



**Germany – France -Mainz to Strasbourg Bike and Barge Tour (2025)**  
**Individual Self-guided**  
**8 days / 7 nights**



The Rhine cycle route provides fine views over the Rhine, which has often been immortalised in story and song, as well as over untouched riverside forests in rich varied fauna and flora. The cycleway also leads through picturesque towns, villages and winegrowing areas. The region boasts a wealth of popular touristic destinations and cultural sites as well as of culinary specialties. You cannot miss a short detour to the Neckar River and to Heidelberg, a marvellous city steeped in history. Words are useless to describe the beautiful landscape, the unique cultural sites and the regional delicacies: you simply have to experience them yourself!

### Itinerary Day to Day

#### **Day 1: Mainz**

Individual arrival to Mainz. Embarkation will at 4:00pm. There may be time to explore the capital of Rhineland-Palatinate with its lovingly restored half-timbered houses and the Romanesque Cathedral of Saint Martin.

#### **Day 2: Mainz - Nierstein, Cycle Tour 17-26 km; Boat Tour Nierstein - Worms**

A short cycle leg and plenty of time for one to indulge oneself: Cycle on the Rhine Cycle Route with its well paved cycle ways directly alongside the Rhine to Nierstein. With almost 1,000 hectares of viticulture area, Nierstein is home to the largest wine growing community on the Rhine. Visit the historic Old Town with its medieval market square and the noble houses. In the afternoon, sail from Nierstein to Worms. Guests, who would like to cycle a longer stretch, can start the bike ride in Mainz and ride to Worms (60 km).



#### **Day 3: Worms-Mannheim, Cycle Tour approx. 26km**

In the Imperial city of Worms, set off for today's cycle leg. Enjoy riding through vast fields and meadows. The beautiful cycle trail across the Friesenheim Island offers a high contrast to the opposite Rhine bank dominated by the BASF plant. A few kilometres further on, you will reach the confluence of the rivers Rhine and Neckar in Mannheim, where your ship will already be waiting for you. Make the most of the afternoon, and take a stroll through Mannheim, the City of Squares, up to the Baroque castle.

#### **Day 4: Mannheim-Heidelberg-Mannheim, Cycle Tour approx. 52 km**

Today, follow the course of the marvellous Neckar River up to Heidelberg. The ancient Roman city of Ladenburg with its historic Old Town is worth a short stop-over. Visible already from afar, the ruin of the Heidelberg Palace towers over the Old Town. Stroll across the famous Heidelberg Sandstone Bridge, or through the winding lanes and charming squares of the Old Town. Your way back leads through the heart of the Electoral Palatinate along the Kurpfalzroute cycle way to Schwetzingen Palace. The palace garden is a perfect place for a short break before continuing along the Rhine Cycle Route to Mannheim, where you reach back to the buzzing city life



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**Day 5: Mannheim – Speyer 27 km**

Alongside the numerous oxbow lakes of the Old Rhine leads the way to today's destination – the cathedral city of Speyer. Enjoy a short bike ride through unspoilt nature, areas that are designated as natural nature reserves and natural flood plains. The Speyer cathedral was added to the UNESCO World Heritage list in 1981.



**Day 6: Speyer–Germersheim, Cycle Tour approx.22 km/ Boat tour Germersheim–LockGamsheim**

Along the old Rhine ox-bow lakes cycle through the unspoilt nature of the Palatinate region. Look forward to visiting the old fortified city of Germersheim with its numerous quaint lanes, corners and squares. Enjoy the boat tour to Gamsheim while having a fine glass of wine on deck or in the saloon, replaying the events of the day.

**Day 7:Lock Gamsheim–Strasbourg, Cycle Tourapprox.18 km**

On your last bike tour stretch, cycle in an easy pace directly alongside the river through the gentle Rhine plain until you reachthe capital of the Alsace, the city of Strasbourg with its countless channels. Stroll to the Strasbourg Minster, the landmarkofthe city, through the picturesque Tanners' Quarter with its small historic half-timbered houses and enjoy a piece of French joiede vivre while your journey slowly comes to an end.

**Day 8: Departure from Strasbourg**

After breakfast disembarkation until 9:00 a.m .Individual journey home



**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com)** Toll Free 1-888-621-6818 Local 613-702-5350

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### Route



### Technical Characteristics:

**Tour Profile:** Easy. The quality of the cycle ways along the route is excellent. Most of the stretches are paved or asphalted, and lead alongside the Rhine dikes without any gradients of note. This makes the trip suitable even for unpractised cyclist.

