



Belgium-Netherlands- Cycling from Bruges through Belgium and the Netherlands to Amsterdam (2025)

8 Days/ 7 Nights

Individual Self-Guided



This cycle tour takes you from Belgium to the Netherlands. Starting in Bruges, the Venice of the North, a varied week awaits you. West Flanders and the Belgian coastline are sure to enchant you. In the province of Zeeland, the beautiful sandy beaches invite you to sunbathe. In Holland, historic fortified towns provide an incomparable atmosphere and the windmills of the Kinderdijk are a must-see when visiting the region. Your tour ends in Amsterdam, the famous metropolis with its canals, museums and many boutiques for shopping fans. In between, lush green landscapes with grazing cows, extensive forests and lots of water await you. You will also see national parks and picturesque villages as well as impressive buildings and monuments, many of which are UNESCO World Heritage Sites. The tour from Bruges to Amsterdam is also a culinary journey, with Flemish delicacies, Belgian beer, cheese and syrupy waffles from Gouda as well as plenty of fresh seafood. Everything your heart desires!

OK Cycle & Adventure Tours Inc. - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

www.okcycletours.com Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848



Day by Day

Day 1: Individual arrival in Bruges

The Venice of the North will delight you with its historic town centre and canals. Situated in the middle of the beautiful landscape of Flanders, Bruges is the most attractive city in the region. The city centre was declared a UNESCO World Heritage Site in 2000.

Day 2: Bruges – Vlissingen | Middelburg, approx. 65 km

From Bruges, you will start cycling through the beautiful landscape of West Flanders. At Knokke-Heist you will reach the coast and follow it for a while. Again and again, vast sandy beaches will tempt you to take a dip in the cool water. At the end of the day, a ferry will take you to Zeeland. The maritime town of Vlissingen is your overnight stop. Here, you can watch the sun set during an evening stroll along the sea promenade.

Day 3: Vlissingen | Middelburg – Schuddebeurs | Zierikzee, approx. 50 km

You will spend the day in the province of Zeeland, whose rich nature and long history will amaze you. Beautiful beaches with crystal clear water often accompany you along the route. Culinary delights include fresh mussels and crabs from the sea, and those interested in art and culture will find numerous museums. In Zierikzee, there are over 500 monuments to marvel at and shopping fans will find numerous small boutiques.

Day 4: Schuddebeurs | Zierikzee – Willemstad, approx. 55 km

The first stretch of today's tour takes you through Zeeland again before you cross over to the province of North Brabant. There will be no shortage of opportunities for swimming stops today, and you will find beaches, sun and delicious food around every corner. Willemstad is your next overnight stop. The historic fortress town has hardly changed since 1585.

Day 5: Willemstad – Dordrecht, approx. 60 km

Today's stage takes you to De Biesbosch National Park; a unique labyrinth of small rivers and streams stretching over 8,000 hectares. In this water kingdom, you can observe numerous bird species as well as beavers. The tranquillity of the untouched nature guarantees deceleration. Contrast this with the hustle and bustle of Dordrecht: In Holland's oldest city, there are over 1,000 monuments to marvel at, and there is always something going on in the picturesque alleys of the city centre.

Day 6: Dordrecht – Gouda, approx. 45 km

Today you will discover the impressive windmills of Kinderdijk. These 19 buildings are among the most photographed motifs in Holland. In the three museum windmills, you can learn all kinds of interesting facts about their origins. Situated between historic drawbridges and picturesque streams, you will also be impressed by the water-rich nature. The stage destination Gouda is not only known for its delicious

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cheese - you should also try the syrup waffles here. There are many historic buildings to visit in the city centre.

Day 7: Gouda – Amsterdam, approx. 70 km

On your last cycling stage, you will roam through the green heart of the Netherlands. In this vast natural area, alternating between towns and picturesque villages, you will find everything that is so typical of Holland: cheese, windmills, grazing cows, historic country estates and quaint farms where old craftsmanship still prevails. The destination of your cycle tour is Amsterdam. It is impossible to fully explore the Dutch metropolis in one evening.

Day 8: Individual departure, return transfer or extension

After breakfast, your cycling holiday from Belgium to Holland comes to an end. There is much to discover in the capital of the Netherlands. We are happy to book an extension for you, or you can avail of the optional return transfer with our bike bus to Bruges.

- **Travel** to Bruges by car or train. Nearest airport: Ostende-Bruges.
- **Parking:** A hotel garage parking space costs approx. 25 € per day. Reservation required in advance, payable on site. A public parking garage costs between 7 € to 16 € per day, depending on the location. No reservation possible or necessary. You will receive detailed information on parking facilities with your travel documents.
- **Return transfer** with our bike bus from Amsterdam to Bruges: Bookable every Sunday with departure approx. 1pm to 2pm in Amsterdam. Pick-up directly at the hotel, duration approx. 3.5 hours. Price: 85 € per person and 39 € if you bring your own bike (only possible in the course of the passenger transfer). Reservation required; the transfer will be added to the bill. Alternatively, excellent train connections (without changing, several times a day) are available.
- It's possible to buy new and high-quality **helmets** from UVEX at a rate of 49 € upon arrival. A rental helmet costs 19 €. For both options a reservation in advance is necessary.

