



**Italy – South Tyrol in One Hotel Bike Tour 2018**  
**Individual Self-Guided**  
**7 days/6 nights**



South Tyrol: Who does not think of excellent wines, Törggelle meals, the Dolomites, and the beautiful scenery when hearing this name? A bicycle tour through South Tyrol can truly become an amazing holiday. This tour will show you cities like Bolzano, Merano and Trento. You will get to Lake Caldaro and cycle through beautiful orchards and vineyards. A bicycle tour through South Tyrol is always also a culinary exploration too. Our tour is for sure one of the most convenient ways to explore South Tyrol by bike.



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### Itinerary Day to Day

#### **Day 1: Arrival in Bolzano**

Tour information meeting and bike fitting. We recommend taking a walk through the capital city of South Tyrol.

#### **Day 2: Merano Tour approx. 65 km or 35 km + train journey**

From Bolzano, you will cycle along the river Eisack and then on a newly opened cycle path to Merano. The spa town at the junction of the rivers Passer and Adige is waiting for you with its many attractions (ancient fortress, Tappeiner way, spa promenade, Post Bridge ...). Your way back will lead you via Lana (Schnatterpeck Altar), through orchards and vineyards, to Eppan and back to your hotel.



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#### **Day 3: Trip to Lake Caldaro and Lake Montigglersee 45 km**

You will cycle on the bike path past the castle Sigmundskron (Messner Mountain Museum) and continue to Eppan with fantastic views across the valley to Lake Caldaro. You will find a huge number of grapes and apples along the way. Later, you will return through the nature reserve Montiggler Seen (possibilities for swimming!) and slightly uphill to Bolzano.

#### **Day 4: Trento Tour 65 km**

Today, you will ride your bike southwards on the Adige bike path from South Tyrol, via Salurn, into the Trentino area. Immediately after leaving the German speaking part of Italy behind you, you will get the chance to try some wonderful pasta dishes (included in the tour package price). Trento's picturesque old town with its cathedral, numerous palaces, the Castello del Buonconsiglio, and of course cosy cafes and colourful shops is your final destination today. Return transfer by train to Bolzano.



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**Day 5: Brixen Tour 45 km**

The day starts with a train journey to Brixen. The old cathedral town is beautifully located in the middle of vineyards. You should definitely visit the picturesque old town with its arcades and cathedral. On your way back to Bolzano, you will come across the medieval town of Klausen with the monastery Säben. Then, you will cycle downhill on an old railway line which was transformed into a beautiful bike path.

**Day 6: Trip onto the Mountain Ridge Ritten 30 km**

The panoramic cable car will take you up to 1,221 metres of altitude to Upper Bolzano (bike ticket not included, approx. € 4,-/return ticket). By bike (or alternatively by narrow gauge railway) you will get to Lake Wolfsgrubensee and further to Klobenstein. From there, it is only a short distance to the unique earth pillars, a fantastic natural phenomenon. Then you will return to Upper Bolzano and take the cable car back down to the valley. Alternatively, you can descent from Klobenstein to the Eisacktal valley.



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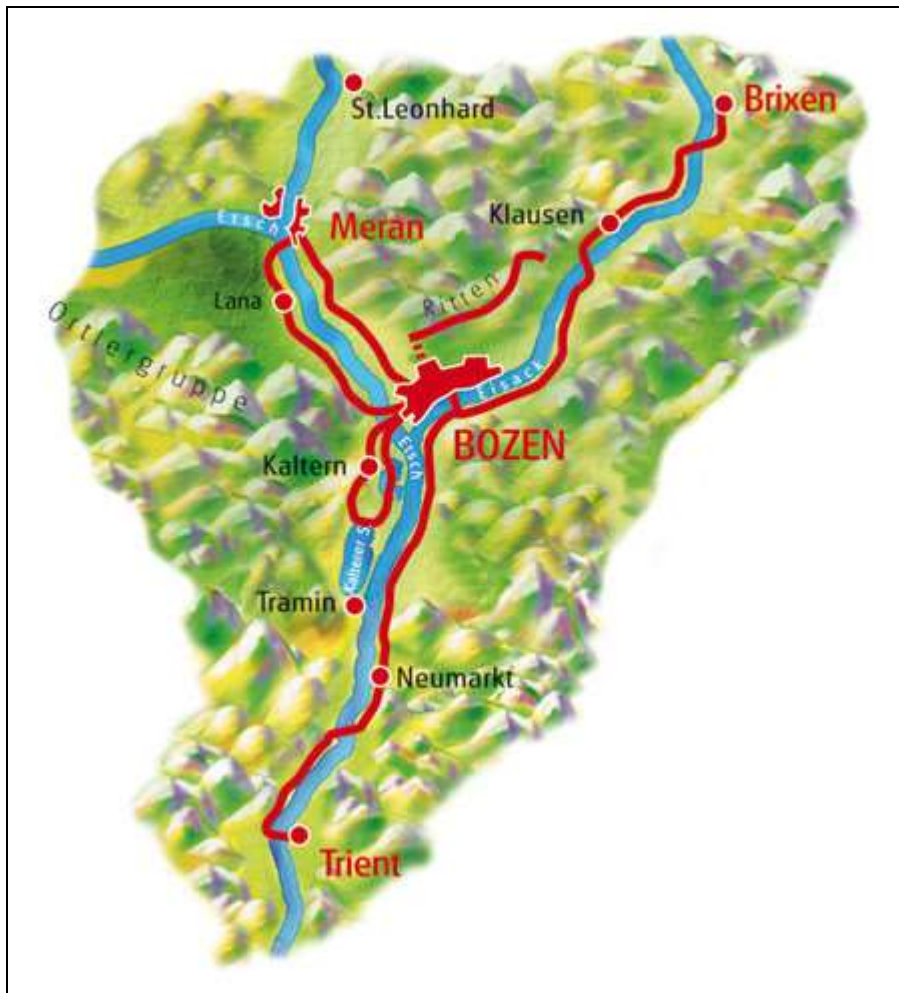
**Day 7: Departure or Extension of Trip**





