



Denmark – Cycle holiday in Copenhagen and North Zealand (2025)

8 Days / 7 Nights

Individual Self-Guided



Denmark is perfectly suitable for cycling holidays. The small kingdom welcomes you with a varied and beautiful landscape. You will discover wild forests and flourish meadows, beautiful coastlines as well as charming villages. Everything is close-by and always easy to reach. And your cycle is the preferred choice for this: There are over 12,000 km sign-posted cycle routes throughout the country. Leave the daily routine behind and discover new places and moments.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848

Day By Day

Day 1: Individual arrival to Copenhagen

The Danish capital has a lot to offer. An early arrival is highly recommended. Take a stroll through the medieval city center or visit the famous Tivoli.

Day 2: Copenhagen – Helsingør | surrounding, approx. 50 km

You leave Copenhagen heading north. Today's stage will take you along the Öresund, the strait between Zealand in Denmark and Schonen in Sweden. Always with a view of Baltic Sea you will quickly reach the famous beach Bellevue. A swim in the cool water gives you refreshment. In Helsingør it's worth to visit Kronborg Castle, or take the ferry for a quick trip to Helsingborg on the Swedish site.



Day 3: Helsingør | surrounding – Hillerød, approx. 55 km

Take some time to visit the old port city of Helsingør before continuing your bike ride. The coastal resorts Hornbæk and Gilleleje will charm you and invite you to linger. Your further route now leads away from the coast. You will pass extensive nature reserves and small lakes. You will be impressed by the many contrasts before you reach the goal of the day which is Hillerød. Visit Frederiksborg Castle or just treat yourself with a good glass of wine in the hotel - both can be a great way to spend the rest of the day.

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Day 4: Hillerød – Højby, approx. 70 km

Today you will cycle back to the coast. The small idyllic villages Tisvildeleje and Liseleje as well as numerous beaches exude their charm. You have reached your today's goal with Højby. the picturesque small town is located on the opposite side of the Isefjord. The ferry ticket to Rørvig is included for you.



Day 5: Højby – Holbæk, approx. 45 km

In the Odsherred peninsula you will always be close-by the sea, dunes and beautiful salty sea air. You will find the most beautiful sandy beaches there. Nevertheless, today's bike tour has more to offer: breathtaking views all along the coast of Isefjord, Lammefjord and Holbækfjord. The goal for today is the port city of Holbæk that was first mentioned in 1199. Here we recommend you to visit the Protestant-Lutheran Church of St. Nikolai.

Day 6: Holbæk – Roskilde, approx. 50 km

Today you start south along the Isefjord. You will discover green meadows and small charming villages. The last part leads along the bay of Roskilde. The Cathedral of Roskilde welcomes you from afar. Since the beginning of the 15th century, the cathedral was the favorite grave church of the Danish royal family and since 1995 also part of UNESCO World Heritage. A visit to the Viking Ship Museum is also recommended.

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Day 7: Roskilde – Copenhagen, approx. 40 km

The last stage leads you back to the starting point of your bike tour, the Danish capital Copenhagen. From Albertslund you have access to the high-speed cycle route number C99, which leads you almost without traffic into the city center. In the afternoon there is enough time for you to explore the city on your own. During a stroll, you can fulfil all the wonderful impressions that you have already gained on your bike tour through North Zealand.

Day 8: Individual departure or extension

After breakfast, your journey ends. We are happy to book an extension stay for you to explore the Danish capital.

Route



On the whole an easy cycle tour which leads through flat and soft hilly landscapes. Mostly own bike paths and small streets without much traffic. Only if entering and leaving cities you need to expect some more traffic.

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Dates

Arrival every Saturday and Sunday from May 24 to September 7

Special arrival dates can be booked on request. With at least 6 participants a daily arrival is possible at the regular conditions. If there are fewer than 6 participants, a special arrival date will result in a surcharge of 175 € per person for the separate luggage transfer.

