



Czech - Spa Triangle Bicycle Tour (2025)
Guided or Individual Self-guided
7 days / 6 nights



Come with us to a land of healing springs, a land of a long and rich history, a land of breathtaking nature and openhearted people. Join this bike tour and enjoy the incomparable atmosphere of the Czech spa towns. Explore the forests and tales of the Ohre River and Slavkov natural preserve. Discover the dramatic story of the St. Maura reliquary in Becov nad Teplou and enjoy the historical town of Cheb with its unique merchant houses surrounding the square and the imperial castle chapel. Of course, we will have time and space to try the healing springs in all the fairytale spa towns. For those interested we offer a very Czech experience – the beer spa. Relax inside and out, letting the tonic hops freshen your exterior, while letting your mind wander with a glass of world-renowned brew.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9
www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350
TICO Ontario Registration No: 50022848



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TOURS** SINCE 1995

Itinerary Day to Day

Day 1 Karlovy Vary (Karlsbad) - Optional transfer from Prague-not included in tour price

Arrival to the town of Karlovy Vary (Karlsbad), founded by the emperor Charles IV. in the 14th century. It is the biggest spa in the Czech Republic, having 12 healing springs. Actually 13 – the last is the famous Becherovka herbal liqueur. Also known for its china and promenade of beautiful architecture and luxury shops, we do suggest a full day to explore this noble town, still an oasis for some of the world's richest people. On request we offer a transfer from Prague (130km) by car or van.



Day 2 Karlovy Vary UNESCO loop

Distance: 30-70 km / 19-44 Miles

In the morning you will take a local train for a short ride all the way up to the Krušné Hory/Ore mountains. This old mining/mountaineering area is now under the UNESCO world heritage protection thanks to all the mining and mining related history starting from the 16th century silver mines all the way to 20th century uranium mines. All this situated in a great scenery of Ore mountains and its foothills.

On the way back to Karlovy Vary, mostly downhill, you will bike by Mauricius silver mine, Jáchymov town - in the time of silver rush second largest town of the Czech kingdom, in the 20th century known for luxury radium healing spring & Spa. If you are interested in 20th century history, still in Jáchymov you should not miss its time highly valued uranium mines and connected labor camps for communistic political prisoners. Nearby Ostrov town is known for its wonderful chateau and French style chateau park but also for so-called SoReLa – socialistic realism architecture – one of the best examples in the Czech republic. You will end your day back in Karlovy Vary.

As we stay in Carlsbad for 2 nights, in case of bad weather we have an alternative shorter bike ride or you can simply enjoy spa treatments all day in Karlovy Vary!

Day 3 Along Ohře river to Františkovy Lázně Distance: 62 Km/ 38 Miles

Description of the day: We'll start from Karlovy Vary and bike through the amazingly beautiful Ohře river valley nature. Our day leads us along a newly built cycling trail through the Slavkov Forest nature preserve and the stunning Svatosske Skaly rock formations. Following the river we arrive in Loket with

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its stunning 14th-century castle. Next stop is the town Sokolov with a nice chateau and town centre originating in the 13th century. Refreshments abound along the route, but the Kynsperk brewery or the coffee Mostov's small chateau are highlights. Today's last stop and our overnight stay is the spa town of Frantiskovy Lazne (Franzesbad), a 19th-century spa town built by the emperor Franz I. This regal town still maintains the atmosphere of the golden age of spas. Immerse yourself and enjoy the waters after a long biking day!

Day 4 Frantiskovy Lazne Spa and Iron Curtain trails loop Distance: 15 – 60 Km / 10-37 Miles

Description of the day: Today's program is quite flexible as we stay here for 2 nights, so those more interested in the spa can relax the whole day and enjoy the treatments!

