



**Austria - Cycling and Walking in the Lake District Salzkammergut Tour (2025)**  
**Individual Self-guided**  
**9 days / 8 nights**



What could be more enjoyable than biking on the shore paths of the lakes and to let the soul 'flow' in a wonderfully unspoiled countryside? A tour through the Salzkammergut area of Austria lets you enjoy the World Heritage Site of Hallstatt, the Emperor City of Bad Ischl and many crystal clear lakes.

Your walking tours leads you up to little mountains where everything looks a little bit different than from the cycle. Take your time to enjoy and visit the famous sights as the Hallstatt salt mine, the Dachstein ice cave or the emperor villa of Bad Ischl.



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### Itinerary Day to Day

#### **Day 1: Arrival Lake Wolfgangsee**

Overnight Lake Wolfgangsee



#### **Day 2: Walking Abersee/St. Wolfgang – Lake Schwarzensee – Strobl – Abersee/St. Wolfgang 15.5 km 4.5 hours to walk + 345 m and – 345 m**

By ferry to St. Wolfgang. You'll take the Sattel (saddle) walk to Lake Schwarzensee, where Madame Lore of the lake hut waits to treat you with local treat. Then walk down into the valley past a gorge to the lake promenade in Strobl. Afterwards you will follow the nice lakeside walking trail back to the peninsula of Abersee (or take the boat). Overnight in Lake Wolfgangsee.

#### **Day 3: Cycling Abersee/St. Wolfgang – Lake Mondsee – Lake Attersee – Attergau 55 km**

Today you will cycle along Lake Wolfgangsee to the Mozart village of

St. Gilgen. Afterwards you will cross over to Lake Mondsee where you can visit the wedding church from the movie Sound of Music in Mondsee. Along the Lake Mondsee (moon lake) you will cycle to the biggest lake in the Lake district to Lake Attersee. There will be an ascent for about 2,5 km or you take the little local train for about 10 minutes.

#### **Day 4: Cycling Attergau – Lake Attersee – Lake Traunsee – Cycle or Train to Bad Ischl 45 - 65 km**

Slightly hilly will be your cycle day today. You will pass little villages and farmhouses on your tour to Lake Traunsee. Enjoy the lovely lakeside city of Gmunden with the water castle. Afterward, follow the cycle trail along the lake till Ebensee where you can take the train to Bad Ischl. If you like you may take the boat from Gmunden to Ebensee. Overnight Bad Ischl or Lake Traunsee\*.

Distance: 45 and train to Bad Ischl or 65 km to Bad Ischl. One steeper ascent at the beginning (100 meters of altitude) and little ascent between lake Attersee to Lake Traunsee. Flat along the lake Traunsee till Bad Ischl.







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**Day 5: Bus to Gosau - Gosau Lakes Walking – Bus to Bad Ischl 12.65 km**

Take the public bus from Bad Ischl to Gosausee, where your walking tour will start. Lovely walk to the three little Lakes Gosauseen. At the end of the valley an alpine hut invites you for a “Jause” – a typical Austrian lunch-break. Wonderful scenery like in the Dolomites with view to the Dachstein glacier. Return to Bad Ischl by public bus.



**Day 6: Bad Ischl – Train to Tauplitz – Cycling Tauplitz – Bad Aussee - Hallstatt, 45 to 55 km**

With the train, you will go to Tauplitz, where you will find a wide valley with mountain ranges on both sides. Enjoy cycling through meadows and alpine pastures. Depending on your fitness you may cycle over a little mountain pass to Lake Grundlsee or you follow the river cycle trail to Bad Aussee. The last part of the trail leads you along the river passing the nature reserve of Koppn Valley. \*If the train is not running, cycle from Bad Ischl to Hallstatt (e.g. railway works!). Overnight Bad Goisern or Hallstatt.

**Day 7: Walking in the World Heritage of Hallstatt 5-15km**

Discover the world heritage sites of mount Krippenstein with the famous ice cave and wonderful alpine walking trails on the plateau. Depending on your fitness you may choose between an easy round trip tour of 3 hours till up to 5 hours. In the background is always the glacier of mount Dachstein. Overnight Hallstatt/Bad Goisern.



**Day 8: Cycling Hallstatt – Bad Ischl - Lake Wolfgangsee 35 - 45 km**

With the ferry you will cross Lake Hallstatt and afterwards you will follow the cycle trail along the lake to Bad Goisern. Following the brine pipeline trail you will come to Bad Ischl where you take the former Roman road to Lake Wolfgangsee. Enjoy the last kilometers along the lake with wonderful views to St. Wolfgang and the mountain. Overnight in Lake Wolfgangsee.

