



**Canada-Cycling P'tit Train du Nord (2025)**

**5 Days/ 4 Nights**

**Individual Self-Guided**



Self-guided multi-day bike rides just don't come easier - or more beautiful - than Le P'tit Train du Nord, a gentle 200km-long rail trail through gorgeous Laurentian countryside. With your bags shuttled ahead to cozy B&B's along this former railway line, let your mind wander as you pedal through lush tree-tunnel forests, vibrant villages, and restored historical stations. Meandering around sparkling lakes, bubbling brooks and the base of the Laurentian mountains, greet friendly locals, sample cafes, explore a summer festival, spot wildlife, or pick up fine wine and cheese for your refreshingly light saddlebags. With a gradient that varies between hardly uphill, flat and joyously downhill, the gentle, crushed gravel or paved trail is clearly marked, delightfully social, and amenable for even the most introductory of riders. Counting down the kilometres, four days provides plenty of flexibility, with time to sample award-winning bistros, shop the boutiques, and explore destinations like the world famous Mont Tremblant

**OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9**

**[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350**

**TICO Ontario Registration No: 50022848**



resort. Powered by pedals and your own curiosity, Le P'tit Train du Nord offers an unforgettable and unique combination of Quebecois landscape, food, history, culture and adventure.

### **Day by Day**

#### **Day 1 Arrive Saint-Jérôme**

Make your way to our joining hotel in Saint-Jérôme, the Laurentians' regional capital and KM-0 on the P'tit Train du Nord trail. Summers are bursting with colour, including a popular summer folk festival and daily events centred on the lively Place des Festivités. Learn about the region on the historical walking trail, shop for souvenirs in the open-air market, hike or paddle in the Riviere-du-Nord regional park, or sample a taste of the region at a local bistro, artisan store or micro-brewery. We overnight in a centrally located hotel. Meals: Nil

#### **Day 2 Mont-Laurier to Nominique (55km/34miles)**

After breakfast, meet at the bicycle rental location near the trail's KM-0 to collect your bikes, make any adjustments, and transfer north to the trail's end (KM-200) in Mont-Laurier, the capital of the Upper Laurentians. From the trail's starting point, pedal south towards Nominique via Lac-des-Ecorces and Lac-Saguay. There will be plenty of opportunity for rests should your legs need to acclimatize, and time for a lakeside picnic lunch. A 3-course gourmet dinner awaits at your scenic accommodation in Nominique. Meals: B,D



#### **Day 3 Nominique to Mont-Tremblant (60km/37miles)**

Choose to explore Nominique's wharf, public beach or local biking trails, or get straight back onto the trail to continue onwards to Tremblant. Enjoy the idyllic shores of Lac Nominique, and next arrive at the historical rail town of Rivière Rouge, with its inviting main street. Depending on time, a river or

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lakefront café in the village of Labelle is an ideal lunch break. Ahead lies Quebec's most famous national park and the largest ski resort in eastern Canada, Mont-Tremblant. The rail trail does not intersect the European-style resort area itself – avoiding the hills – instead intersecting with Tremblant's lakeside Village and Downtown zones. Our cozy B&B is close to the trail, and perfectly located for you to explore a wide variety of stores, drinking holes, and restaurants. Meals: B

#### **Day 4 Mont-Tremblant to Val-David (49km/30miles)**

Working off last night's dinner, pedal into the colourful towns of Saint-Faustin–Lac-Carré and Sainte-Agathe-des-Monts. Enjoying its summer celebrations, Saint-Faustin-Lac-Carré's attractions include 30 outdoor sculptures, the Love Tree and its Love Locks, the Maison des Arts et de la Culture, a heritage station building, and the town's century-old church. If that sounds too busy, just replenish your energy basking on one of the town's sunny outdoor terraces. Sainte-Agathe-des-Monts is a lakeside service town with a vibrant downtown, and lovely beaches. Home tonight is the forest town of Val-David, well known for its art studios, fine restaurants, and nearby rock climbing. Meals: B

