



# OK CYCLE & ADVENTURE TOURS SINCE 1995

Netherlands – Belgium - Bike and Barge Highlights of Holland and Flanders 2018

Guided Bike Tour

8 days / 7 nights



During this tour some of the most beautiful cities of Holland and Flanders are highlighted: Amsterdam, Antwerp, Ghent and Bruges, where you still can feel the charm of the days long gone. After embarkation in Amsterdam you will cross through a beautiful part of the Netherlands. Of course, you pass by the 19 Dutch windmills in Kinderdijk. Via Dordrecht and the fortified town of Willemstad, the ship cruises through the “Delta” Province of Zeeland to Belgium. You will spend the night in Antwerp, the city of Rubens, whose paintings can be admired in the cathedral. You will cycle from Antwerp to Ghent along the beautiful tidal river Lower Schelde. Destination of your tour is Bruges, the “Pearl of Flanders” with its picturesque medieval town centre.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
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### Itinerary Day to Day

#### **Day 1: Amsterdam – Vianen Bike tour 5-15 km**

Embarkation and check-in where the crew will welcome you on board is at 1 p.m. At around 2 p.m. the MS FLUVIUS will depart from Amsterdam for Vianen, a small fortified village on the Lek River. After the distribution of bicycles, you can enjoy a short first test bike ride through the surrounding area.

#### **Day 2: Vianen - Schoonhoven – Kinderdijk - Dordrecht Bike tour 56 km**

After breakfast you will cycle a beautiful route to Schoonhoven – nicknamed Zilverstad (Silver City) – a city renowned for its talented silver smiths since the 17th century. As you continue to cycle along the Lek River you will pass through the Alblasserwaard region to Kinderdijk, a village famous for its impressive row of 19 large windmills – one of which you can visit – which have a UNESCO cultural heritage listing. From nearby Alblasserdam you will take the “Waterbus” (not included approx. € 4, - per person), a fast ferry, that will take and your bike you in approx. 10 minutes to Dordrecht, one of the oldest towns in Holland



#### **Day 3: Dordrecht – Willemstad - Tholen – Antwerp 34 km**

During breakfast the ship sails to Willemstad. You pass the impressive lock "Volkerak" by bike and then continue to Tholen, which was an island in former times. Alternatively you bike through a forest area, “the Wouwse Plantage”, towards the south to the impressive Kreekraksluis (lock). Then you will sail to Antwerp, which is not only known as diamond city, but also as native city of the painter Rubens. You will find some of his paintings in the “Onze Lieve Vrouwe (our lady) Cathedral”.

#### **Day 4: Antwerp - St-Amands / Dendermonde 55 km**

After breakfast you cycle out of the port to the Zeeschelde. You follow this beautiful but capricious tidal river upstream to Dendermonde. There is a beautiful bike path along the river, and the landscape around the Schelde is magnificent. (eventually sailing to St-Amands and overnight stay).



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**Day 5: St-Amands / Dendermonde – Ghent- Merelbeke 53/40 km**

The bike tour follows again the river Schelde in the direction of Ghent. Ghent is a lively university city, again one with a rich past. In the afternoon you have the opportunity to discover the city some more, or to shop in the lively center. The city was founded in Roman times, where the rivers Leie and Schelde converge. The convenient location has over the years brought much prosperity, culminating in the late 13th, early 14th century. The textile industry brought great wealth. In the city, many old patricians preserved. The Cloth Hall (1425) came cloth merchants together. The main church St. Bavo Cathedral, which is built in different ages and in different styles. In the cathedral are some masterpieces of



masterpieces of medieval art, which "Adoration of the Mystic Lamb" by Jan van Eyck is the most famous. The ship is docked at the lock in Merelbeke, a suburb of Ghent.



**Day 6: Ghent - Merelbeke – Bruges 45 km**

Today our bike tour goes through the pleasant country side of Western Flanders to Bruges. Bruges, also called the Venice of the North, is maybe the most beautiful of all Flemish cities. Its old center, which dates from the middle Ages, is almost completely intact. Bruges was at that time a metropolis and center of commerce and art. You can still see this glory at the beautiful buildings. But Bruges is also a nice town for shopping or going out.

