



**England- Cycle Hadrian's Wall (2025-2026)**

**5 Days/ 4 Nights**

**Group Guided**



Hadrian's Cycleway is a great coast-to-coast ride with breath taking views that explores the living history of Hadrian's Wall. Europe's largest surviving Roman monument was built in AD 122 and our cycle route visits some of the highlights of this UNESCO site. We ride from the Irish Sea on quiet roads through beautiful hill country, attractive market towns, quaint villages and peaceful river valleys to the North Sea.

**Why we love this trip**

- **Natural beauty** - ride from Solway Firth across the North Pennines
- **Hadrian's Wall** - Roman Army Museum, Birdoswald Fort and Vindolanda settlement
- **Coast to Coast** - sense of achievement crossing England by pedal power

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



## **Day by Day**

### **DAY 1 - Join trip in Whitley Bay**

Arrive in the seaside town of Whitley Bay. Check in is possible from 3pm and free car parking is available in the nearby Playhouse Car Park NE26 1LZ. For those arriving by train into Newcastle you can use the Tyne and Wear Metro system to reach Whitley Bay. If you arrive early we can recommend a walk along the golden sands to St. Mary's Lighthouse, that also features a nature reserve and wetland habitat ideal for rockpooling. We end our ride about 3 miles south from here on day 5.

The Tour Leader plans to meet you in reception at 6pm for the introductory briefing, followed by the option to enjoy a group meal (not included) to get acquainted with your fellow guests.

ACCOMMODATION: Grade: Comfortable Hotel SINGLE ROOM AVAILABLE MEALS PROVIDED: NONE



### **DAY 2 - Drive to Bowness. Cycle to Brampton via Carlisle**

After breakfast we drive (2hrs) to Bowness on Solway. We unload and assign the bikes and there will be time to get comfortable and make any necessary adjustments. The included 24-gear hybrid bikes are ideally suited to the terrain. Maps and detailed route notes will be provided, which means we can cycle at our own pace, either individually or with other group members. Our local Leader will transfer the luggage, provide an emergency backup vehicle, and will meet us at various points during our cycling days to help ensure all runs smoothly and you enjoy your trip.

We start our ride in the Solway Coast Area of Outstanding Natural Beauty, following National Cycle Network Route 72 alongside the Solway Firth before heading inland to Carlisle. You may choose to visit

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the medieval castle that has watched over the Cathedral City of Carlisle for more than nine centuries. Our ride continues to Warwick Bridge followed by a short climb to Brampton where we spend the night. We recommend an optional evening walk around Talkin Tarn glacial lake and Country Park just outside Brampton. Please note that due to the small size of hotels our group may be accommodated in more than 1 hotel tonight. **Our total cycling distance today is approximately 45 kilometres/28 mile (total 330 metres/1083 feet ascent and 265 metres/869 feet descent).**

ACCOMMODATION: Grade: Comfortable Hotel SINGLE ROOM AVAILABLE MEALS PROVIDED: BREAKFAST

### **DAY 3 - Cycle to Haltwhistle. Birdoswald Roman Fort and Roman Army Museum**

Back on the bikes this morning, we have a relatively shorter ride today that takes in some wonderful Roman heritage sites. Our first suggested stop is at Lanercost Priory (English Heritage, optional visit) where you can visit the impressive remains of this 12th century Augustinian priory. There is a steep climb out of Banks before arriving at our first site on Hadrian's Wall at Birdoswald Roman Fort (English Heritage, optional visit), also good for a coffee break. You can see the longest remaining stretch of the Wall here and explore the ruins of the Fort, a turret and milecastle. After a steep climb (up to 17%), we reach Greenhead Bank where you may choose to have lunch and have the chance to visit the excellent Roman Army Museum. It is possible to buy a combined ticket here that includes the entrance to Vindolanda tomorrow. The final stretch is an easy ride down to the hotel in the small town of Haltwhistle. Please note that due to the small size of hotels our group may be accommodated in more than 1 hotel tonight. **Our total cycling distance today is approximately 22 kilometres/13.7 mile (total 305 metres/1001 feet ascent and 260 metres/853 feet descent).**

