



Canada-Cycle the Eastern Townships (2025)

7 Days/ 6 Nights

Individual Self-Guided



Enjoy the gourmet tasting experiences of the Montérégie region and the Eastern Townships between Montreal and North Hatley on a self-guided bike touring adventure. This multi-day cycling tour is known as the Veloroute Gourmande and follows an established route between Montreal and Sherbrooke that extends for 235km/146miles as part of the Route Verte trail network. The tour stops just short of Sherbrooke in North Hatley to enjoy everything that the charming community has to offer to the gourmet cyclist. The route passes through many charming communities, open-air museum exhibits, agricultural fields, maple harvesting forests, and picturesque lakes, mountains and rivers that flow back into the mighty St. Lawrence River. This experience is about enjoying the famous 'joie de vivre' of the people of Quebec through their passion for food and drink. You will be encouraged to explore breweries, epicurean restaurants and the tastes of other local products in a variety of enchanting communities and vibrant natural settings.

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



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Day by Day

Day 1 Arrive in Montréal

Make your way to the joining hotel in Montréal, located conveniently downtown, near a variety of restaurants and eclectic shops. The island of Montréal was originally a diplomatic trading area for regional First Nations valued for its strategic location on the St Lawrence River. Eventually, it became a bustling port city, now also home to art galleries, museums, beautiful patios and gastronomic restaurants. Montréal represents a mosaic of cultures and traditions worth exploring. You may wish to arrive a day or two before your cycling tour starts. Meals: Nil

Day 2 Montreal to Saint-Jean-sur-Richelieu (52.2km/32.4miles)

You will be fitted for your bikes from a pre-determined location in Montreal. From here you will find yourself using bridges to cross canals and the mighty Saint Lawrence River. Note that the Saint-Lambert Lock sometimes closes to traffic and cyclists during the passage of day boats for periods of up to an hour. As you distance yourself from the heart of Montreal you will begin to pass through more parks and green spaces. When you reach the town of Chambly you will encounter many charming restaurants and shops alongside the popular Chambly Basin. From here you will follow the charming Chambly Canal south. The Chambly Canal was originally constructed between 1833 and 1841 to bypass the Chambly Rapids on the Richelieu River. The canal played a major economic role by helping to link New York City to Montreal. The river has a complex and varied history to the indigenous communities of the area and came to be used historically by the Kanien'kehá:ka people. The canal will take you to Saint-Jean-sur-Richelieu, a sector vibrant with art galleries, museums, parks, authentic shops, cafés, and restaurants. Meals: B



Day 3 Saint-Jean-sur-Richelieu to Granby (54.1km/33.6miles)

After you cross the Richelieu river this morning, you will emerge onto a pathway that runs through woods, fields, and farmlands. The path leading east will take you to Farnham, where the fromagerie and local brewery have inviting patios and flavors. The route out of town continues along scenic tree-lined bike trails until you reach Granby and split off for your hotel for the evening. The waters from Boivin

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Lake flow west into the Yamaska River, which parallels the main trail as they pass through Granby on their way to the Saint-Lawrence River. Meals: B

Day 4 Granby to Foster (33.6km/20.1miles or 40.1km/24.9mi)

Start things off with some lakeside views for the shortest day of your cycling journey as you head east using the shoreline bike trail. Once you are past Lake Boivin and the nearby reservoir, the trail curves to the southeast with an optional detour into Bromont. After this the trail passes through extensive woodlands to circumvent Mount Shefford's three impressive peaks on the way into Waterloo. Today's culinary lunch opportunities are best found through the 7.5km detour to Bromont or in Waterloo. After passing through Waterloo, your path leads you to a comfortable Auberge resting on the enchanting shores of Brome Lake. Meals: B

Day 5 Foster to Magog (49.4km/30.7miles or 53.4km/33.2miles)

Today you should be prepared for some elevation changes as you pass through Eastman and the hilly terrain approaching the serene Mont-Orford National Park. Taking the 4 km out-and-back detour around Silver Lake near Eastman will reward you with spectacular hillside views. Please note that on the successive route to Magog some road cycling will be required in connecting between trail segments. Your route takes you through an exhilarating mountainous area and through a pass between Mount Alfred-DesRochers and Mount Chauve. Once you have reached Lake Memphremagog the town of Magog awaits. Meals: B

Day 6 Magog to North Hatley (39.4km/24.5miles)

After a hearty breakfast, there is a potential winery detour that we recommend getting tickets to in advance while leaving Magog's suburbs and the agricultural fields at the edge of town (note that wine tours are subject to operating hours). This is all followed by more pristine forest until you reach Magog Lake. The wooded areas around Magog and North Hatley are known for their wide variety of their 'érablières' and 'cabanes à sucre' (or sugar bushes and sugar shacks) These pristine woods are where maple syrup and other maple products are produced in the early spring. Please note that this is followed by some more road cycling interspersed with wooded trails until you reach your charming B&B in North Hatley. Be sure to find a moment to enjoy a walk to the end of North Hatley's pier. Meals: B

Day 7 North Hatley to Sherbrooke and return to Montreal (24.7km/15.3miles)

Wake up to a full and hearty breakfast, with many choices from eggs, sausages and bacon to specialty crêpes and omelettes, and fruits or chocolate ganache. Your final stretch is a beautiful ride along the river and countryside between North Hatley and Sherbrooke. You will have time to enjoy yourself and relax in Sherbrooke before taking shuttle back to Montréal at 3pm with your bikes. Meals: B



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Route



Average difficulty Enjoy a relaxing ride along scenic woodland trails throughout the Eastern Townships and the Montérégie region

Departure Dates

Tuesdays and Fridays May 16th to October 7th

Shoulder season departures – All inclusions remain the same, but please note that the experience may vary as some attractions and tourist services may be limited during this time.

Price

All prices per person in Canadian Dollars- subject to confirmation on booking

Double occupancy \$1690- plus tax

Single occupancy supplement \$950- plus tax

Solos Traveller Supplement \$1580- plus tax

E-bike rental \$80-plus tax

Bring your own bike discount - \$210

Accommodation

Charming B&B and Motels

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Included

- 6 breakfasts
- 6 nights in 3-star accommodation on a double occupancy basis
- Transfers as indicated in the itinerary
- Luggage transfers (1 piece per person 20 kg max)
- Hybrid bicycle rental including helmet, repair kit, bike bag, rear rack and lock
- Navigation APP inclusive of detailed route notes and points of interest
- Emergency Hotline
- C\$50 per person donation to Trans Canada Trail

Not Included

- Optional electric-assist bicycle upgrade (extra cost, limited quantities)
- Guide (this is a self-guided tour)
- Lunch and Dinner unless listed otherwise (suggestions are provided)
- Transfer within Montreal to the bike shop
- Personal expenses such as laundry and phone calls
- Airfare, visas
- Travel insurance
- Applicable taxes

This is a partner tour