For those who decide for a bike treatment, we can recommend loops up to 70 Km. For centuries this area stood as the border between the Holy Roman Empire and the Czech kingdom. Thanks to this fact, our day's ride will be full of castles, fortresses, and chateaux, many accurately restored so the whole trip looks like a journey through "Old Europe" - which it is! Part of the day will also trace the borders of the Iron Curtain, a reminder of the Cold War. Should you desire, a short trip to Germany reveals the recently restored Hohenberg castle, where the German people expelled from Czechoslovakia after World War II have their cultural centre.



Day 5 Frantiskovy Lazne - Marianske Lazne Distance: 50 Km / 31 Miles

Description of the day: Just a couple of kilometres from Frantiskovy Lazne we reach the town of Cheb. For centuries this town was the gate between the Holy Roman Empire and Czech kingdom. This beautiful town is without doubt the most "German" place in the Czech Republic, highlighted by the 13th-century merchant house, "Špalíček," and the imperial castle, unique in the Czech Republic. It was the favorite residency of the emperor Friedrich Barbarossa and contains a striking Romanesque chapel. From Cheb we bike on car-free roads through small villages that attest to the centuries-old influence of the German people. On the way we visit a Marian Loretto pilgrimage church and a chateau in Stary Hroznatov. The last stop on the way is the opulent chateau Kynzvalt, built by Counselor Clemmens Metternich in the 19th-century as his representative seat. Today its architecture makes an elegant café stop. Just a few kilometers on, we reach our final stop of the day – the spa town of Marianske Lazne. Take time to soak those muscles in the spas' healing waters.

**Day 6 Marianske Lazne - Bečov nad Teplou -
Mariánské Lázně Distance: 55 Km / 34 Miles**

Description of the day: In the morning we have to climb a hill, or we can take the ski lift! Once on top, we bike along small roads to the Tepla monastery dating back to 12th century. We can admire the monastery church and particularly the library with some 80 000 books from all eras. From here on we bike through the mild forests and meadows of the Slavkovsky Forest area to the town of Becov nad Teplou, its chateau the hiding place of the famous St. Maura reliquary. It is one of the most important and valuable historical items of the country and of all Middle Ages Europe! From Becov we can either take a train to Mariánské Lázně, or bike the remaining distance back.



Day 7 Departure Distance: 0 Km / 0 Miles

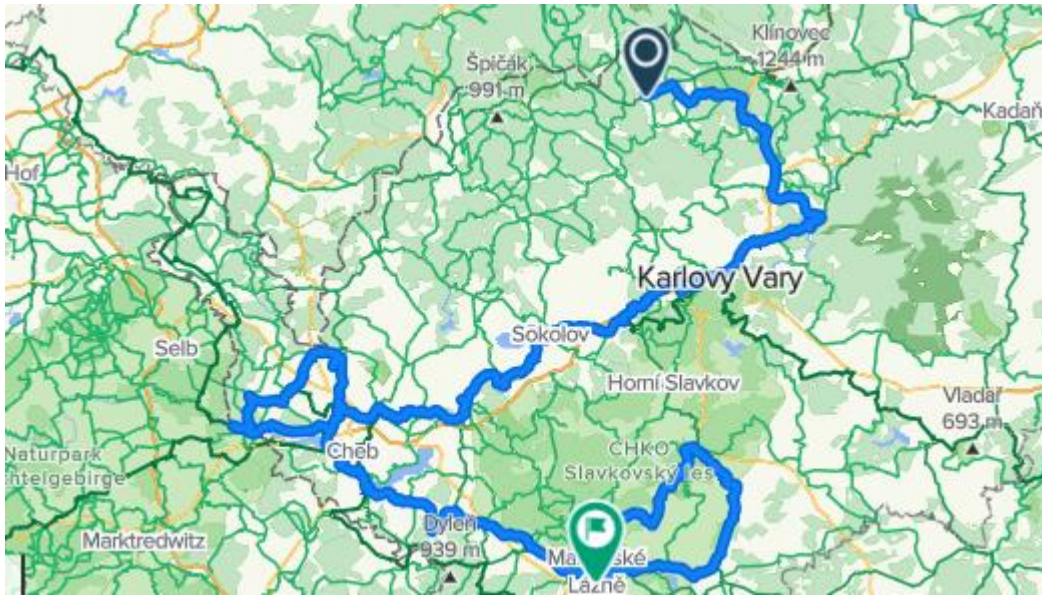
Description of the day: The tour ends by a check-out from your hotel.





