

# Germany Switzerland - Liechtenstein - Austria Three Lakes and Four Countries Bike Tour (2025) 8 days / 7 nights Individual Self-Guided



The easy-to-drive Swiss Lakes Route stretches from the Mediterranean flair of Lake Constance to the high mountains through Germany, Switzerland, Liechtenstein and Austria. You will discover the Schaffhausen Rhine Falls on an exciting boat trip, get to know the cosmopolitan city of Zurich on Lake Zurich of the same name and cross Lake Walen by boat at the foot of the Churfirsten. In the Rhine Valley you can taste delicious wines and after a flying visit to Liechtenstein you finally take the train up to the Appenzell region, a landscape straight out of a picture book - with grazing cows on green meadows in front of the panorama of the Alps. You cycle back to Constance along the Swiss shore of Lake Constance, where you can always stop and jump into the water.



### **Itinerary Day to Day**

## Day 1: Individual arrival in Constance

You start your cycle tour in Constance, the largest city on Lake Constance. 600 years ago it was the scene of a church council and the only papal election north of the Alps. The Rhine flows out of Lake Constance here: Kilometer 0 on its way to the North Sea. A few minutes' walk from the medieval old town is the Swiss town of Kreuzlingen with a lively harbour.

### Day 2: Constance – Schaffhausen 50 km

Following the side of Lake Constance, you pedal to Stein am Rhein with its frescoed, medieval houses. Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort.

### Day 3: Schaffhausen – Zürich, approx. 55 km + train ride or 70 km

After breakfast, you cycle the short distance to the Rhine Falls, one of the largest waterfalls in Europe, which you can get very close to by boat. Afterwards you follow the valley of the Glatt, which leads you to Zurich, the fascinating Swiss cosmopolitan city. At the level of ZurichKloten Airport, you can shorten the cycle tour by taking the S-Bahn (not



included) from Rümlang station. The city of Zurich combines tradition and modernity and the well-preserved old town invites you to linger with its many cafes and bars.

#### Day 4: Zurich – Lachen, approx. 45 km

You cycle along the northern bank of Lake Zurich along the so-called golden coast to Rapperswil. Take a break here and go up to the old castle. From there you have lovely views of Lake Zurich and the countryside. From Rapperswil, you cross the lake via the dam and then cycle along the opposite bank a bit further to the small town of Lachen.

#### Day 5: Lachen – Vaduz, approx. 60 km + boat trip

Along the Linth Canal, the artificial connection between Lake Zurich and Lake Walen, you will reach the pretty town of Weesen. Here a ship takes you to the other end of Lake Walen to Walenstadt. The lake is 150 m deep, towered over by the Churfirsten by 1800 m and is ideal for swimming. Incidentally, palm trees grow on the northern shore of Lake Walen, while there is still snow on the same slope until May. You will see -the Walensee will impress you with its contrasts! After a few kilometers you will reach the valley of the Alpenrhein. From here it's on to the Principality of Liechtenstein, where you'll spend the night in Vaduz.



## Day 6: Vaduz - St. Gallen, approx. 60 km + train journey

Many impressive castles dominate the valley along the stage. The medieval town of Feldkirch, already on Austrian territory, lies at the exit of the Illtal. The town is towered over by the Schattenburg, which houses an important historic collection of weapons and is one of the best-preserved castle complexes in Central Europe. Later you cross the Rhine. Then the train will take you from Altstätten up to the Appenzellerland. Pastures and cows accompany you on the hilly path to St. Gallen, the city that has become known for its linen and embroidery trades. The baroque collegiate church from the 18th century with the associated collegiate library is particularly worth seeing. The entire St. Gallen Abbey District has been a UNESCO World Heritage Site since 1983.

## Day 7: St. Gallen - Constance, approx. 45 km

You roll comfortably downhill to Lake Constance, which you reach near Arbon. Then cycle through well-tended Swiss villages and apple orchards to Constance. Along the way you can always take a break in one of the numerous cafés or jump into the water. At the end there is still time for a visit to the Rosgarten Museum or simply let yourself be carried away in the old town of Konstanz.



Day 8: Individual journey home or extension of stay
After breakfast, you start your individual return journey home or
extend your stay.



#### Route



## **Technical Characteristics:**

**Tour Profile:** Relatively Easy. Mostly along dedicated cycle paths or on bike lanes. Usually level ground, but slightly hilly in Appenzeller Land.

**Distance:** 310/325

Travel Season: Arrival Sunday 27.04. - 25.05

Daily arrival 01.06. – 28.09 Season A 27.04. 21.09. – 28.09. Season B 04.05. 11.05. 07.09. – 20.09. Season C 18.05. 09.06. – 04.07. 17.08. – 06.09. Season D 25.05. 01.06. – 08.06. 05.07. – 16.08.



<u>Price per Person:</u> all prices subject to confirmation on booking

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Double Occupancy Season A B&B	€ 1099
Double Occupancy Season B B&B	€ 1249
Double Occupancy Season C B&B	€ 1399
Double Occupancy Season D B&B	€ 1529
Surcharge Single Room	€ 349
Bike Rental Unisex 27 speed	€ 99
Bike Rental sporty bike 30 gear	€ 169
E-Bike	€ 269
Extra Nights Constance Double Occupancy (B&B)	€ 75
Extra Nights Constance Single Occupancy (B&B)	€ 115

## **Accommodation:**

3\* Hotels in local level

## **Included:**

- 7 nights with breakfast, national 3\* level
- Train ride Altstätten Gais incl. bike
- Boat trip to the Rhine Falls Rock
- Admission to the Rosgartenmuseum Konstanz incl. 1 coffee
- Luggage transport from hotel to hotel, no limit on the number of pieces, max. 20 kg / piece
- Travel documents with maps (1 x per room)
- Boat trip Weesen Walenstadt incl. bike
- Service hotline (7 days, 8 a.m. to 8 p.m.)

# **Not Included:**

City or visitor's tax (if payable)
 Train ride Rümlang – Zurich, approx. 15 CHF per person incl. bike

#### **Bikes**

## **Equipment on rental bikes**

Comfortable saddle ¬ Bike lock ¬ Luggage rack ¬ Odometer ¬ Air pump ¬ Hub dynamo ¬ Breakdown kit (1 x per booking) ¬ Unflat Schwalbe Marathon Plus tyres or comparable ¬ Waterproof pannier ¬ Waterproof handlebar bag with map holder

## Hybrid/Treking bike

- 8-gear -hub gears with back-pedal brakes
- 27-gear derailleur gears with free-wheel
- Unisex bikes with low step-through: suitable for heights between 1.45 m and 1.90 m
- Men's bikes: from a height of 1.75 m

#### E-bike

- 8-speed electric bike with freewheel and hub gears
- Unisex frame: suitable for heights from 1.45 m
   Minimum age for e-bike rental: 16 years

## Sporty 30-gear bikes

- Sporty seating position
- 30-speed Shimano XT derailleur gears
- Hydraulic disc brakes
- Suspension seat post
- Trapezoidal frame: suitable for body sizes from 1.60 m to 1.80 m
- Diamond frame: suitable for body sizes from 1.80 m to 1.95 m

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#### THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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