**Distance:** 170 km

**Travel Season:** **Saturday departures from Mainz:** May 24 and June 21  
**Saturday departures from Strasbourg:** May 31 and June 28

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**Price per Person in Euros, double occupancy** -all prices subject to confirmation on booking

Two Bed Cabin Main Deck	€ 1249
Two Bed Cabin Upper Deck	€ 1449
Two Bed Cabin Upper Deck Astern*	€ 1399
Supplement Two Bed Cabin for Single Use (limited number)	+30%
One Bed Cabin Upper Deck	€ 1499
Bike rental (7 speed unisex bicycle, with hand or pedal brake, pannier bag)	€ 89
E-bike with free wheel (must be booked in advance, limited number)	€ 199
Bring own bike-limited spots	€239

\*Cabins at rear of the ship; perceptive engine and generator noise (when ship is in motion and in locks)

**Included:**

- 7 nights in outside cabin with shower/WC in the booked category
- Program according to itinerary
- Welcome drink
- Full meals (7x breakfast, 6x light lunch on board (non-cyclists) or packed lunch for cyclists, 6x afternoon coffee and tea, 7 x dinner)
- Daily cabin cleaning, change of bedding and towels when required
- Port fees
- Daily information meeting
- Tour guide on board (does not cycle with group)
- Digital travel documents via GUIBO-App incl. GPS tracks for cycle tours

**Not Included:**

- Arrival and departure
- Shuttles
- Entrance fees and excursions
- Ferry fares
- Drinks on board
- Insurance
- Tips (at your discretion)

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### The cruise ship MS Olympia



Comfortable and cosy river ship with family environment. The ship was refurbished in 2015/2016. The panoramic salon with bar in gentlemen club style and the bright and friendly restaurant are waiting for you to pass relaxing hours here. A spacious, partly shaded sun deck and storage space for bicycles. A total of 49 comfortable outside cabins for a maximum of 96 guests. Main deck: 21 two bed cabins (about 11 sqm). Upper deck: 22 two bed cabins (about 11 sqm), 4 cabins of bigger size at the stern of the ship (12 sqm, 3 of which feature twin beds; during the trip increased noise perception) as well as two single cabins about 9 sqm). All cabins boast en-suite bathroom, hair dryer, telephone, TV, individual air conditioning/heating, fridge, safe und large panoramic window. On the Upper deck, cabins feature opening windows.



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**Important remarks**

Embarkation at 4.00 p.m. Disembarkation from 9.00 a.m.

Minimum number of participants 75 guests (must have been reached within 21 days prior to departure)

To bring your own bike. On request only—due to lack of space on sun deck. E-bikes exclusively with removable battery pack. We exclude any liability for loss, theft and damage—this also applies to damage caused by transportation from shore to ship or vice versa.

**Excursions**

We offer a small excursion program that can be booked directly on board at the cruise director only. You will get a brief description together with your travel documents. Depending on the number of participants some excursions could be carried out in 2 languages (German/English)

**Schedule and program changes** Basically, we reserve the right to make changes of routing and program. If there is low or high water and a route cannot be shipped, the captain reserves the right to change the route in view of your safety (this cannot be accepted as a reason for free withdrawal). Same applies to previously unknown administrative orders of lock or bridge repairs.

**Digital Travel Documents and Route maps** In the interest of sustainability and climate protection, opt for our digital routebook instead of printed travel documents. The GUIBO app is your constant companion during your journey. A glance at your smartphone is all you need to travel safely and worry-free, with all important information at your fingertips. Travel information, ship details, contact information, and your bike tours are available digitally in the route book, accessible offline and at any time. The app is available for free and works on all standard smartphones. You will automatically receive the access details to download your booked trip via email before your trip begins. If you still prefer to receive all documents from us in printed form beforehand, an additional fee will apply. We will send you all travel information in advance via Email, and the maps for your bike tours will be available exclusively on board.

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### Bikes



7-gear-Unisex-trekking bikes

8-gear-E-Bikes (brand: Velode Ville)

- With hand brake and pedal brake or hand brakes only (subject to availability, please indicate as a non-binding customer request when booking )
- Pannier bag and rental bike insurance included.
- E-Bikes on a limited number only
- Please indicate your height when booking

Travel safe and secure with SE-Tours:

We recommend wearing a bike helmet. These can be purchased on board (limited quantities;  
brand:UVEX I-VO): EUR 40,-apiece, payment: cash only

*Assisting people in realizing their touring dreams worldwide is our passion.*

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