabin features: teak cladding, A/C, hairdryer, bathroom with a mirror, shower, washbasin and WC

Beds: double: 200 x 140 cm,

single and twin: 200 x 80 cm

Service: cabin service, mid-week towel change

Extras: stern access, quiet generator, sunning mats on the sundeck, upholstered benches at the stern, large tables with chairs on deck in the shade



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Erato (Deluxe)

The elegant motorsailer Erato offers all the comfort and luxury you could desire during your bike and boat adventure. The Bordeaux-red yacht, named after the ancient muse of lyric and love poetry, immediately captures the eye.

The cabins are clad in fine wood while the saloon offers a warm and cosy atmosphere creating a homely ambience onboard. Each of the six guest cabins below deck offers ample space, en-suite bathrooms with a shower and WC, as well as storage for your luggage.

The salon boasts a well-stocked bar and plenty of space for socialising. The outdoor area has a variety of comfortable seating and space for you to relax under the sky. The friendly, attentive crew have spent most of their lives on the water and are dedicated to helping fulfil your holiday dreams. Not to be forgotten, the Erato offers a delicious range of traditional Greek cuisine, lovingly served at every meal.

Year of construction: 2001 Cabin size: 10 - 12 m²

Cabin features: Air-conditioning, tiled bathroom with hairdryer, mirror, shower cabin, washbasin & WC

Beds: double 200 x 140 cm single and twin: 200 x 80 cm

Service: Daily cabin service, mid-week towel and bedding change

Extras: Two masts with sails, noble wooden interior, deck with cushioned benches, deck chairs, large tables and chairs on deck in the shade, WiFi

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Bikes

E-bike

All our e-bikes are high quality pedelecs, most of which are fitted with Bosch motors with extra battery range. They are characterized by their relatively light weight and great components. Some of our fleet are equipped with other motor systems. With an Islandhopping e-bike, you will be able to climb almost any hill with ease. They are a true set of wings for anyone who needs a little 'tail wind' to make their ride that little bit more enjoyable.



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT