



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Indonesia - Bali Mountain Biking Adventure (2017)

Guided

7 days/6 nights



Bali has a reputation as one of the most spectacular island paradises in the world. But there's more to Bali than water sports and fun-in-the-sun and people are quickly discovering that this wonderful destination has a little something for everyone, including mountain biking enthusiasts!

With fast flowing rivers, deep canyons, crater lakes, and volcanoes dominating its interior landscape, Bali is an outdoor lover's dream come true. The island's multitude of tracks and trails link different villages to each other and provide endless opportunities for mountain bikers in search of a unique adventure featuring breath-taking scenery combined with fascinating glimpses of local culture.

If you're a rider who loves mountain biking and are up for a new challenge, then this tour will more than exceed your expectations. Once your wheel hits the ground prepare to be confronted with a variety of riding conditions including dirt tracks, forest trails, volcanic lava and sand as you trek the hidden trails that connect the remote parts of the island.

While riding, witness a huge diversity of different environments from volcanic craters to beautifully crafted rice paddies and coconut groves.

Along the way you'll have time to appreciate Balinese culture, which can be traced back to around the 1st Century AD, and the strong influence on Hinduism on the island's art, music, dance, sculpture, painting, leather, and metalworking. You won't have to go far to see locals making offerings of a basket filled with rice and flowers to various deities, including some to placate the volcano spirits, which is lucky for us considering that our ride takes us along the edges of the craters of Batur volcano.

OK Cycle & Adventure Tours Inc. -- 1337B Wellington Ave – Ottawa, Ontario K1Y 3B8 www.okcycletours.com

Toll Free 1-888-621-6818 Local 613-702-5350



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Itinerary Day to Day

Day 1: Arrive Denpasar

A member of the team will pick you up from the Denpasar (Ngurah Rai) airport and transfer to our hotel in Sanur. Once there, you can relax by the pool or if you're really anxious (and we're sure you will be), you can start assembling your bike and get into the mountain biking mindset. We'll meet up for a trip briefing and then head to a nearby restaurant for dinner.



Day 2: Batur Volcano 35 km

We head up to Penulisan on the rim of the Batur crater for the start of our first ride. The first part of the trail is on a broken tarmac road with spectacular views of the Batur Volcanic cone and on a clear day Mt. Abang and Mt. Agung in the distance. We turn onto jeep tracks and easy single track to the village of Pinggan where we have a well-earned lunch. A short sharp descent takes us to the base of the volcanic cone, and we spend the afternoon riding around the base of the volcano on narrow sandy trails. With the last part of the trail crossing the latest lava field, there is ample opportunity to get a close up of the volcano and the strange moonscapes that it has created.

Day 3: Mt. Abang and Mt. Agung 35 km

This day is your chance to see the unseen! First, we'll take you from Abang to the east coast with a ride starting at the edge of the Batur Crater. From there, you'll head downhill on jeep tracks for 8 km before turning east and climbing steadily through 10 km pine forests to the top of a mountain pass between Mt. Abang and Mt. Agung. At this point, lunch will be served. Please be aware that this part of the island is extremely remote and back-up will not be available for long stretches of the ride. The exhilarating descent to the east coast finds us cruising by dry river beds and through cashew nut plantations.

Day 4: Mt. Agung – Perasi Beach 35 km

The start of the ride manages to steer a reasonably flat route around the side of Mt. Agung via a network of single track paths which weave their way through shady coconut and bamboo groves. We continue on through stone cutting and carving villages and rock quarries until we reach the ruins of a water palace at Jungutan. With incredible views over the rice paddies, beautiful white beach (so bring along your swimming suite) and we enjoy our packed lunch. The afternoon ride continues on down through some of the finest rice paddy scenery in Bali ending on a beautiful white sand beach where a cool refreshing drink awaits. The hotel also offer great snorkeling for an additional fee.





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Day 5: Perasi Beach - Ubud 35 km

Today's ride starts high up on the slopes of Mt. Agung and descends along a tarmac ridge with spectacular views along the south coast on a clear day. We then enter a large Salak fruit growing area where we weave our way through plantations and stone carving villages until we reach Muncan. We have lunch and then transfer to Ubud and the late afternoon is free to stroll around this artistic town. Dinner is on your own as there are many fine restaurants to choose from in Ubud.



Day 6: Ubud Loop Ride 30 km

In the morning we'll explore the rice paddies and off road trails around Ubud. We'll stop for a local lunch and return to Ubud in time for an optional rafting trip or to relax by the pool. Rafting is an extra charge but can be arranged through your guide, just let the guide know the day before. We meet up for dinner in town.

Day 7: Ubud – Departure

Transfer to Kuta for extension nights or airport to catch departure flight.





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Route



Technical Characteristics:

Route Profile: Moderate. Although this tour only covers around 170 kilometers in 4 full cycling days and one half day, it is still quite challenging. Because flat land in Bali is almost non-existent, the experience is made up entirely of off road excursions on a series of challenging surfaces including forest trails, red mud hard pack, volcanic sand, lava cobbles, gravel and broken tarmac roads. There are sections of single track in every ride, but no long rocky or rooty sections or big drops. As far as gradients are concerned, all the trails except one have an overall down-hill element to them (in other words they finish at a lower altitude than the start). A few steep ascents and descents are also part of the program, but these are normally short and sharp.

Distance: 170km

Travel Dates: Departures April 9; May 14; June 4; July 9; September 3 and October 15, 2017

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Price per Person:

Double Occupancy B&B	\$ 1250.00 USD
Single Supplement	\$295.00 USD
Rental Bike	\$110.00 USD

Accommodation:

3* resorts and small hotels with ensuite bathrooms

Included:

- Overnight accommodation
- 6 X Breakfast, 5 x lunch and 5 x dinner
- Snacks and drinks
- Tour Guide
- Support Vehicle
- Water bottle and jersey

Not Included:

- Visa fees



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT
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