Prices per person in Euros -all prices subject to confirmation on booking

Base price per person in double room	1,499 €
Surcharge single room	529 €
Surcharge half board	399 €
Bike rental (21 24 speed)	129 €
Rental premium bike	199 €
Rental gravel bike	259 €
Rental electro assisted bike	289 €
Additional nights Copenhagen	on request

Included

- 7 nights in carefully selected accommodations of the mentioned category
- Daily breakfast from buffet
- If half board: 7 dinners included (Partly with voucher in a close-by restaurant in walking distance)
- Luggage transfer from hotel to hotel (No limit in pieces of luggage; each piece with a maximum of 20 kg)
- Card material with route description and GPS-Tracks (1 package each room)
- Service hotline 8am to 8pm
- Ferry ticket from Hundested to Rørvig, including bike
- If bike rental: Rental bike insurance included

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Bikes

21 speed Trekking/ Hybrid



Solid, easy wheeling and sturdy trekking bikes which can be recommended to every guest with good conscience. Modern V-breaks, aluminium-rims, and almost indestructible tires ensure high duration. The heart of each bicycle is a modern, high-resistant aluminium frame. Traffic safety is guaranteed by lighting system, carrier, mudguard and comfortable saddle.

21-gears-bikes are equipped with Shimano ALIVIO derailleur. It excuses mistakes, is robust and easy to handle. **Unisex frame 21-gears** with free wheel Sizes: 56 / 51 / 46 / 43 cm

Men's speed bikes 21gears with free wheel and crossbar Sizes: 64 / 60 / 56 "slopping" cm

RENTAL E-BIKE

Manufactured especially by the bicycle manufacturer MAXX from Rosenheim and offers maximum comfort and the greatest possible safety. RENTAL E-BIKE Fact Sheet ■ Wave frame with balanced e-bike geometry and low step-through* ■ Aluminium frame with Octatube (octagonal down tube) ■ Comfortable suspension fork from Suntour ■ Easy-to-use Shimano LCD display ■ Shimano Steps EP600 mid-ship drive unit with 85 Nm ■ 630 Wh battery from Shimano incl. charger ■ Pedal assist up to 25 km/h ■ 8-speed Shimano Nexus hub gears with freewheel (= no backpedal brake) ■ Gates belt drive** ■ Hydraulic disc brakes from Shimano ■ Internal cable routing ■ Aluminium hollow chamber rims ■ Puncture-proof tyres ■ LED lighting system with daytime running lights ■ Mudguards ■ Sturdy pannier rack ■ Ergonomic handlebar grips ■ Selle Italia gel saddle ■ Weight approx. 24 kg ■ Vaude handlebar and pannier bag ■ Sturdy kickstand ■ Lockable frame and battery lock ■ Puncture kit with air pump, spare inner tube and small repair kit ■ Rental bike insurance included***

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Premium – Bike



The premium bike is equipped with high components, and with a dark varnish a true eye-catcher. The sportive attitude with 27 speed Shimano Deore XT guarantees highest comfort on all our tours. Hydraulic Magura brakes HS 11 and a high-quality suspension fork from Suntour are only some of numerous advantages. Truly the proper choice for those who are looking for high quality with a sportive design.

RENTAL GRAVEL BIKE

Manufactured especially by the bike manufacturer MAXX from Rosenheim. The lightweight yet durable frame construction ensures an agile ride, while the tyres provide optimum grip and comfort on a variety of surfaces. RENTAL GRAVEL BIKE Fact Sheet ■ Comfortable gravel geometry for a fast ride ■ 6061-T6 aluminium diamond frame ■ High-quality carbon fork ■ Gravel handlebars (wider and more flared than racing handlebars) ■ SRAM Apex gear system with 1 x 12 gears (front chainring 40 teeth, rear sprockets 11-50 teeth) ■ Hydraulic disc brakes from SRAM ■ Internally routed wires/cables ■ Wheels from Miche ■ Schwalbe G-One gravel tyres (the versatile tread pattern is suitable for riding on asphalt, unpaved roads or off-road) ■ Selle Italia gel saddle ■ Weight approx. 11.5 kg ■ Bottle cage ■ Vaude Trailsaddle for day luggage* ■ Puncture kit with air pump, spare inner tube and small repair kit ■ Rental bike insurance included**

**This is a partner tour for more information or booking please contact OK Cycle & Adventure
Tours**

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