**Day 7: Tour around Bruges to the North Sea, 50 km**

The last bike tour takes you to a quiet canal along where you'll find lots of poplars, through an attractive polder landscape with nice small farm houses to the North Sea coast. A long sandy beach and numerous cafés provide enough variety during your lunch break. Then heading back to Bruges.

**Day 8: Bruges**

After breakfast, end of the tour and disembarkation until 10:00 a.m.



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### Route



### Technical Characteristics:

**Tour Profile:** The quality of the cycle ways along this route is excellent. Most of the way is paved or asphalted and does not have any gradients of note. This makes the trip suitable for cyclists with average physical condition.

**Distance:** 262-289 km

### **Travel Dates:**

**From Amsterdam:** Saturday departures April 21; May 5; May 19; June 2; June 16; June 30; July 14; July 28; August 11; August 25; September 8; September 22, 2018

**From Bruges:** Saturday departures April 28; May 12; May 26; June 9; June 23; July 7; July 21; August 4; August 18; September 1; September 15; September 29, 2018

**(tour goes in reverse order)**

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<b>Price per Person:</b>	<b>April 21</b>	<b>April 28 – Sept 22</b>	<b>September 29</b>
2 bed cabin Main Deck	€ 849.00	€ 899.00	€ 849.00
2 bed cabin Upper Deck	€ 999.00	€ 1049.00	€ 999.00
Premium 2 bed cabin with French balcony Upper Deck	€ 1099.00	€ 1149.00	€ 1099.00
2 bed cabin for single use Main Deck	€ 999.00	€ 1049.00	€ 999.00
Bike rental 7 speed unisex bicycle, with hand and pedal brake or freewheel hubs, pannier bag	€ 75.00		
E-bike with free wheel (must be booked in advance, limited number)	€ 165.00		

### **Included:**

- Tour and accommodation on board in the booked category, 8 days / 7 nights (Sat.-Sat.)
- Welcoming drink
- Full board (7 x breakfast, 6 x picnic lunch during bike tours or light lunch on board, 7 x three course dinner)
- Coffee and tea from 3 p.m. until 4 p.m. every day
- Daily cabin cleaning
- Change of linen and towels as required
- Daily meeting to discuss the cycling tours
- **2 Tour leaders** (multilingual) with daily briefings of the bike tours for guided bike tours
- every harbor and locking fee
- Printed instructions and detailed maps for daily bike tours (deposited on board)

### **Not included:**

Transfers to/from the docking places in Amsterdam and Bruges  
Rental bicycle  
Other transfers  
Parking fee  
Entrance fees & excursions  
Fees for ferries and Waterbus  
Drinks on board  
Personal insurances  
Gratuities (at your discretion)

**MS FLUVIUS**



The small and comfortable river cruiser MS Fluvius has been a popular choice for guests for a number of years now on the Amsterdam to Bruges cycle tour. On board this cozy ship, which caters for a maximum of 44 guests, are a total of 18 twin and 4 double bed cabins. The lower deck has 14 twin cabins (approx. 10 M<sup>2</sup>) and one smaller twin cabin (approx. 9 M<sup>2</sup>) and on the upper deck there are 3 twin cabins (approx. 10 M<sup>2</sup>). In winter 2017-2018, 4 additional upper deck double cabins (approx. 12 M<sup>2</sup>) with a large panoramic window (ceiling to floor) that can be opened will be created.

All twin cabins have 2 low separate single beds, the 4 new cabins have a 140 x 200 cm double bed. All cabins have an air-conditioning unit that is individually adjustable, a ventilation system and a window (windows in twin cabins are fixed) and en-suite bathroom with shower/toilet and hairdryer. The salon with bar is a large room for common use and has a semi-separate restaurant area. On the large sun deck of the 70 meter long ship are sitting places (tables and chairs) and storage room for the bikes. The ship sails under the Dutch flag and management.





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### Bikes



#### Hybrid Bike

**Unisex frame 21-gears** with free wheel sizes: 56 / 51 / 46 / 43 cm

**Unisex 7-gears-bikes** with back pedaling brake sizes: 56 / 51 / 46 cm

**Men's speed bikes 21-gears** with free wheel and crossbar sizes: 64 / 60 / 56  
"slopping" cm (note: a reservation is necessary!)

**Also includes** Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock



#### Electric Bike

A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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TICO Ontario Registration No: 50022848