



Germany - Main Bike Trail - Bamberg – Aschaffenburg (2025)

8 Days/ 7 Nights

Individual Self-Guided



Culture and movement...what more could you want? You can feel lucky, because the cycle tour from Bamberg to Aschaffenburg is all about a varied landscape and impressive cultural hotspots. The Main Cycle Path begins in beautiful Bamberg. After a leisurely tour of the city, you cycle along the Main on the bike. Between grand castles and palaces, magnificent churches and dark green forests you can explore the diverse region between Bavaria and Hesse. Your constant companion and guide: the Main!

There is almost no more culture and history than on the Main Cycle Path. One thing is clear: the landscape along the Main is one of the most culturally rich regions in Bavaria and Hesse. Through the Franconian wine country, you cycle to the charming towns on the Main. The Imperial city of Bamberg, the city of Würzburg, Miltenberg and Ochsenfurt, to name a few, are among the most beautiful stops on your cycle tour.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848

Of course, one thing can't be forgotten: culinary delights! Because Franconia has a lot to offer when it comes to cuisine. Cosy beer gardens, Franconian wine bars and regional delicacies will make your heart beat faster. Our recommendation: just dive in and enjoy!

Day by Day

DAY 1- Arrival in Bamberg

Start the trip with a walk of the city of Emperor Heinrich II, who dreamed of Bamberg, realised and loved it and who was interred in the dome.



DAY 2 Bamberg – Schweinfurt approx. 60 km

You will be cycling through the valley, following the Main. Today's stage will take you through wine villages and orchards along the river. Later, you will cycle through Haßfurt and finally reach Schweinfurt in Lower Franconia, with its beautiful Holy Trinity church.

DAY 3 Schweinfurt – Kitzingen approx. 60 km

In the pilgrimage church Maria im Weingarten, which was built in the 15th century, you will find

the famous floating Madonna in the Rosary by Riemenschneider. Volkach is the centre of the Maindreieck wine region. The Main continues meandering along the valley towards Kitzingen, which is famous as it boasts the oldest wine cellar in Germany.

DAY 4 Kitzingen – Zelligen/Karlstadt approx. 55/65 km

Würzburg is, without doubt, the highlight of today's section. Marienberg Castle sits high up above this Baroque town of culture. Take enough time to visit some of the many sights, such as the old Main Bridge or the Chapel of our Lady. Never far from the river banks, the well-established Main cycle path now takes you to little Veitshöchheim with its famous rococo gardens and summer residence of the Würzburg bishops.





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Day 5: Karlstadt – Marktheidenfeld, approx. 50 km

The Main triangle is now followed by the Main quadrangle, the first corner of which is Gemünden. Here you are already in the Spessart nature park, which you can overlook wonderfully from the ruins of Scherenburg. The route then continues in ever tighter curves through wooded hills. Near Rothenfels, the Romanesque castle watches over the narrow valley and your path; Marktheidenfeld, situated between the Main and Spessart rivers, is entirely under the sign of Franconian wine culture.

**Day 6: Marktheidenfeld – Bürgstadt /
Miltenberg, approx. 55 km**

Behind the next bend of the river, the view falls on Stadtprozelten, where one of the most beautiful castle ruins of the Main is enthroned above the city, the Henneburg. With Freudenberg you reach a recognized recreational resort, which, in addition to Kneipp facilities, a bathing lake and the historic town centre, also has a castle ruin from the late 12th century to offer.



Day 7: Bürgstadt – Aschaffenburg, approx. 50 km

In Miltenberg, the „Schnatterloch“, one of the most picturesque German squares and world-famous photo motif, and the „Riesen“ inn are particularly famous. Next you head for the small town of Klingenberg and its vineyards, wine cellars and so-called „Heckenwirtschaften“ - wine taverns that open seasonally. The „glide“ along the Main cycle path to the „Spessart Metropolis“, Aschaffenburg. From afar already, the four towers marking each corner of Johannisburg Castle show you the way. Impressive historical buildings bear witness to the historical importance of Aschaffenburg.

DAY 8 Departure or extension

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Route



You cycle almost 100% on cycle path along river Main, mainly flat and no major climbs. We recommend this tour for beginners and families. You will cover around 335 kilometres over eight days. The daily stages are between 40 and 65 kilometres. In short: this cycle tour is ideal for beginners.

Departures

Daily April 5- October 12

Season A 05.04. 12.10.

Season B 06.04. – 11.04. 21.04. – 25.04. 04.05. – 09.05. 21.09. – 11.10.

Season C 12.04. – 20.04. 26.04. – 03.05. 10.05. – 23.05. 22.06. – 04.07. 24.08. – 20.09.

Season D 24.05. – 21.06. 05.07. – 23.08

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Prices

per person double occupancy in Euros

All prices subject to confirmation on booking

Season	A	B	C	D
Double occupancy CAT A	€899	€1039	€1139	€1239
Surcharge single room	€299	€299	€299	€299
Double occupancy CAT B	€ 749	€899	€999	€1099
Surcharge single room	€ 249	€ 249	€ 249	€ 249
Additional nights	On request			
Rental bike 8 or 27 gear	99 €			
E-Bike rental	269 €			

Category A: hotels of 3***- and 4****-level

Category B: hotels, inns, and guest houses of 2**- and 3***-level

Included:

- Accommodation in your selected category
- Breakfast
- Luggage transfer between the hotels max 20kg
- Detailed travel documents 1x per room (German, English, Dutch with route maps, route descriptions, local attractions, important telephone numbers)
- Service hotline 8am to 8pm

Not Included:

- Bike rental, including rental bike insurance
- Tourist tax if due

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Bikes

Equipment on rental bikes

Comfortable saddle – Bike lock – Luggage rack – Odometer – Air pump – Hub dynamo –
Breakdown kit (1 x per booking) – Unflat Schwalbe Marathon Plus tyres or comparable –
Waterproof pannier – Waterproof handlebar bag with map holder

Hybrid/Trekking bike

- 8-gear -hub gears with back-pedal brakes
- 27-gear derailleur gears with free-wheel
- Sizes
- Unisex bikes with low step-through:
suitable for heights between 1.45 m and 1.90 m
- Men's bikes: from a height of 1.75 m

E-bike

- 8-speed electric bike with freewheel and hub gears
 - Unisex frame: suitable for heights from 1.45 m
- Minimum age for e-bike rental: 16 years

Assisting people in realizing their touring dreams worldwide is our passion.

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THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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