



**France -The Charente Gourmet Tour in Land of Cognac Cycling Tour (2025)**  
**Individual Self-Guided**  
**8 days/7 nights OR 7 days/6 nights OR 6 days/5 nights**



Self-guided biking tour in the land of the "nectar of the gods": Cognac. Cycling, food, water and spirits! A week to enjoy cycling in the Charente, between Cognacais and Angoumois. Vineyards, the river, villages of white limestone, a deep forest, and hollyhocks ... freewheeling!

In Cognacais country, the slopes are gentle, vines weave through the valleys. Farms where the "Eaux de vie" (Cognac) are distilled happily greet the cyclists. On the Charente River, that draws beautiful meandering and multiplies waters, towns, villages with boatman make you stop and relax. Towards the South, the white cliffs and oaks line the country roads.



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

### Itinerary

#### **Day 1: Welcome to Cognac**

Arrival in Cognac and night in the hotel in the center of Cognac.



#### **Day 2: (or day 7) (optional): Cognac - Richemont - Cognac 25 km**

Known worldwide for its "nectar of the gods", in Cognac you will discover the mysteries of this magical world through its trading houses, museums and old town. Then the road will lead you to Cherves-Richemont in the hearth of the "Borderoes", the "Moulin du Prazier" and the Church of Saint-Geroges de Richemont. You will have time to relax along the river "l'Antenne". You can choose to relax and stay in Cognac to visit a Cognac producer like Bache Gabrielsen (not available on weekend and need to book) and the "museum of the Cognac art".

#### **Day 3: Cognac – Jarnac - Angoulême 55 km**

Along the valley of the Charente between vineyards and water, go to Cognac, the city that gave birth to François 1st to join Angoulême, the international city of comics. The road will lead you to Saint Brice and Abbey Chatre, the dolmen Guard Sword and Bourg Charente where you can refresh or lunch at the "Bistrot" (One "Michelin Star" restaurant). Then on to Jarnac, birthplace of François Mitterrand, where several sites to visit (museums and birthplace) show the roots of the former President. Throughout this course, you will follow the roads through the vineyards and picturesque village's rich heritage of the past such as in St. Simon, where the story of the boatmen will be told. Throughout this journey, the river, dotted with bridges and locks, will never be far.



After Champmillon, in the direction of Trois Palis and its chocolate factory and then Angoulême, a town of art and history. The heart of this town is built on a promontory overlooking the river and valley. Optional dinner

#### **Day 4: (Optional): Angoulême - La Rochefoucauld - Angoulême 55 km**

Leaving Angoulême, head to the sources of Touvre then the forest of Braconne to join La Rochefoucauld and its castle. Nicknamed "the pearl of Angoulême area", this castle was built from a fortress (1026): this is an anthology of seven centuries of architecture and home of the La Rochefoucauld family for over a thousand years. In return, stop at the caves of Queroy to discover the works of nature.





**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

**Day 5: Angouleme – Roullet Saint-Estèphe 35 - 50 km**

Through forests, plains and along rivers, enjoy the south of Angouleme to discover the villages, washing ... churches, legendary places. At Mouthiers sur Boême, take the time to visit the pulpit to Calvin, the Jardin du Logis de Forge, labeled as “Jardin remarquable” and simply enjoy the tranquility of the place. Along the Boême, enjoy the pleasure of riding along the water. Optional dinner.



**Day 6: Roullet St. Estephe – Bassac 50 km**

And you're back in the country of Cognac. Between the vineyards and fields, glens and valleys, discover around the corner on a hill the ruins of the castle Bouteville and visit the viewpoint located on a promontory. Where the weather is fine, we can see, said one, to the sea! Look at the terraces, there were vines once ... Make a stop at Domaine Breuil to taste their wines, cognac and Pineau des Charentes from “Green” agriculture... delicious. Optional dinner

**Day 7: Bassac - Cognac 35 - 40 km**

Once again, cross the Charente to enter the “must” the cognac vintage: “la Grande Champagne”. Downhill, Segonzac is the capital of the 1st Cru Cognac that you can taste at the House of Grande Champagne as well as with growers of cognac. Back on the roads of Cognac through vineyards to join Cognac town.