Route

Easy-The route follows the '*fietsknooppunten*' numbered junction network in Belgium and Holland. The route is mainly flat, on asphalted cycle paths and side roads with little traffic. Only when entering and leaving the cities should you expect increased traffic. The trip is also suitable for families with children as well as cycling beginners.

Travel dates

Departures April 11-September 21

- Season 1 (FR|SA|SU): 11.04. - 24.04. | 19.09. - 21.09.2025
- Season 2 (FR|SA|SU): 25.04. - 22.05. | 05.09. - 18.09.2025
- Season 3 (daily): 23.05. - 04.09.2025
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Price per person in Euros- all prices subject to confirmation on booking	
Per person in double room in season 1	1,249 €
Per person in double room in season 2	1,339 €
Per person in double room in season 3	1,419 €
Surcharge single room	699 €
Bike rental (21 gears Trekking)	99 €
Rental premium bike	169 €
Rental gravel bike	229 €
Rental electro assisted bike	269 €
Additional nights Bruges	On request
Additional nights Amsterdam	On request

Accommodation category: Carefully selected hotels 3* and 4*

Included

- 7 overnight stays in the mentioned category
- Daily breakfast from buffet
- Luggage transfer from hotel to hotel

(Per person 1 piece with a maximum of 23 kg)

- Service hotline daily between 8:00 to 20:00 h
- Well elaborated route
- Detailed travel documents (1 package per room)
- Navigation-App incl. GPX-tracks
- Personal welcome and bike fitting on site
- If bike rental: Rental bike insurance included

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Not Included

Visitor's tax/local tax, if due, not included in the tour price

Bikes

21 speed Trekking/ Hybrid



Solid, easy wheeling and sturdy trekking bikes which can be recommended to every guest with good conscience. Modern V-breaks, aluminium-rims, and almost indestructible tires ensure high duration. The heart of each bicycle is a modern, high-resistant aluminium frame. Traffic safety is guaranteed by lighting system, carrier, mudguard and comfortable saddle.

21-gears-bikes are equipped with Shimano ALIVIO derailleur. It excuses mistakes, is robust and easy to handle. **Unisex frame 21-gears** with free wheel Sizes: 56 / 51 / 46 / 43 cm **Men's speed bikes 21gears** with free wheel and crossbar Sizes: 64 / 60 / 56 "slopping" cm

RENTAL E-BIKE

Manufactured especially by the bicycle manufacturer MAXX from Rosenheim and offers maximum comfort and the greatest possible safety. RENTAL E-BIKE Fact Sheet ■ Wave frame with balanced e-bike geometry and low step-through* ■ Aluminium frame with Octatube (octagonal down tube) ■ Comfortable suspension fork from Suntour ■ Easy-to-use Shimano LCD display ■ Shimano Steps EP600 mid-ship drive unit with 85 Nm ■ 630 Wh battery from Shimano incl. charger ■ Pedal assist up to 25 km/h ■ 8-speed Shimano Nexus hub gears with freewheel (= no backpedal brake) ■ Gates belt drive** ■ Hydraulic disc brakes from Shimano ■ Internal cable routing ■ Aluminium hollow chamber rims ■ Puncture-proof tyres ■ LED lighting system with daytime running lights ■ Mudguards ■ Sturdy pannier rack ■ Ergonomic handlebar grips ■ Selle Italia gel saddle ■ Weight approx. 24 kg ■ Vaude handlebar

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and pannier bag ■ Sturdy kickstand ■ Lockable frame and battery lock ■ Puncture kit with air pump, spare inner tube and small repair kit ■ Rental bike insurance included***

Premium – Bike



The premium bike is equipped with high components, and with a dark varnish a true eye-catcher. The sportive attitude with 27 speed Shimano Deore XT guarantees highest comfort on all our tours. Hydraulic Magura brakes HS 11 and a high-quality suspension fork from Suntour are only some of numerous advantages. Truly the proper choice for those who are looking for high quality with a sportive design.

RENTAL GRAVEL BIKE

Manufactured especially by the bike manufacturer MAXX from Rosenheim. The lightweight yet durable frame construction ensures an agile ride, while the tyres provide optimum grip and comfort on a variety of surfaces. RENTAL GRAVEL BIKE Fact Sheet ■ Comfortable gravel geometry for a fast ride ■ 6061-T6 aluminium diamond frame ■ High-quality carbon fork ■ Gravel handlebars (wider and more flared than racing handlebars) ■ SRAM Apex gear system with 1 x 12 gears (front chainring 40 teeth, rear sprockets 11-50 teeth) ■ Hydraulic disc brakes from SRAM ■ Internally routed wires/cables ■ Wheels from Miche ■ Schwalbe G-One gravel tyres (the versatile tread pattern is suitable for riding on asphalt, unpaved roads or off-road) ■ Selle Italia gel saddle ■ Weight approx. 11.5 kg ■ Bottle cage ■ Vaude Trailsaddle for day luggage* ■ Puncture kit with air pump, spare inner tube and small repair kit ■ Rental bike insurance included**

This is a partner tour for more information or booking please contact OK Cycle & Adventure Tours

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