

# France-Spain- The Full Camino de Santiago by bike (2025)

18 Days/ 17 Nights

**Individual Self-guided** 



Experience the full 798 kilometres of the classic French Camino, from St. Jean Pied de Port in the French-Spanish border in the spectacular Pyrenees mountains to Santiago de Compostela in the North-West coast of Spain. Trace a parallel route next to the original foot path using long-distance touring bikes and cycle on tarmac and well-conditioned roads. This is a carefully planned journey broken into manageable stages of around 50 km each.

## Highlights:

- Immerse yourself in the folklore and history of this extraordinary cycle tour, the only longdistance route to have been awarded World Heritage recognition.
- The Camino is more than a journey across the Spanish landscape. It is a personal journey which unites people from many parts of the globe, all of whom decide to undertake this pilgrimage.
- Cross the North of Spain from East to West and experience dramatic changes in landscape, from hills to river valleys, from the vast plains of Castilla to the mountains of northern León and finally on to the green region of Galicia.
- Savour the exceptional wines and gastronomy of Logroño, the capital of the Rioja wine region.
- Discover Pamplona, the home of the world famous 'Sanfermines'.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com
TICO Ontario Registration No: 50022848



- Take the opportunity to visit the impressive gothic cathedrals of Burgos, Leon and Astorga.
- Encounter the stunning medieval villages of Molinaseca and O'Cebreiro.
- See the Praza do Obradoiro with its awe-inspiring cathedral.
- Experience the elation of cycling into the main square of Santiago de Compostela on your last day



## Day by Day

### Day 1: Arrival

Arrival at the Mountain village of Roncesvalles, close to the French-Spanish border.

# Day 2: Starting point

Distance: 17 miles (28 km). Climb: 2927 ft (892 m).

Bicycle and equipment hand-over and transfer to the starting point in the French town of Saint Jean Pied de Port. Cycle from this town to Roncesvalles.

### Day 3: Roncesvalles to Pamplona

Distance: 29 miles (47 km). Climb: 745 ft (227 m).

# Day 4: Pamplona to Estella

Distance: 30 miles (49 km). Climb: 1854 ft (565 m).





Day 5: Estella to Logroño

Distance: 31 miles (46 km). Climb: 1440 ft (439 m).

Day 6: Logroño to Santo Domingo de la Calzada

Distance: 34 miles (54 km). Climb: 1857 ft (566 m).

Day 7: Santo Domingo de la Calzada to Burgos

Distance: 46 miles (74 km). Climb: 1706 ft (520 m).

**Day 8: Burgos to Fromista** 

Distance: 47 miles (76 km). Climb: 1358 ft (414 m).

Day 9: Fromista to Sahagun

Distance: 38 miles (61 km). Climb: 886 ft (270 m).

Day 10: Sahagún to León

Distance: 35 miles (56 km). Climb: 978 ft (298 m).

Day 11: León to Astorga

Distance: 27 miles (47 km). Climb: 820 ft (250 m).





Day 12: Astorga to Molinaseca

Distance: 30 miles (49 km). Climb: 2320 ft (707 m).

Day 13: Molinaseca to Ferrerias / O'Cebreiro

Distance: 30-36 miles (50 km). Climb: 2201-4498 ft (671-1371 m)

Day 14: Ferrerias / O'Cebreiro to Sarria

Distance: 22-28 miles (56 km). Climb: 3143-846 ft (958-258 m)

Day 15: Sarria to Palas de Rei

Distance: 30 miles (48 km). Climb: 3862 ft (1177 m).

Day 16: Palas de Rei to A Rua and O'Pino

Distance: 38 miles (60 km). Climb: 3862 ft (1177 m).

Day 17: A Rua and O'Pino to Santiago

Distance: 17 miles (27 km). Climb: 1637 ft (499 m).

Day 18: Extra nights in Santiago or return

If you don't have enough days to do the full Camino, consider splitting it and doing over two 10 day trips or three 7 day trips. We'll give you a personalised quote.



# **Optional Finisterre Extension**

You have the option to extend your Camino de Santiago to Finisterre, the "end of the world". It takes an additional three days to complete this ancient medieval pilgrimage route, a total of 86km. Contact us for prices and additional details.

Day 1: 52km / 839m

From Santiago to Olveiroa.

Day 2: 34km / 532m

From Olveiroa to Finisterre.

Day 3: Return or extra nights.

Departure day or extra nights in Santiago.

### **Route**



Cycling surface: Tarmac: 99%. Dirt road: 1%.

Average daily distance / climb:31 miles (51 km) / 1975 ft (602 m)



### Accommodation

Hotels are conveniently positioned near to or on the Camino and offer good accommodation to ensure a well-deserved rest each night. They are typically 3 and 2 star lodgings.

### **Dates**

Departures daily April 1 to October 31

#### **Prices**

All prices are per person in euros-subject to confirmation on booking

Double occupancy	€2150
Single room supplement	€ 590
Solo Traveller supplement	€ 665
Bike Rental	€ 290
Extra item of luggage	€ 277
Taxi Pamplona to Roncesvalles (1-4 people)	€ 137
Half board	On request
Extra night Burgos	On request
Extra night Leon	On request
Extra night Santiago	On request

# Included

- 17 nights' accommodation.
- 17 breakfasts.
- Pilgrim's Passport.
- GPS tracks and Navigation app
- Luggage transfers (1 item per person, up to 20kg).
- Detailed maps with the trail clearly marked
- Itinerary description, full of recommendations for things to do and places to visit,

advice and suggestions and information about your accommodation, etc.

- Emergency support.
- Activity insurance.



#### **Bikes**

### **Touring bikes**

Designed to withstand heavy loads and provide high safety and comfort even after long hours of riding in the saddle, these adventure bikes will serve you well both on and off-road.

The downside to all these extra features and equipment is weight, but on a long distance tour, reliability, comfort and safety, win the day.



### **Characteristics:**

- Time tested components to stay maintenance free during the tour.
- Broad range of gears.
- Stable carriers for luggage transport.
- Permanently mounted lights with a hub dynamo.
- Comfortable sitting position and straight, adjustable handlebars.
- Other comfort features include bike stand, mudguards and bottle holder.
- High bar and low bar models and sizes xs to XL.

This is a partner tour. Contact us for bookings.