



Germany - Switzerland - Austria - Lake Constance Discovery Cycle Tour (2025)

Individual Self-Guided

12 days/ 11 nights



Experience an enjoyable cycling holiday on this tour between the Pfänder summit and the Rhine Falls, the flower island of Mainau and the Appenzeller Land! Many of the numerous attractions along the way are already included in the tour price. You cycle with plenty of time from Constance to Schaffhausen, then via Lindau and Bregenz to St. Gallen. Whether it's the pile dwellings, the Mainau or the Zeppelin Museum - you can relax and explore the most famous sights around the lake.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848

Itinerary Day to Day

Day 1: Individual arrival in Constance

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.

Day 2: Constance – Gailingen / Stein am Rhein, approx. 35 / 25 km + Schiffahrt

The first highlight is the island of Reichenau, a UNESCO World Heritage Site and well-known for the vegetables produced here. You cross over the Hõri peninsula by boat. Along the High Rhine you cycle into the medieval town of Stein am Rhein with its many frescoed houses. Depending on where you are staying the night, you cross the border again for Gailingen either during the afternoon or the next morning.

Day 3: Day trip to the Rhine Falls, approx. 30 / 50 km + boat trip

Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort. After just a few kilometres you get to the Rhine Falls, one of Europe's biggest water falls. Going upstream along the Rhine, you return to Gailingen or Stein am Rhein.



Day 4: Stein – Constance, approx. 40 / 30 km

Along the southern bank of the lake, you cycle through picturesque Swiss fishing villages back to Constance. If you still have some pedal power in your legs, we can recommend a detour to Arenenberg Castle, former residence of the French Emperor Napoleon III.



Day 5: Constance – island of Mainau – Radolfzell, approx. 30 km

First you explore the „flower island“ of Mainau. Bikes are not allowed on the island: simply park at the entrance and access the island via the bridge. Next a short cycle takes you via Allensbach to the former Imperial and now spa town of Radolfzell.



Day 6: Radolfzell – Uhldingen / Meersburg, approx. 35 / 40 km

From here, you cross the Bodanrück range of hills and encounter a very short incline. Arriving at the so-called Überlinger See, part of Lake Constance, you are rewarded for your efforts with beautiful views of the lake, known here as the Swabian Sea. Enjoy a break in Überlingen and an ice cream on the pretty promenade. In Uhldingen, you visit a reconstructed pile dwelling and learn how settlers lived on Lake Constance in the Stone and Bronze Ages

Day 7: Meersburg – Friedrichshafen, approx. 25 / 20 km

In Meersburg, make sure you take some time to stroll through the lovely old town. A guided tour of castle Meersburg is also a fascinating experience. Today's destination, Friedrichshafen, has a great Zeppelin Museum we can recommend visiting. It tells you everything there is to know about the history of these air ships.



Day 8: Friedrichshafen – Bregenz, approx. 40 km

Today, the tour takes you through extensive orchards to the Bavarian town of Lindau, where you should not miss visiting the old town - situated on an island. Now it's just a few kilometres to Bregenz, the capital. town of the Vorarlberg region of Austria and famous for its annual festival on the world's largest lake-stage.

Day 9: Bregenz – Pfänder – St. Gallen, approx. 50 km + train ride

In the morning you visit the Pfänder, Bregenz' „own“ mountain. After that it's time to get back on your bike: to cycle along the Alpenrhein to Altstätten. A train takes you up into Appenzeller Land and then you pedal through absolutely stunning Swiss countryside to St. Gallen.

Day 10: Free time in St. Gallen or hiking in Appenzell

Today, you leave your bike at your accommodation and explore St. Gallen. The Abbey Church library is considered one of the most important historic libraries in the world. It is home to about 160,000 books - one of which is the oldest German book. We can also recommend a hike in the local area.

Day 11: St. Gallen – Constance, approx. 45 km

Enjoy the downhill stretch to Lake Constance and your arrival near Arbon. Following the banks of the lake almost all the way, you cycle through apple orchards and the small towns of Arbon and Romanshorn back to Constance. This stretch is flat and easy to cycle, unless in a stronger westerly wind. You will frequently pass places where you can go swimming and refresh yourself in the lovely cool waters of the lake.

Day 12: Individual departure

After breakfast you start your individual return journey home or extend your stay





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Route



Technical Characteristics:

Route Profile: Relatively Easy. Sometimes hilly, sometimes level ground, with dedicated cycle paths and bike lanes.

Distance: 345 km

Travel Season: Departures daily from April 23 to October 3

Season A 09.04. 03.10.

Season B 10.04. 11.04. 23.04. – 25.04. 04.05. – 09.05. 21.09. – 02.10.

Season C 16.04. – 18.04. 26.04. – 03.05. 10.05. – 23.05. 22.06. – 04.07. 24.08. – 20.09.

Season D 24.05. – 21.06. 05.07. – 23.08.

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Price per Person in Euros: *all prices subject to confirmation on booking*

Double Occupancy Season A B&B	€ 1499
Double Occupancy Season B B&B	€ 1749
Double Occupancy Season C B&B	€ 1999
Double Occupancy Season D B&B	€ 2149
Surcharge Single Room	€499
Rental Bike (27 gear)	€ 99
E-Bike	€ 269
Sporty bike rental	€169
Extra Nights B&B	On request

Accommodation: Overnight stay in local hotels in 3*/4*

Included:

11 nights with breakfast, national 3* / 4*-level

- Train ride Altstätten – Gais incl. bike
- Cable car return ride to the Pfänder excl. bike
- Boat trip to the Rhine Falls rock
- Entrance to the Lake Dwelling Museum Unteruhldingen
- Entrance to Rosgarten museum Constance incl. 1 cup of coffee
- Entrance Zeppelin Museum Friedrichshafen
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Boat trip Reichenau – Gaienhofen incl. bike
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not Included:

Entrance to Mainau Island

- Citys or visitors tax, if payable

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Bikes

Equipment on rental bikes

Comfortable saddle – Bike lock – Luggage rack – Odometer – Air pump – Hub dynamo –
Breakdown kit (1 x per booking) – Unflat Schwalbe Marathon Plus tyres or comparable –
Waterproof pannier – Waterproof handlebar bag with map holder

Hybrid/Trekking bike

- 8-gear -hub gears with back-pedal brakes
- 27-gear derailleur gears with free-wheel
Sizes
- Unisex bikes with low step-through:
suitable for heights between 1.45 m and 1.90 m
- Men's bikes: from a height of 1.75 m

E-bike

- 8-speed electric bike with freewheel and hub gears
- Unisex frame: suitable for heights from 1.45 m
Minimum age for e-bike rental: 16 years

Sporty 30-gear bikes

- Sporty seating position
- 30-speed Shimano XT derailleur gears
- Hydraulic disc brakes
- Suspension seat post
- Trapezoidal frame: suitable for body sizes from 1.60 m to 1.80 m
- Diamond frame: suitable for body sizes from 1.80 m to 1.95 m

Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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