



**Germany – Switzerland – Austria - Lake Constance & Rhine Falls Cycle Tour (2025)**

**8 Days/ 7 Nights**

**Individual Self-Guided**



This tour offers you the full experience of Lake Constance: The stages, that are mostly easy to cycle, lead you through one of the most beautiful holiday regions of Germany, Austria and Switzerland. You cycle mostly along the shore of Lake Constance and get to know the small dreamy villages, medieval towns and the Baden-Swabian lifestyle. Finally, you encounter the Rhine falls in Schaffhausen, one of the biggest waterfalls in Europe – impressive!

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350 TICO Ontario Registration  
No: 50022848



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### Itinerary Day to Day

#### **Day 1: Individual arrival in Constance**

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum



#### **Day 2: Constance – Überlingen, approx. 45 km (Cat A), Constance – Ludwigshafen / Überlingen, approx. 35 – 55 km (Cat B)**

First, you cycle along the “Gnadensee” to the former Imperial town of Radolfzell, now a spa resort. From here, you cross the “Bodanrück” range of hills and encounter a very short incline. Arriving at the so-called Überlinger See, part of Lake Constance, you are rewarded for your efforts with beautiful views of the lake. In the evening enjoy a stroll along Überlingen’s pretty promenade.

#### **Day 3: Überlingen – Kressbronn / Lindau, approx. 45 / 60 km (Cat A), Überlingen – Kressbronn / Nonnenhorn, approx. 45 – 60 km (Cat B)**

Your journey today takes you along the Obersee. First, make a stop at the pilgrimage church of Birnau. Situated amidst vineyards, the forecourt of the splendidly decorated baroque church offers a wonderful view over the lake. Visit the pile-dwelling museum in Unteruhldingen, Germany's oldest inhabited castle in Meersburg, and be impressed by the largest collection on the history of aviation in Friedrichshafen. The old town of Lindau is located on an island. Enjoy the view of the Alps at the harbor - in the foreground the town's landmarks: the Bavarian Lion and the 33-meter-high lighthouse.

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**Day 4: Kressbronn – Höchst / Horn / Arbon, approx. 30 – 55 km (Cat A), Kressbronn – Höchst / Rorschach, approx. 30 – 55 km (Cat B)**

Not far from Lindau, you will pass the border to Austria almost unnoticed. Take a break in Bregenz and take the cable car up to the Pfänder, the local mountain of the festival city - including a fantastic view of Lake Constance and over 200 Alpine peaks. Just a stone's throw from Bregenz, you'll cross the Bregenzer Ach river at Hard as well as the Alpenrhein river. Welcome to Switzerland!

**Day 5: Arbon – Konstanz, approx. 30 km (Cat A), Höchst – Konstanz, approx. 40 / 50 km (Cat B)**

Your tour today takes you through Romanshorn with the largest Lake Constance port in Switzerland. The tour continues along Lake Constance back to Constance. End the day with a stroll through the old town or an ice cream at the harbour.

**Day 6: Konstanz – Schaffhausen, approx. 50 km,**

Following the side of Lake Constance, you pedal to Stein am Rhein with its frescoed, medieval houses. Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort.



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**Day 7: Schaffhausen – Rhine Falls – Constance, approx. 45 km + boat trip,**

After breakfast, cycle the short distance to the Rhine Falls, one of Europe's biggest water falls. Cycling up the Rhine you go back to Stein am Rhein and then follow the Höri semi-peninsula. At Gaienhofen you go aboard the ferry which takes you to the island of Reichenau. From there it's only a few kilometres back to Constance.

**Day 8: Individual departure**

After breakfast you start your individual return journey home or extend your stay



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## Route



## Technical Characteristics:

**Route Profile:** Relatively Easy. The path sometimes follows brief sections that are unpaved; around Friedrichshafen the cycle path is alongside the main road. The banks of the lake are widely accessible to the public. Suitable for families.

**Distance:** 290-310 km

**Travel Season:** Departures daily from April 26-Oct 5

Season A 05.04. 05.10.

Season B 06.04. – 07.04. 21.04. 04.05. – 09.05. 21.09. – 04.10.

Season C 12.04. – 14.04. 19.04. 20.04. 26.04. – 03.05. 10.05. – 23.05. 22.06. – 04.07. 24.08. – 20.09.

Season D 24.05. – 21.06. 05.07. – 23.08.



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**Price per person in Euros:** all prices are subject to confirmation on booking

	Category A	Category B
Double Occupancy Season A B&B	€ 1049	€ 849
Double Occupancy Season B B&B	€ 1199	€ 999
Double Occupancy Season C B&B	€ 1399	€ 1149
Double Occupancy Season D B&B	€ 1449	€ 1249
Surcharge Single Room	€ 349	€ 249
Rental Bike (8 / 27 gear)	€ 99	
Sporty Rental Bike	€ 169	
E-Bike	€ 269	
Extra Nights Constance Double Occupancy B&B	€ 85	€ 65
Extra Nights Constance Single Occupancy B&B	€ 139	€ 105
Extra Nights Lindau / Kressbronn Double Occupancy B&B	€ 99	€ 59
Extra Nights Lindau / Kressbronn Single Occupancy B&B	€ 139	€ 89
Extra Nights Schaffhausen Double Occupancy B&B	€109	€ 89
Extra Nights Schaffhausen Single Occupancy B&B	€ 169	€ 129
Extra Nights Rorschach / Arbon Double Occupancy B&B	€ 99	€ 75
Extra Nights Rorschach / Arbon Single Occupancy B&B	€ 149	€ 115

**Hotels:**

Category B: 2\* / 3\* level

Category A: 3\* / 4\* level

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**Included:**

- 7 nights with breakfast, national 2\* / 3\*-level (Cat B)
  - 7 nights with breakfast, national 3\* / 4\*-level (Cat A)
  - Boat trip to the Rhine Falls rock
  - Entrance to Rosgarten museum Constance incl. 1 cup of coffee
  - Luggage transport from hotel to hotel, max. 20 kg / piece
  - Cycle route description with maps (1 x per room)
  - Boat trip Gaienhofen – Reichenau incl. bike –
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

**Not Included:**

- Visitors' taxes, if applicable, payable locally.



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## Bikes

### **Equipment on rental bikes**

Comfortable saddle – Bike lock – Luggage rack – Odometer – Air pump – Hub dynamo – Breakdown kit (1 x per booking) – Unflat Schwalbe Marathon Plus tyres or comparable – Waterproof pannier – Waterproof handlebar bag with map holder

### **Hybrid/Treking bike**

- 8-gear -hub gears with back-pedal brakes
- 27-gear derailleur gears with free-wheel  
Sizes
- Unisex bikes with low step-through:  
suitable for heights between 1.45 m and 1.90 m
- Men's bikes: from a height of 1.75 m

### **E-bike**

- 8-speed electric bike with freewheel and hub gears
- Unisex frame: suitable for heights from 1.45 m  
Minimum age for e-bike rental: 16 years

### **Sporty 30-gear bikes**

- Sporty seating position
- 30-speed Shimano XT derailleur gears
- Hydraulic disc brakes
- Suspension seat post
- Trapezoidal frame: suitable for body sizes from 1.60 m to 1.80 m
- Diamond frame: suitable for body sizes from 1.80 m to 1.95 m

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT US**

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