



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

France – Luxembourg - Germany - Moselle Metz to Koblenz Bike Tour (2017)
Individual Self-Guided
8 days / 7 nights



Begin this beautiful bike tour in northern France in the historic city of Metz, whose ancient fortifications at the Moselle River invite to go for a walk. You follow the course of the river to the border triangle of France, Luxembourg and Germany. Look forward to an excellent bike path as you cycle through many small wine villages until you reach the Roman city of Trier. Discover such famous places like Traben-Trarbach, Bernkastel-Kues and Cochem, before admiring the confluence of the Moselle and Rhine at the "Deutsches Eck Koblenz".



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Itinerary Day to Day

Day 1: Metz arrival

Today you arrive timely in Metz, as the capital of the Lorraine region is worth seeing! From Roman times to the present day, the city features unique buildings and is known as University City and center of contemporary art. In addition to numerous attractions in the Old Town several large parks invite you to rest and also the restored old fortifications of the city are well worth a tour.



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Roman Villa Borg (5 km east of Perl). You'll marvel at the excavations, the reconstruction of the manor house and villas bath, the new system of ancient Roman gardens and enjoy a refreshment in the Roman tavern.

Day 3: Perl - Trier 52 km

Today for the first time you will accompany the vast vineyards to the right and left of the Moselle. Take a trip to Remich, where you can feel the Mediterranean flair in many cafes and bistros along the 3 km long Moselle promenade. Give some extra attention to the place called Remacum by the Romans, and marvel at the old streets and the decanal Church from 1817. Help yourself to the Moselle terraces before you continue your way on the right bank of the Moselle. You cycle until Konz where you cross the mouth of the Saar and Mosel. From there it is not far to Trier and therefore you have time for a leisurely walking tour with a visit to the Porta Nigra, the amphitheater, the Imperial Baths or the magnificent cathedral.



Day 2: Metz - Perl 27 - 63 km

You spend almost the entire day in France. On the way, spoil yourself with the famous French cuisine and enjoy a good 'cafe au lait'. If you want to reduce your distance, you can take the train from Metz to Thionville (direct connection, complimentary bicycles). From Thionville, you enjoy reliable and good signage and you will cycle very close to the water until the Franco-German border. Just over the border on German soil you have reached Perl and you can ferry to Schengen (other side of the Moselle/Luxembourg), or take a nice bike ride to the



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Day 4: Trier - Piesport 46 km

Today, Roman past and contemporary viniculture will meet. The Moselle bike trail leads you to Mehring, where the Villa Rustica waits for your visit. 'Villa Rustica' is the designation for a manor in the Roman Empire. Today, the reconstructed walls and foundations can be visited again. You will now cycle to Trittenheim, you discover the life of the vine grower, the local variety of grape and the process of vine growing. Just before reaching today's destination, you will pass Neumagen-Dhron, Germany's oldest wine growing place! You should stop here to taste some of that wine!

Day 5: Piesport - Traben-Trarbach 40 km

The two famous Moselle towns Bernkastel-Kues and Traben-Trarbach and the well-known wine growing resort "Kröver Nacktarsch" are today's highlight! Marvel at the colorful and manifold half-timbered constructions seaming the market place of Bernkastel-Kues. In Traben-Trarbach, you should take a boat trip.



Day 6: Traben-Trarbach - Cochem 56 km

You will discover Enkirch today, a jewel of the Moselle region's traditional half-timbered architecture. Later on, you will reach Zell, the wine growing resort with the 'Zeller Schwarzen Katz' ('The Black cat of Zell'). Take a relaxing break in the small town of Beilstein, proud of its surname "Rothenburg an der Mosel". Then, you will reach Cochem with its picturesque centre and the ancient realm dating from the 11th century.

Day 7: Cochem - Koblenz 49 km

Before the Moselle bike trail takes you to the neat wine-growing villages like Koben Gondorf or Winningen and to the Deutsche Eck, you will have the chance to visit the medieval castle of Burg Eltz. Enjoy the wide view over the magnificent valley of the Rhine and be looking forward to a wonderful evening in Koblenz.

Day 8: Koblenz departure

Your bike trip ends in Koblenz today.



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Route



Technical Characteristics:

Route Profile: Easy. Very relaxed cycling in mostly flat terrain. The route runs almost exclusively on paved roads and is very well signposted. The volume of traffic varies, but between Trier and Cochem there is almost always a separate bike trail on the right or left shore side, off the main road. Only during your last day you have to cycle a section on a wide bicycle lane next to the main road.

Distance: 306 km

Travel Season: Daily arrival April 22 – October 21, 2017



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Price per Person:	Category A	Category B
Double Occupancy with breakfast	€ 599.00	€ 519.00
Single Occupancy with breakfast	€ 784.00	€ 671.00
Seasonal Surcharge May 13 to August 18	€ 25.00	€ 20.00
Seasonal Surcharge August 19 to September 30	€ 85.00	€ 60.00
Bike Rental (7 -/24 speed)	€ 60.00	
Electro Bike	€ 160.00	
Extra Nights Metz Double Occupancy (B&B)	€ 67.00	€ 67.00
Extra Nights Metz Single Occupancy (B&B)	€ 90.00	€ 90.00
Extra Nights Koblenz Double Occupancy (B&B)	€ 60.00	€ 48.00
Extra Nights Koblenz Single Occupancy (B&B)	€ 80.00	€ 78.00
Child Discounts		
Under 14 years in a room with two people paying full price	25%	
Under 14 years in their own room	15%	

Accommodation:

For all of our individual tours we offer you either comfortable hotels or good family-owned guesthouses. You may, often, even choose between these two different standards: If you prefer smaller, family-owned guesthouses or hotels, we recommend you our category B. Should you prefer comfort hotels, our category A would be the right choice.

Included:

- Accommodation including breakfast
- Room with shower/bath/WC
- Luggage transport
- Map of bike trails with marked route
- Detailed route description
- Tips for tour preparation
- Touristic information
- 24 hour service



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Bikes

7 speed tourer



21 speed tourer



We would recommend the 7 speed tourer for all those that are looking for a back pedal brake and wide gel seat for maximum comfort in an upright sitting position. It is equipped with a simple hub gear shift and is perfectly suited to tours on flat to slightly hilly terrain.

The 27 speed tourer is the best choice for cyclists that value the advantages of the dérailleur gear shift for flexibility whilst going up and down hills. This bike allows you to be a little more active without compromising on saddle comfort and practical everyday suitability.

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



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