

Belgium – Bruges for Kids Bike Tour (2025) Individual Self-guided 7 days / 6 nights



A truly surprising holiday! The region between the Belgian coast and the stunning city of Bruges is a very special one, yet waiting to be discovered by both kids and adults. This cycling trip is one for the whole family, sea and sand, cultural heritage, shopping in Bruges, picturesque villages and cycling paths through a splendid countryside.



## **Itinerary Day to Day**

### Day 1: Arrival in Bruges

Sometimes, it really looks like time has stood still for some centuries: you can admire old houses, narrow streets, beautiful medieval buildings,... But there are also nice restaurants, modern boutiques and a delicious gastronomy. There is truly loads to do in Bruges. As a family holiday, we will focus on the kids' favourites, on what they would really want to see. A boat trip on the 'Reien' is always a nice experience. These boat trips usually last half an hour. For a really wonderful time, you can go to the Boudewijn Seapark. It is not just a park where you can admire the dolphins in a huge basin, but it also features a nice theme park. The kids will have a wonderful time in the chocolate museum 'Choco-Story'! But, certainly, they will also like the historical centre of Bruges, with the famous market place and the belfry. Trips by carriage through the historic town centre are also possible. Or how about Zeebrugge? In Zeebrugge, you can visit Seafront, a maritime theme park, where you can visit an ancient Russian submarine, and discover how life is on sea.



On the way to Ostend, you can discover De Haan, a village which has beautifully preserved the Belle 'Epoque' style (19th century). After an unforgettable tour, we arrive in Ostend, also known as the 'queen of all coastal towns'. The stay in Ostend will be a paradise for the children! The hotel is situated at the beach, and there is a lot to discover: children's farm 'De Lange Schuur', the playground 'Airport Bowl', Earth Explorer... You will stay in a child friendly hotel in Ostend, as there is a playground, a bouncing castle...

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## Day 3: Circular ride to Oudenburg 30 km

This tour will bring us to the nice and flat countryside behind the Belgian coast, also named 'polder landscape'. Oudenburg is a typical Flemish village, built on the foundations of an ancient roman city.



#### Day 4: Circular ride to Nieuwpoort 44 km

Day 2: Bruges - De Haan - Ostend 40 km

Nieuwpoort is just like Ostend and Blankenberge one of the favourite seaside resorts in Belgium. This small town is situated along the river mouth of the 'Yser', a river that played an important strategic role during the First World War. The children will certainly enjoy the harbour and the nature reserve 'Ysermonde'. You can also have a break on the wide and lovely beach.



## Day 5: Ostend - Bruges 36 km

We cycle back to Bruges and will pass cosy villages such as Bredene. Enjoy with the children the typical Belgian landscape. We will also pass the silent canal Ostend – Bruges and the popular 'Spuikom' in Ostend.



Day 6: Cycling tour to Blankenberge and the North Sea 31 km There is nothing nicer for the kids than spending a day by the sea! Blankenberge is a busy town on the Belgian coast, and one of the favourite places of many tourists. What kids will really like is the Sea Life Marine Park, where they can discover the fascinating wildlife of the rivers and the oceans (sharks, piranhas...)!

Day 7: Departure after breakfast





#### **Route**



## **Technical Characteristics:**

**Tour Profile:** Easy. Easy and flat, suitable for all cyclists and families with children. Silent roads and cycling paths along a signposted cycling network.

Distance: 181 km

Travel Season: Sunday departures from April 27 until September 14



**Price per Person:** all prices subject to confirmation on booking

Double Occupancy B&B	€ 545
High Season Supplement from June 8 until August 17	€ 50
Single Room Surcharge	€ 185
Half Board	€ 220
Bike Rental 7/21 gear with hand brakes, pannier bag, pump, lock and repair kit	€ 75
E-bike (must be booked in advance)	€ 150
Child Bike, Trailer and 3 <sup>rd</sup> Wheel	€ 50
Child Seat	€ 15
Bicycle Insurance for Hybrid Bikes	€ 18
Bicycle Insurance for Electric Bikes	€ 28
Extra Nights in Bruges Double Occupancy B&B	€ 75
Extra Nights in Bruges Single Occupancy B&B	€ 125
Reduction for children 0-2 years when sharing with two adults in one room	-100%
Reduction for children 3-6 years when sharing with two adults in one room	-50%
Reduction for children 7-12 years when sharing with two adults in one room	-30%

<sup>\*\*</sup>There is no reduction for the third person in a room. For the comfort of the clients, only a double room and a single room can be booked at the hotel in Bruges. No single room supplement will be taken. The rooms would be connecting rooms.

#### **Services Included:**

- 7 days 6 nights in 3/4\* hotels, room with bath/shower and toilet
- 6 x breakfast
- Drinks in Ostend included (beer, wine, lemonade and water) when half board is booked!
- Free hotel parking during Bruges stay other days €5 per day
- Map, tourist information and road descriptions and GPS tracks
- Luggage transport (1 piece per person, up to 15 kg)
- Service Hotline (also on weekends)

#### Not Included:

- Journey to Brussels and from Bruges
- Personal expenses



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