



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Germany - Bavarian Lake Road Bike Tour (2025)**  
**Individual Self-guided**  
**7 days / 6 nights**



On the edge of the Bavarian Alps you will find a wonderful landscape with rivers, lovely lakes and mountain. The area is also called “the blue land”. The tour starts in the famous city of Garmisch Partenkirchen with the highest mountain in Germany (Mount Zugspitze) and alpine ski races in winter time. You will follow the river trail along the Isar river passing the lake Tegernsee and the spa city of Bad Tölz. Passing by the farmland and many little hamlets you will cycle through the hilly countryside just outside of Munich. Expect the real Bavaria with its churches, beer gardens, monastery and rich landscape.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



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### Itinerary Day to Day

#### **Day 1: Arrival Garmisch Partenkirchen**

Overnight stay in Garmisch Partenkirchen



#### **Day 2: Garmisch Partenkirchen – Isar valley – Lake Tegernsee - Bad Tölz 95 km + 1031 m - 1091 m**

Right after Garmisch the first climb will start and lasts about 11 km! Afterwards you will follow the young Isar River to the barrage of Sylvenstein. Again a short ascent and you will come to the well-known lake Tegernsee which is quite popular in Bavaria. Many rich people from Munich have their weekend house there and therefore you may see some famous people. Afterwards you cycle through farmland to the small city of Bad Tölz where you find a wonderful main square with old house, restaurants and coffee houses. Overnight stay in Bad Tölz.

#### **Day 3: Bad Tölz – Munich – Bad Tölz 105 km +/- 1100 m Optional: Train to Munich – cycle tour back to Bad Tölz 70 km +/-600 m**

You will cycle through the slightly hilly landscape just outside of Munich with hamlets and farmland. Looking back you will already see the Bavarian Alps. If you start in Munich you will cycle through the Perlacher Forest until you reach the open land with views to the Alps. Overnight stay in Bad Tölz.



#### **Day 4: Bad Tölz – Lake Walchensee – Lake Kochelsee – Murnau 85 km +943 m - 911 m**

This time you will cycle the Isar valley upwards until you reach the lake Walchensee. Passing a smaller mountain pass it will go downwards in serpentine to the lake Kochelsee. Afterwards you will cycle along the marchland of Murnau which offers nice views and many wild flowers. Overnight stay in Murnau/surroundings.



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**Day 5: Roundtrip tour into the “blue country” 80 – 100 km +/- 1100 m**

Today you cycle more or less from lake to lake but you don't see all of them. There are not always roads leading to the lakes because it is a nature reserve. Most of the day there will be an up and down but never too much with views over the lakes. Along the trail you will find lovely hamlets, old fashioned beer gardens and views of the Alps. Overnight stay in Murnau/surroundings.

**Day 6: Murnau – Oberammergau – Lake Eibsee - Garmisch Partenkirchen 90 km + 1250 m - 1085 m**

You start cycling along the lake Staffelsees and will pass a soft hilly area. Afterwards you will come to the well-known Oberammergau (production of a passion play) where you also could visit the castle of “Schloss Linderhof”. Passing a demanding mountain pass you will come back to Garmisch Partenkirchen but first you will cycle back to Lake Eibsee which is at the edge of Mount Zugspitze. There is a cable car running up to the summit with a small glacier and view to the Alps. Staying on the highest point in Germany might be a good end of the road cycle tour. Overnight stay in Garmisch Partenkirchen.



**Day 7 Departure from Garmisch Partenkirchen**



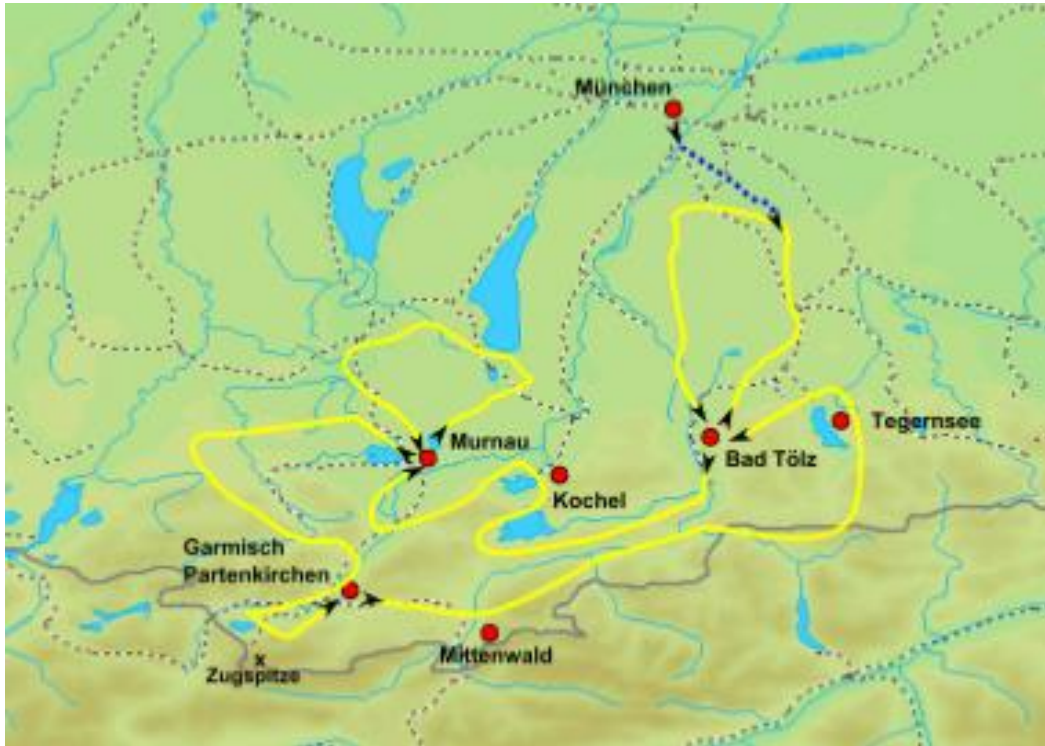
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### Route



### Technical Characteristics:

**Route Profile:** Relatively Difficult. You will cycle through a slightly hilly area passing wonderful lakes and villages. On the first days the landscape will be more alpine and afterwards softer with many lakes. For this tour we expect a good basic fitness and for the longer option you should be fit. There will be some steeper ascents which are not very long and steep descents to pass. Most of the time there are small hills to climb up and afterwards it goes down again.

**Distance:** 455 km

**Travel Season:** Departures daily from April 27 to October 12 High season May 16-Sept 14  
Min 2 travelers

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**Price per Person:** *all prices subject to confirmation on booking*

Double Occupancy	€ 995
Single Occupancy	€1310
Double Occupancy High Season	€1075
Single Occupancy High Season	€1485
Supplement Single Traveler	€ 210
Road Bike Rental Carbon Frame 5 days (supplement for helmet, pedals paid and booked with cycle shop )	€ 285
SPD pedals	€20
Extra Nights Garmisch Partenkirchen Double Occupancy B&B	€ 110
Extra Nights Garmisch Partenkirchen Single Occupancy B&B	€ 155

**Included:**

- 4 nights in 3 star hotels and guesthouses with breakfast  
2 nights 4 start or superior 3 star hotel with breakfast
- Cycle tour book with regional leaflets
- Luggage transfer from hotel to hotel
- Hotline
- GPS data

**Not included:**

- Cable car mount Zugspitze
- Train to Munich





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**Bikes**

Bergamont Carbon Road Cycles or similar



*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**  
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