**Day 8: End**

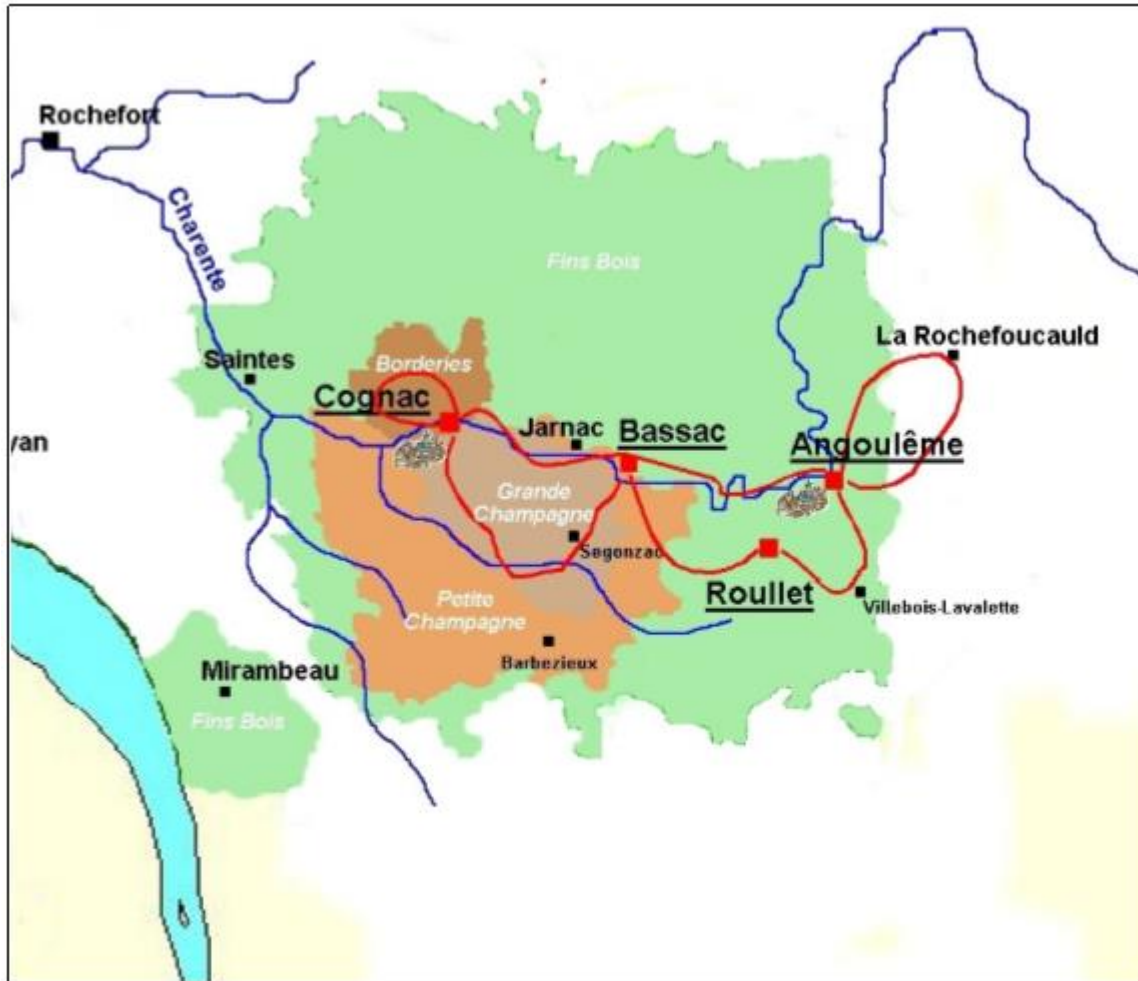
Breakfast





**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

### Route



### Technical Characteristics

**Tour Profile:** Average. From 30 to 60 km daily. Some hilly stages.

**Total distance:** 230 - 260 km

**Travel Season:** Every day from April 1 to October 1 on request for 2-6 riders.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



**OK CYCLE &  
ADVENTURE  
TOURS** SINCE 1995

<b>Prices per person:</b>	<b>6 day tour</b>	<b>7 day tour</b>	<b>8 day tour</b>
Double Occupancy	€810	€900	€1000
Single room supplement	€325	€390	€450
Rental Touring Bike	€115	€130	€145
Rental e-bike	€200	€230	€260
Bike theft insurance touring/e-bike	€ 20/40		
Extra Nights Cognac 3* Double Occupancy B&B	On request		
GPS app for smart phone	€7		

**Accommodation:**

Charming 2\* and 3\* hotels throughout the region

**Included:**

- Nights in charming 3\* hotels
- Breakfast daily
- Road book
- Luggage transfer daily

**Not Included:**

- Entrance fees for visits and wine tasting
- Drinks
- Personal expenses

**Bikes**

Includes Locks, repair equipment, rear saddle bag, helmet-on request, bar bag, bottle holder and on road assistance (large repairs)

*Assisting people in realizing their touring dreams worldwide is our passion.*

[www.okcycletours.com](http://www.okcycletours.com)



**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**  
**OK Cycle & Adventure Tours Inc.** 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
Toll Free 1-888-621-6818 Local 613-702-5350  
TICO Ontario Registration No: 50022848