ACCOMMODATION: Grade: Comfortable Hotel SINGLE ROOM AVAILABLE MEALS PROVIDED: BREAKFAST



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#### **DAY 4 - Cycle to Corbridge. Vindolanda Roman archaeological site**

Our ride this morning follows the South Tyne Valley to Bardon Mill, before some steep climbs back up to Hadrian's Wall at the Roman archaeological site of Vindolanda. There is a cafe here to have a break and we recommend a visit to the site where you may even see some archaeologists and learn what has been uncovered recently. The cycle ride continues to the historic and picturesque village of Corbridge where we spend the night. Once a Roman garrison town, it is possible to visit the remains of Corbridge Roman Town (English Heritage, optional visit) located just outside of town. Please note that depending on hotel availability, tonight may be spent in either Corbridge or Hexham. Hexham has a beautiful Abbey and would mean a shorter ride (8 kilometer/5 mile less) today and more tomorrow.

**Our total cycling distance today is approximately 38 kilometres/23.6 mile (total 470 metres/1542 feet ascent and 550 metres/1805 feet descent).**

ACCOMMODATION: Grade: Comfortable Hotel SINGLE ROOM AVAILABLE MEALS PROVIDED: BREAKFAST

#### **DAY 5 - Cycle to Tynemouth where the trip ends**

Our final ride follows the River Tyne Valley along minor roads, disused railway lines and cycle paths into Newcastle passing Ovingham Bridge and Wylam (George Stephenson's birthplace). After passing through the centre of the city with the river on our right, we weave our way along the final 20 kilometer/12.4 mile to the North Sea through Wallsend and North Shields. Finally, we reach the small bay at Tynemouth and complete our journey from coast to coast with the ruins of Tynemouth Castle and Priory on the headland above. There is a great feeling of real achievement as we realise that we just crossed England by pedal power!

Our journey ends at Tynemouth Castle at around 4pm when we leave the bikes and say farewell. If not picking up your car you can take a short walk to Tynemouth metro station on the Tyne and Wear Metro system, from where it is a 30-minute journey into central Newcastle and the mainline rail station. The earliest your train can depart from Newcastle is 5pm.

Our total cycling distance today is approximately 50 kilometres/31.1 mile (total 390 metres/1280 feet ascent and 400 metres/1312 feet descent).

**MEALS PROVIDED: BREAKFAST**

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## Route



## General cycling information

On this trip we cycle 155 km/ over four days (an average of 39 km/34.2 mile per day). Our route follows quiet roads, traffic-free paths and National Cycle Network routes with some short sections on main roads. Maps are provided to cycle individually or in groups while the Explore Leader drives the support vehicle. While some distances are relatively short there is undulating terrain with some short steep sections. The cycle route does not cycle on or alongside Hadrian's Wall but we do ride to the most recommended highlights and there is plenty of time each day to stop and visit should you wish. We have graded the route as Moderate.

## Bike information

Your included bike is a 24-gear Giant Escape or Liv hybrid and will be the correct frame size for your height. Female frame bikes will be allocated to women unless you request otherwise. The bikes have a water bottle holder as well as the facility to fit your own pedals or saddle if you wish to bring them. A support vehicle accompanies the rides throughout the trip. We provide spare parts and take care of the day-to-day maintenance. All you need to bring is your own helmet.

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**Electric bikes (e-bikes)** are available for an additional cost of **£157** and will be a Giant Explore with a unisex frame. Please note these are subject to availability on a first come first served basis and the cost is subject to change. If this is a condition of your booking please mention it at time of sale. Please contact us for more details or to request your e-bike.

### **Cycling grade**

Moderate

**Dates and Prices-** price per person in Canadian Dollars all prices subject to confirmation on booking.

Date	Double Occupancy	Optional Single Room
2025		
May 30	\$1680	\$370
June 27	\$1680	\$370
September 26	\$1680	\$370
2026		
May 24	\$1770	\$430
June 20	\$1770	\$430
July 12	\$1770	\$430
Sept 19	\$1770	\$430

***This is a partner tour.***

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