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### Route



### Technical Characteristics:

**Route Profile:** Many bike paths and farm tracks lead through orchards and vineyards. Only sometimes you will find yourself on short connecting roads with moderate traffic. You will mainly cycle downhill on flat roads, but there are also some short climbs. For almost all stages there are shortcuts or extensions you can take instead of taking the routes described below.

**Distance:** 240 km

**Travel Dates:** Departure daily between March 24 and October 13, 2018  
Season 1: March 24 - April 27 and September 29 - October 13  
Season 2: April 28 – May 25 and September 8 – September 28  
Season 3: May 26 – September 7



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**Price per Person:**

Season 1 Double Occupancy B&B	€ 619.00
Season 2 Double Occupancy B&B	€ 665.00
Season 3 Double Occupancy B&B	€ 699.00
Surcharge Single Room	€ 225.00
Rental Bike (21 or 7 gear)	€ 80.00
Electro Bike	€ 180.00

**Hotel Luna-Mondschein**

Located in the historic centre of Bolzano, the 4\*\*\*\* Parkhotel Luna Mondschein is waiting to make your visit in South Tyrol a relaxing and unforgettable holiday. The lovely rooms in Standard Category, partly overlooking the hotel owned park or the mighty mountains surrounding the rose garden, offer a romantic atmosphere and allow you to get some good rest. The new wellness area and excellent cuisine guarantee a wonderful stay!

**Hotel Scala Stiegl**

The 4\*\*\*\* hotel Scala Stiegl is located in the heart of Bolzano presenting its beautiful art nouveau façade and offering historic charm. The hotel has been run by the family Trafojer for generations and was renovated extensively in 2008. The family's love for gastronomy can be felt in every detail in the hotel. The stylish and modern rooms in Comfort Category ensure a wonderful stay, just as the first class restaurant with a garden or the quiet park with palm trees and cypresses, and the beautifully landscaped pool and sunbathing area do. Limited number of free parking places (no reservation possible).

\*Please indicate hotel choice at time of booking

**Included:**

- Overnight stays in Hotel Scala Stiegl or Hotel Luna-Mondschein
- Breakfast buffet
- Excellently planned routes
- Detailed travel information (route maps or overview maps, route description, tourist attractions, important telephone numbers)
- 1x Pasta meal for lunch
- Train journey from Trento to Bolzano and from Bolzano to Brixen including your bike
- Return ticket with the Rittnerbahn (excluding your bike)
- Tour signposting
- GPS trackers available
- Rental bike insurance
- Service hotline

**Not Included:**

- Visitors' taxes



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### Bikes



#### Hybrid Bike

**Unisex frame 21-gears** with free wheel sizes: 56 / 51 / 46 / 43 cm

**Unisex 7-gears-bikes** with back pedaling brake sizes: 56 / 51 / 46 cm

**Men's speed bikes 21-gears** with free wheel and crossbar sizes: 64 / 60 / 56  
"slopping" cm (note: a reservation is necessary!)

**Also includes** Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock



#### Electric Bike

A Pedelec is an electro bike which assists with electric support only when pedaling. Composed on basis of KTM-bikes, adequate for our missions. The bike is easy to handle as you have a good weight distribution and a low balance point. Overall weight amounts to approx. 23 kg. An illuminated LCD display, a computer and a wattage display add to the comfort.

*Assisting people in realizing their touring dreams worldwide is our passion.*

[www.okcycletours.com](http://www.okcycletours.com)



**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

**OK Cycle & Adventure Tours Inc.** 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848