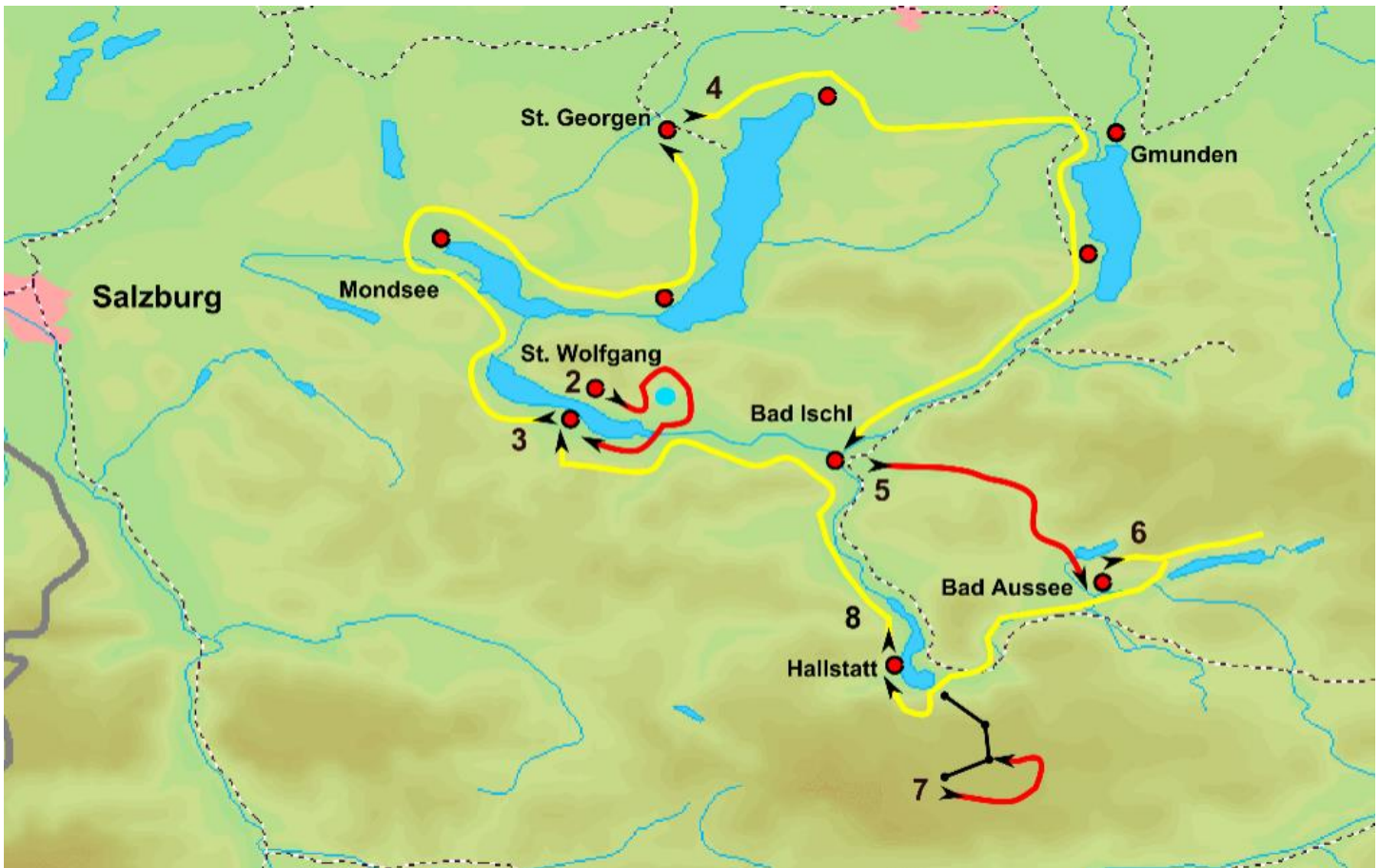
**Day 9: Departure**

Time to say goodbye and make plans to return to the Salzkammergut area!



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### Route



### Technical Characteristics:

**Route Profile:** Relatively Easy. On cycling days, you'll bike between 30 and 55 km. On hiking days, you'll walk between 4 - 5 hours per day. Don't worry about getting lost. You will follow mainly signed trail up to little alpine pastures and up to the Plateau of Krippenstein Mountain.

**Distance:** 260 km by bike and 48.5 km hiking

**Travel Season:** Departures daily from May 2 to October 19  
High Season June 23 to September 4

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



**Price per Person:** all prices subject to confirmation on booking

Double Occupancy	€ 1215
Single Occupancy	€1595
Double Occupancy High Season	€ 1385
Single Occupancy High Season	€ 1770
Bike Rental 21/24 gear	€ 145
E-Bike	€ 260
Welcome Meeting	€ 35
GPS rental	€ 40
Extra Nights in Lake Wolfgangsee Double Occupancy B&B	On request
Extra Nights in Hallstatt Double Occupancy B&B	On request

**Included:**

- 8 nights in 3 hotels/guesthouse with B&B
- Luggage transfer
- Mount Krippenstein all-inclusive ticket (3 x cable car, guided tour in the ice cave and mammoth cave)
- Ferry to Hallstatt including bicycle
- Ferry from Abersee – St. Wolfgang
- Walking and Cycle tour book and leaflets from the region
- GPS Files
- Train Ticket Bad Ischl – Tauplitz incl. cycle
- Bus Ticket Bad Ischl – Gosausee/return

**Not Included:**

- Train Ebensee – Bad Ischl, Bus Altausee – Bad Aussee approximately 15 Euros

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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TICO Ontario Registration No: 50022848