#### **Day 5 Val-David to Saint-Jérôme (42km/26miles)**

Leaving the tranquil villages for the big city ahead, the trail crosses Piedmont and snakes beneath escarpment cliffs into Prévost, a town known for its glass and art studios, antique stores, bistros, and regional parks. You approach the familiar KM-0 in Saint-Jérôme, crossing the finish line at Place de la Gare. Hard to believe you picked up your bikes at this very spot just four, unforgettable days ago. Drop off your bikes, celebrate with a beverage, share your favourite moments, and bid au revoir to the culture, beauty, cuisine and camaraderie of Le P'tit Train Du Nord. Meals: Nil

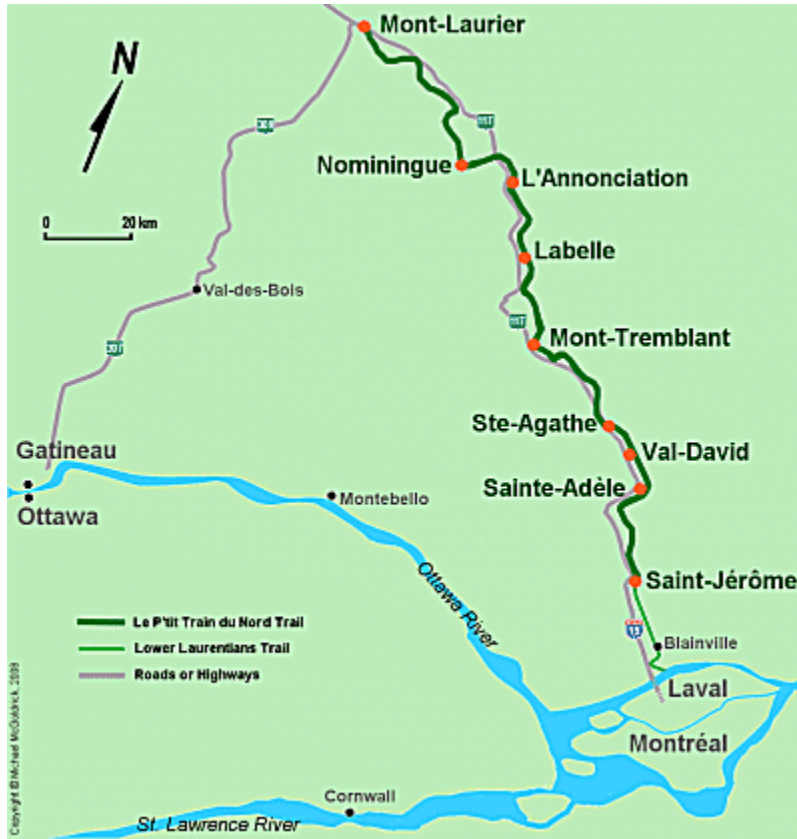


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## Route



A flat meandering trail. Average. 200km

## Departure Dates

Daily Fridays to Tuesdays June 13- September 30<sup>th</sup>

## Price

Price per person in Canadian Dollars- *all prices subject to confirmation on booking*

Double occupancy \$1120 plus tax

Single Supplement \$640 plus tax

Discount for bringing your own bike -\$100

E-bike Supplement \$260 plus tax

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**Included**

- 3 nights B&B's with private facilities (family room)
- 1 night hotel with private facilities (adjoining rooms if needed)
- 3 breakfasts and 1 dinner
- Hybrid bicycle rental including helmet, bike bag, lock, and basic repair kit.
- Daily luggage transfer
- Navigation APP inclusive of detailed route notes and points of interest (available offline while walking or cycling)
- Emergency hotline
- Transfers as indicated in the itinerary
- C\$50 donation to Trans Canada Trail

**Not Included**

- Optional electric-assist bicycle
- Travel to/from Saint-Jérôme
- Guide (this is a self-guided tour)
- Meals not listed in the itinerary (suggestions are provided)
- Entrance fees
- Personal expenses such as laundry and phone calls
- Airfare, visas
- Travel insurance
- Applicable taxes

***This is a partner tour***

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