

France - From Bordeaux to Toulouse - The Garonne Channel Cycling Tour (2025)
Individual Self-Guided
7 days/6 nights



This trip has something for all appetites of nature, culture, recreation and sports, gastronomy and cordiality. You will follow the Canal de Garonne, classified as World Heritage by UNESCO. This trip, alternating cycle paths and minor roads in flat relief, will delight you with its diversity of landscapes. The Canal, often lined with plane trees, allows you to discover various landscapes, vineyards, groves, orchards, villages and numerous works of art and historical monuments. Bicycle paths, greenways and trails are opening the way to other landscapes: The canal, the locks and the beauties of Bordeaux and Toulouse.



Itinerary

Day 1: Arrival in Bordeaux "city listed as UNESCO World Heritage"

Accommodation in charming guesthouse or 3 star hotels in the heart of Bordeaux. You will get your bike as well as your route notes, which will indicate your circuit. Bordeaux, the former "Burdigala" Roman, inseparable from its vineyard ... radiates plenty of stones in her dress to provide fireworks. The Garonne River, heart of the city, welcomes walkers on the banks or boat trips. Everyone can take ownership of the docks, hoping to see the landing of a cruise ship, "amazing sight" a giant of the seas in the city center. Overnight and breakfast.



Day 2: Bordeaux - the Entre-Deux-Mers 45 - 60 km

This route allows you to discover the Entre-Deux-Mers region of 55 km of track / greenway and lanes ... enchanting! You will leave Bordeaux with the track that runs along the Garonne River and its beautiful landscaped quays. Then you will follow the greenway trail, winding through the hillsides of the Entre-Deux-Mers through Creon and Sauveterre de Guyenne, which are magnificent fortified walled towns. Finally, by small roads surrounded by vineyards, you will drive to your accommodation. Overnight, dinner and breakfast.

Day 3: The beginning of the Canal de Garonne 25 - 55 km depending on variations

The greenway is royal: it alternately crosses vineyards and forests and several small stations refurbished in houses. Despite some minor false flats, the track is easy and offers a breath of nature. On the shorter distance you can enjoy the many stops that are available to cyclists throughout the course. In the afternoon you will be greeted at a charming guest room or 3* hotel in Marmande, or 10 km before. Dinner, accommodation and breakfast.

Day 4: The valley of the Garonne and its wealth 55-60 km

The tour continues in the rich valley of the Garonne and orchards. This lovely route, especially between Buzet and Meilhan-sur-Garonne and under large plane trees, will pass by Buzet-sur-Baise, Le Mas d'Agen and many other pretty small towns. The water spot of Sérignac is a haven of tranquility on the canal. In the village, visitors discover a thirteenth century village and friendliness that prevails. Overnight and breakfast. Optional dinner





Day 5: Sérignac sur Garonne to Moissac 60 km

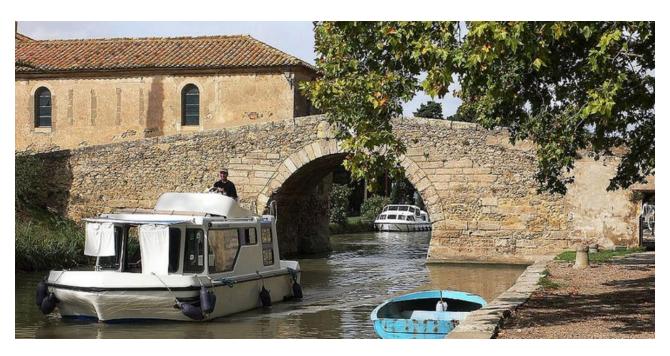
This step is one of the most beautiful as the points of interest are numerous. The easy stretch well in the shade of plane trees will help you discover great sites such as: The canal bridge on the Baise, the aqueduct Agen Auvillar, Lake Saint-Nicolas-de-la-Grave and finally Moissac. For your last accommodation along the canal you can enjoy the quiet and splendor of a hotel with panoramic views of the Garonne Tarn meeting precisely at this point. Overnight in 3* hotel .Optional dinner.



Day 6: "Between the Capitol and Abbey" 64 km

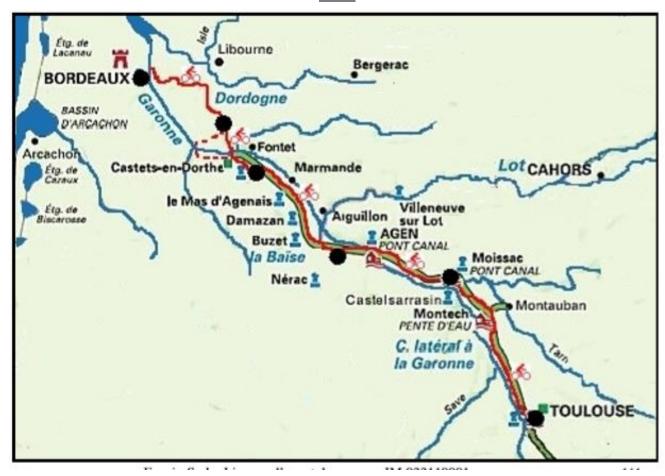
The Canal de Garonne emphasizes here the charm of rural villages in Tarnet-Garonne, dominated by churches built in the Gothic style of Toulouse. You could for example visit Montech, valued for its marina and its unique "water slope". This peaceful stage, shaded by plane trees, ends with a few busier kilometers into Toulouse but it provides access to the heart of the city, a real comfort! Toulouse needs a long visit, with its famous Place du Capitole and the site of the riverbanks. A city with a distinctive architecture, Toulouse is nicknamed the "Pink City" because of the clay brick used to build houses. Its other nickname is the "City of Violets" for the flower which can be enjoyed in all its forms! Overnight and breakfast.

Day 7: DepartureDeparture after breakfast.





Route



Technical Characteristics

Tour Profile: Easy.

Total distance: 259 - 299 km

Travel Season: Every day on request from April 1 to October 26 2-8 riders

Season 1 April 15- October 10

Season 2 April 1-14 and October 11-26



Prices per person: in Euros all prices subject to confirmation on booking

Double Occupancy – season 1	€938
Season 2 surcharge- per person	€125
Single Occupancy surcharge	€380
Solo Traveler Surcharge	€150
Solo Traveler Surcharge Season 2	€260
Rental Touring Bike	€160
Rental Gravel Bike	€280
E-Bike (on request)	€300
Extra Nights Bordeaux 3* or Toulouse Double Occupancy B&B	On request
Extra Nights Bordeaux 3* or Toulouse Single Occupancy B&B	On request
GPS app	€7
2 extra dinners day 4 & 5	€75
Bike theft insurance touring/ e-bike or gravel	€20/40

Accommodation:

Charming 2* and 3* hotels throughout the region

Included:

- Transfer of the luggage daily
- The route notes (French or English), maps
- 6 nights B&B in charming guesthouses and 3 star hotels
- 2 dinners day 2 and 3
- Telephone assistance 7:30am 8:00pm

Not Included:

Drinks





Bikes

Touring Bike Unisex

All bikes Include Locks, repair equipment, rear saddle bag, helmet-on request, bar bag, bottle holder and on road assistance (large repairs)



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