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Route



Technical Characteristics:

Tour Profile: Average. 60 - 80% asphalt on either small roads or designated cycle tracks. The rest is on gravel or dirt trails perfectly suitable for all bikes we offer.

Distance: 221 km

Travel Season: Self-Guided Tours: Daily departures May 1 to October 10

Guided Tours: Departures June 22 and August 17

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Price per Person *all prices subject to confirmation on booking*

Double Occupancy	€ 745
Double Occupancy guided	€1210
Single Supplement	€ 210
Solo Surcharge	€180
Premium Accommodation Surcharge Double Occupancy	€ 240
Premium Accommodation Single Surcharge	€ 225
Half Board Surcharge	€ 195
Premium Half Board Surcharge	€ 235
Hybrid Bike Rental	€ 110
Gravel Bike Rental	€ 140
E-Bike Rental	€ 210
Extra Night Prague/Karlovy Vary	On request
Transfer Prague – Karlovy Vary 1-3 persons	On request
Transfer Prague – Karlovy Vary 4+ persons	On request

Included:

Self-Guided:

- Individual pre-tour meeting at appointed time at client hotel on the first day of the tour
- Accommodation in selected hotels and pensions (city standard/premium)
- Breakfast on all days Day by day description with altitude profiles, places to visit and local tips
- Detailed tailor-made cycling maps (per room)
- Detailed town maps (per room)
- GPX tracks for your mobile phone – on request
- Routing in an app with offline maps (per room)
- Train tickets and train time tables (for tours where train transfer is part of a tour schedule)
Transportation of luggage between hotels between 9-17:00 (for option including luggage transfers only!) – IMPORTANT: the weight limit per piece is 15 Kilos, per person max 2 pieces!
- Practical bike ride and safety information
- 24-hour hotline assistance service

Guided:

- Specialized Bike Holidays bicycle tour leader during all biking days
- Pick-up from any Prague hotel on the first day of the tour at an appointed time
- Accommodation in selected hotels and pensions
- Breakfast on all days
- Dinners on selected biking days.
- No drinks (except for an initial jar of tap water per table)

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- Refreshments in the supporting vehicle (soft drinks, snacks, sweets, fruit), Water for bike-flasks
Welcome briefing on the first day
- Maps of towns of accommodation on the tour (per room)
- Detailed cycling maps (on request)
- Program and detailed day-by-day description (per room) Practical bike ride safety training
- Technical service on the route
- First aid service on the route
- Support vehicle
- All transportation of participants and their luggage and bicycles during the tour

Not Included:

Self-Guided:

- Personal travel and health insurance for participants in the tour
- Transportation (air tickets) to/from starting/final point of the tour
- Transfer from Prague Airport to your Prague hotel on the day of arrival
- Transfer from hotel to the airport on departure day
- Meals (except for breakfasts)
- Entrance fees to museums, castles and chateaux
- Local municipality/spa/tourist tax (to be paid on spot directly to the hotel)
- Bike rental

Guided:

- Personal travel and health insurance for participants in the tour
- Transportation (air-tickets) to/from Prague – starting/final point of the tour
- Transfer from Prague airport to your Prague hotel on the day of arrival
- Transfer from hotel to the airport on the departure day
- Other meals than mentioned in „What is included“
- Drinks to meals
- Entrance fees to museums, castles and chateaux
- Local municipality/spa/tourist tax (to be paid on spot directly to the hotel)
- Bike rental

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Bikes

Pells Stratus Deluxe



Pells Stratus Woman



Specialized Diverge Sport



Pells Crono Pro / Crono Comp / Crono Lady



E-Bike Author Dynasty



E-Bike Apache Electronics Lady



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A MEMBER TOUR FOR MORE INFORMATION CONTACT

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